

Southern Maine Agency on Aging's Springvale July Events Calendar

See reverse for appointment and RSVP information

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Family Caregiver Resource Specialist 8:00-4:00PM		Family Caregiver Resource Specialist 8:00-4:00PM		
Family Caregiver Resource Specialist 8:00-4:00PM		Family Caregiver Resource Specialist 8:00-4:00PM	Learn about Volunteering! 11:00-12:00PM	Café Lunch 11:30-1:00PM
Family Caregiver Resource Specialist 8:00-4:00PM		Family Caregiver Resource Specialist 8:00-4:00PM Medicare Counseling By appointment	Learn about Social Opportunities! 11:00-12:00PM	
Family Caregiver Resource Specialist 8:00-4:00PM		Family Caregiver Resource Specialist 8:00-4:00PM		Café Brunch 11:30-1:00PM
	Money Minders Support Medicare Counseling By appointment			

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RSVP, appointment, and walk-in information below!

Café Lunch - RSVP at 207.396.6507 - 2nd Friday of each month

Café Brunch - RSVP at 207.396.6507 - 4th Friday of each month

Family Caregiver Support - By appointment only at 207.396.6541

Learn about Social Opportunities - Walk-ins welcome

Learn about Volunteering - Walk-ins welcome

Medicare Counseling - By appointment only at 207-396-6524

Money Minders - Walk-ins welcome



Southern Maine
AGENCY
On **AGING**
EMPOWERING OLDER ADULTS
AND THEIR CAREGIVERS