

Provider List - Assisted Living - York County - Mainecare Accepted

Atlantic Heights

Contact:

Last Updated: 03/26/2024 2:08:31PM

Last Reviewed: 03/26/2024

Phones: (207) 283-4236 [Business Fax],
(800) 874-6990 [Toll free in state],
(207) 283-3022 [Business]*

Address: [Business]*
100 Harbor Drive
Saco, ME 04072 (York county)

Web Site: www.atlanticheightsretirement.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Atlantic Heights is a Master Planned Community that offers a continuum of care with many service levels that include Independent Living, Assisted Living, and Skilled Nursing Care in Saco, Maine. This means that as your need change, a new combination of services can be assembled that will let you live the way you want to, without moving away from the Atlantic Heights Community.

*** Mainecare may be available on Long Term Care Unit and Alzheimer's Care unit. Please call for more information and pricing as some options are private pay.

The Cottages at Atlantic Heights - Featuring well-appointed, independent cottage homes for those who want to enjoy the benefits of an active, independent lifestyle. Enjoy private living along with community-sponsored services and activities. Cottage living offers the opportunity to trade the responsibility of home maintenance in exchange for a range of social, educational and leisure activities. For More Information, please click here [The Cottages](#). Call 1-800-874-6990 for more information and rates.

The Inn at Atlantic Heights - offers a choice of 64 Assisted-Living Apartments featuring companion suites, studios, one-bedrooms and two-bedrooms, Apartment Assisted Living residents have access to a heated indoor aerobic pool, fitness center and common areas for hosting gatherings. Call 1-800-874-6990 for more information and rate

Seal Rock Healthcare at Atlantic Heights - Is a fully-licensed Medicaid/Medicare-certified facility offering 105 beds including 53 private rooms in total — for skilled and extended stays. Providing a neighborhood environment, stimulating social activities and friendly, professional medical support. Skilled and Rehabilitation Services, Long Term Care Services, Secured Unit for Memory Impairment, and Hospice Care. Call (207) 283-3646 for more information.

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Berwick Estates

Contact:

Last Updated: 03/26/2024 12:59:02PM

Last Reviewed: 03/26/2024

Phones: (207) 384-2715 [Business]*,
(207) 591-0751 [Other]

Address: [Residence]*
79 Portland Street
South Berwick, ME 03908 (York county)

Web Site: www.newcommunitiesinc.org

Eligibility: Accepts Mainecare/Medicaid

Notes: Berwick Estates located in South Berwick, Maine is an assisted living community for seniors like you who want to remain independent while getting the individualized support they need with daily living activities. Berwick Estates has 37 beds, all semi-private rooms. Assisted living services include: Assistance, directed by you, with daily living activities; A dining program that includes three meals a day and snacks, customized to your dietary needs; An activity calendar with options for each day directed by a full-time wellness coordinator; Medication monitoring and assistance; Assistance with personal care to meet your individual needs; Emergency call system; Housekeeping, laundry, and maintenance services; Transportation arrangements; 24-hour security.

Respite care may be arranged if a bed is available. Residents may pay privately with their own funds or pay with MaineCare, if they meet the financial and functional admission requirements developed by the State of Maine. Please call for more information, to arrange a tour and/or to apply for admission.

Mailing Address: New Communities, Inc., 869 Main St, Suite 600, Westbrook, ME 04092

Biddeford Estates

Contact:

Last Updated: 03/26/2024 1:02:01PM

Last Reviewed: 03/26/2024

Phones: (207) 283-0111 [Business]*,
(207) 591-0751 [Other]

Address: [Business]*
2 Dartmouth Street
Biddeford, ME 04005 (York county)

Web Site: www.newcommunitiesinc.org

Eligibility: Accepts Mainecare/Medicaid

Notes: Biddeford Estates, is a four story, 89-bed licensed assisted living community. The goals are for residents to be as self-reliant as they can be, practice individual choice, retain dignity, and participate in activities within the community as much as they want. Assisted living services include: Assistance, directed by you, with daily living activities; A dining program that includes three meals a day and snacks, customized to your dietary needs; An activity calendar with options for each day directed by a full-time wellness coordinator; Medication monitoring and assistance; Assistance with personal care to meet your individual needs; Emergency call system; Housekeeping, laundry, and maintenance services; Transportation arrangements; 24-hour security.

If a bed is available, respite care can be arranged. Please call for more information and/or to apply for admission.

Provider List - Assisted Living - York County - Mainecare Accepted

Sentry Hill at York Harbor

Contact:

Last Updated: 04/03/2024 10:25:02AM

Last Reviewed: 03/26/2024

Phones: (207) 363-5116 [Business]*,
(207) 363-4182 [Business Fax]

Address: [Business]*
2 Victoria Court
York, ME 03909 (York county)

Web Site: www.seniorlifestyle.com/property/maine/sentry-hill-at-york-harbor/

Eligibility: Accepts Mainecare/Medicaid

Notes: Sentry Hill is a retirement community that offers a wide range of housing options including Independent Living, Assisted Living and Memory Care. Respite/short-term stays may be available, contact facility directly for more information and details.

Tennyson Lane provides private and semi-private efficiency apartments ranging in size and price. One bedroom, deluxe one bedroom and studio options all with private baths are available to individuals who enjoy their independence, but need some daily assistance. Supportive services include an in-house 24/7 emergency lifeline system with GPS capabilities, personal care, cueing and anxiety management, in addition to medication administration.

The Browning Lane facility at Sentry Hill offers private and semi-private living suites for people who have Alzheimer's Disease or related dementia. This secured neighborhood, supported by a fully trained and dedicated staff, allow residents to enjoy an active lifestyle in the sunshine of the atrium and the lovely garden and does accept Mainecare.

Dickens Lane houses and supports up to 28 residents with additional supportive needs. Our activities may include group word games, trivia gatherings, exercise classes, special lunches with themes in our Waterford Dining Room musical performances, seasonal arts & craft gatherings just to name a few.

Please note: Mainecare possibly after a period of private pay. Call for more information.

Please call for current fee structure and admission process to any of Sentry Hill

Provider List - Assisted Living - York County - Mainecare Accepted

Southridge Rehabilitation & Living Center

Contact:

Last Updated: 11/14/2024 11:14:14AM

Last Reviewed: 03/26/2024

Phones: (207) 282-4138 [Business]*,
(800) 671-4138 [Other]

Address: [Business]*
10 May Street
Biddeford, ME 04005 (York county)

Web Site: www.northcountryassociates.com/

Eligibility: Accepts Mainecare/Medicaid

Notes: Southridge Rehabilitation and Living Center offers skilled nursing and rehabilitation, long term care, and residential care services. Respite may be available, contact facility directly for more information and details.

Some of the services provided to our patients/residents include: Comprehensive Restorative Program; All-inclusive Care Planning; Daily Activity Programming; In-house Physical, Occupational and Speech Therapy; Local transportation and Scheduling of all medically-required appointments; Complex wound care, IV therapy, post surgical care, ostomy care, cardiac and respiratory care management and hospice care; Beauty/Barber Shop Services; Free Wi-Fi internet service and cable television; Individualized Menu Selections. Rehabilitation is their specialty. They also offer a special program for patients with Alzheimer's Disease but they do not have a locked unit.

There is a 46-bed assisted living unit. Services include 24 hour nursing care; activities such as exercise classes, films and outings for lunch, shopping and special events; nutritional services; and physical, occupational, speech, and language therapies. Palliative care is provided with particular emphasis on comfort and support for the families and individuals approaching end stages of life. Please call and ask to speak to someone about admission. Accepts Mainecare. Private pay not required at admission.

Summer Commons

Contact:

Last Updated: 03/26/2024 1:40:12PM

Last Reviewed: 03/26/2024

Phones: (207) 206-1360 [Other]*

Address: [Business]*
21 June St
Sanford, ME 04073 (York county)

Web Site:

Eligibility: Accepts Mainecare/Medicaid

Notes: Summer Commons is a new state-of-the-art licensed 64-bed skilled nursing care center, Long Term Care, as well as a 30-bed assisted living unit specializing in Memory Care. Accepts Mainecare. For more information call 206-1300 or email KEFernberg@summercommons.com or info@ncaltc.com.

Provider List - Assisted Living - York County - Mainecare Accepted

The Lodges Care Center, Inc.

Contact:

Phones: (207) 324-4757 [Business]*

Last Updated: 03/26/2024 1:41:45PM

Last Reviewed: 03/26/2024

Address: [Business]*
51 Main Street
PO Box 355
Springvale, ME 04083 (York county)

Web Site: www.dltchealthcare.com

Eligibility: Accepts Mainecare/Medicaid

Notes: The Lodges Care Center is a 57 bed residential care facility in Springvale, Maine. Located 3 miles from downtown Sanford, the area offers many scenic attractions, including fresh water lakes and a variety of year round activities. Springvale & Sanford have many public resources for all to enjoy including the YMCA Trafton Senior Center, an excellent public library, and excellent medical care services.