

Southern Maine Agency on Aging's Springvale August Events Calendar

See reverse for appointment and RSVP information

Mondays

Tuesdays

Wednesdays

Thursdays

Fridays

Learn about Volunteering!
11:00-12:00PM

Medicare Counseling
By appointment

Medicare Counseling
By appointment

**Learn about
Social Opportunities!**
11:00-12:00PM

Café Lunch
11:30-1:00PM

Money Minders Support

Medicare Counseling
By appointment



Café Brunch
11:30-1:00PM

Southern Maine Agency on Aging's Springvale August Events Calendar

RSVP, appointment, and walk-in information below!

Café Lunch - RSVP at 207.396.6507 - 2nd Friday of each month

Café Brunch - RSVP at 207.396.6507 - 4th Friday of each month

Family Caregiver Support - By appointment only at 207.396.6541

Learn about Social Opportunities - Walk-ins welcome

Learn about Volunteering - Walk-ins welcome

Medicare Counseling - By appointment only at 207-396-6524

Money Minders - Walk-ins welcome



Southern Maine
AGENCY
On **AGING**
EMPOWERING OLDER ADULTS
AND THEIR CAREGIVERS