

# Southern Maine Agency on Aging's Springvale August Events Calendar

See reverse for appointment and RSVP information

**Mondays**

**Tuesdays**

**Wednesdays**

**Thursdays**

**Fridays**

**Medicare Counseling**  
By appointment

**Café Lunch**  
11:30-1:00PM

**Medicare Counseling**  
By appointment

**Café Brunch**  
11:30-1:00PM

**Money Minders Support**

**Medicare Counseling**  
By appointment



## Southern Maine Agency on Aging's Springvale August Events Calendar

**RSVP, appointment, and walk-in information below!**

**Café Lunch** - RSVP at 207.396.6507 - 2nd Friday of each month

**Café Brunch** - RSVP at 207.396.6507 - 4th Friday of each month

**Family Caregiver Support** - By appointment only at 207.396.6541

**Learn about Social Opportunities** - Walk-ins welcome

**Learn about Volunteering** - Walk-ins welcome

**Medicare Counseling** - By appointment only at 207-396-6524

**Money Minders** - Walk-ins welcome



*Southern Maine*  
**AGENCY**  
*On* **AGING**  
EMPOWERING OLDER ADULTS  
AND THEIR CAREGIVERS