

# Southern Maine Agency on Aging's Biddeford July Events Calendar

See reverse for appointment and RSVP information

**Mondays**

**Tuesdays**

**Wednesdays**

**Thursdays**

**Fridays**

**Medicare Counseling**  
By appointment

**Welcome to Medicare  
seminar**  
11:00AM

**Medicare Counseling**  
By appointment

**Medicare Counseling**  
By appointment

**Caregiver Support Group**  
1:15PM-2:30PM

**Medicare Counseling**  
By appointment



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RSVP, appointment, and walk-in information below!

**Caregiver Support Group** - Visit our events page at [www.smaaa.org/events](http://www.smaaa.org/events)

**Medicare Counseling** - By appointment only at 207-396-6524

**Welcome to Medicare seminar** - Registration required on our events page  
[www.smaaa.org/events](http://www.smaaa.org/events)



*Southern Maine*  
**AGENCY**  
*On* **AGING**  
EMPOWERING OLDER ADULTS  
AND THEIR CAREGIVERS