

## Provider List - Nursing Homes - Cumberland County

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### Barron Center

**Contact:**

**Last Updated:** 11/14/2024 10:54:43AM

**Last Reviewed:** 04/04/2024

**Phones:** (207) 541-6500 [Business]\*,  
(207) 541-6555 [Fax]

**Address:** [Business]\*  
1145 Brighton Avenue  
Portland, ME 04102 (Cumberland county)

**Web Site:** [www.portlandmaine.gov/222/Barron-Center](http://www.portlandmaine.gov/222/Barron-Center)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** The City of Portland operates the Barron Center is a Long term nursing care facility that offers Skilled/Rehabilitative service focused on short-term rehabilitation. Often, after a hospital stay additional therapy or education related to specific illnesses, care, or medication may be needed before going home. Our long-term care neighborhoods are designed to meet the needs of our elders, encouraging residents to achieve their highest level of independence and function integrating a team approach. The mission is to provide high quality long term care services for frail elderly and chronically ill individuals

Barron Center II is our secure 50 bed long-term care neighborhood for individuals afflicted with Alzheimer's and other related dementia.

### Brentwood Center for Health and Rehabilitation

**Contact:**

**Last Updated:** 04/04/2024 3:44:59PM

**Last Reviewed:** 04/04/2024

**Phones:** (207) 846-9021 [Business]\*

**Address:** [Business]\*  
370 Portland Street  
Yarmouth, ME 04096 (Cumberland county)

**Web Site:** [www.brentwoodcenterrehab.com](http://www.brentwoodcenterrehab.com)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Brentwood meets the needs of individuals requiring skilled nursing services and long term care. We also provide speech, occupational and physical therapy up to seven days a week to help residents reach their maximum potential. Our memory care wing accommodates 40 residents in a secured environment. We provide 24-hour staffing, 3 meals per day, medication administration, housekeeping, laundry, a beauty salon, and daily activities. Brentwood Center for Health and Rehabilitation accepts a wide range of insurance and payment sources including the following: Medicare; Medicaid; Private/Self Pay; Private insurers and HMO providers. Respite Care is offered on a bed-availability basis. Please call our admissions office for more information and to set up a visit.

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### Coastal Manor

**Contact:**

**Phones:** (207) 846-2250 [Business]\*

**Last Updated:** 04/04/2024 3:51:08PM

**Last Reviewed:** 04/04/2024

**Address:** [Business]\*  
20 West Main Street  
Yarmouth, ME 04096 (Cumberland county)

**Web Site:** [www.coastalmanornursinghome.com](http://www.coastalmanornursinghome.com)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Coastal Manor has 39 dually certified beds and provides long term nursing care and skilled rehabilitation nursing care. Respite care is available and generally can be arranged/reserved a couple of weeks in advance. Our facility serves as a licensed health care provider with nurses on duty around the clock. In addition, we provide support services that include: Skilled Nursing, Rehabilitation, Visits from Medical Professionals—Physical, Occupational, & Speech Therapists, & a Psychiatrist.

Coastal Manor also has a Food and Lodging license and operates an independent living with services facility with room for 6 people. Services included in the daily room rate include a private room, 3 meals/day and snacks, laund and housekeeping services, and cable television. Residents are welcome to join in activities and programs offered through the nursing facility. Eligibility - Seniors who are ambulatory, able to manage any medications

Call for more information and/or to arrange a visit and apply. Private pay and Mainecare accepted.

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### First Atlantic: Hawthorne House

**Contact:**

**Phones:** (207) 865-4782 [Business]\*

**Last Updated:** 04/05/2024 11:26:59AM

**Last Reviewed:** 04/05/2024

**Address:** [Business]\*  
6 Old County Road  
Freeport, ME 04032 (Cumberland county)

**Web Site:** [www.hawthorne-healthcare.com/](http://www.hawthorne-healthcare.com/)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Hawthorne House provides Skilled Nursing Care, Skilled Rehabilitation, Memory-impaired Living and Assisted Living

Nursing Care - Hawthorne House has designed an environment that allows each person the ability to be as independent as possible. All the routines and comforts of daily living are in place, with professional nursing support 24 hours a day. Our professional staff include the following: Licensed Administrator; On-call Medical Director; Licensed Social Worker; 24 Hour Licensed Nursing Staff; Certified Nursing Assistants; Certified Activities Director; Certified Food Service Director; Registered Dietician Consultant; Consultant Pharmacist.

Rehabilitation Services -Hawthorne House's rehabilitation services are coordinated with your physician and our therapists. Every recovery program is specific to each person and designed to meet their unique and individual goals.

Special Care Unit: Memory Care offers Family style dining; Enclosed and secure courtyard with gardens; Music & Memory Program Therapy; Reminiscence therapy; Specialized trained staff; Specialized activities.

Specialty Care Unit: Geri-psych; Private rooms; Activities; NAPPI trained staff; Cooking groups; Secure and enclosed courtyard; Psychiatric care team.

Other Services offered: Respite care; Hospice care; Spiritual services; Beautician and barbering services; Podiatry services; Wound care services. Plus a special wandering monitoring system provided for the safety of our residents.

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### Gorham House: SeniorLifestyle

**Contact:**

**Last Updated:** 11/14/2024 11:02:17AM

**Last Reviewed:** 04/23/2024

**Phones:** (207) 839-5757 [Business]\*,  
(207) 839-8263 [Fax]

**Address:** [Business]\*  
50 New Portland Road  
Gorham, ME 04038 (Cumberland county)

**Web Site:** [www.seniorlifestyle.com/property/maine/gorham-house/](http://www.seniorlifestyle.com/property/maine/gorham-house/)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Gorham House offers Independent Living, Assisted Living, Nursing Services (Skilled/Rehabilitation, Nursing Home Care, Comfort Care) and Memory Impaired care options.

\*\*Not all communities at Gorham House accept Mainecare, see each community for more information.

The Independent Living communities at The Gorham House are apartment homes with access to professional team members, dining services, and other convenient amenities.

\*\*PRIVATE PAY only, please call for current fee structure.

Assisted Living at the Gorham House for older adults with a need for assistance with daily activities, who want freedom from difficult home maintenance and chores, want more opportunities to enjoy life, socialize, and learn. Older adults who need daily assistance with household chores or personal care can benefit from the service offered in the Assisted Living communities.

\*\*PRIVATE PAY only, please call for rates.

Memory Care, 8 private and 20 semi-private apartments for people who have Alzheimer's or other related dementia. It is a totally secure unit that is carefully monitored by fully trained licensed staff. Therapeutic activities for the memory impaired are part of the program. Eligibility: Diagnosis of dementia and in need of a secured unit; must qualify for assisted living.

Please call for more information and current costs.

\*\*Private pay required for 2 years before MaineCare accepted.

Windsor Common is a Skilled Rehab unit (20 beds) and fully Licensed Nursing Home (32 beds).

Residents of Gorham House get priority placement in the skilled unit when needed. The focus is on short term rehabilitation. In addition to Occupational, Speech and Physical therapy services, the skilled unit also provides terminal care, pain management, wound care, oxygen therapy, diabetic training, and assistance with discharge planning. Nursing Home Care is provided in fully furnished private and double rooms. This unit is designed to care for people with limited physical mobility.

\*\*Accepts Mainecare.

Gorham House also has a 17 bed geropsychiatric nursing facility, with both skilled nursing and intermediate care beds. The facility specializes in caring for patients who have a second diagnosis of mental illness. This nursing facility is specifically for individuals who have been diagnosed with a psychiatric illness.

\*\*Referrals must be from Maine DHHS.

For more information call or visit <https://www.seniorlifestyle.com/property/maine/gorham-house/>

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### Ledgewood

**Contact:**

**Last Updated:** 04/04/2024 3:56:33PM

**Last Reviewed:** 04/04/2024

**Phones:** (207) 892-2261 [Business]\*,  
(207) 892-7574 [Fax]

**Address:** [Business]\*  
200 Tandberg Trail  
Windham, ME 04062 (Cumberland county)

**Web Site:** <https://ledgewood.me/>

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Most residents of Ledgewood Manor have cognitive losses, other forms of dementia, or Parkinson's. The facility provides podiatry, laundry, hairdressing, as well as occupational and physical therapies. Families are encouraged to provide transportation to medical appointments. There are 60 beds, All rooms are semi-private and are located on a single floor with a central living/dining area.

Accepts Mainecare, medicare, private pay, most insurances

### Maine Veterans Home: Scarborough

**Contact:**

**Last Updated:** 11/14/2024 11:09:11AM

**Last Reviewed:** 03/21/2024

**Phones:** (207) 883-7184 [Business],  
(800) 278-9494 [Toll-Free]\*

**Address:** [Business]\*  
290 US Route 1  
Scarborough, ME 04074 (Cumberland county)

**Web Site:** [www.mainevets.org/scarborough/](http://www.mainevets.org/scarborough/)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** The Maine Veterans' Home in Scarborough have 120 beds providing long term care, short term skilled nursing care, memory care, rehabilitation and therapy services. 30 beds for assisted living residential care for those in the early stages of dementia; Respite care; On-site Medical Director and Physician Services; 24-hour RN coverage; Clinical site for educational and training programs. MVH has a team of highly skilled healthcare professionals, trained specifically to care for the physical and emotional needs of Veterans. Offer individualized care plans for each resident integrating nursing care, rehab & therapies, and recreational activities.

### Pine Point Center

**Contact:**

**Last Updated:** 04/04/2024 3:59:04PM

**Last Reviewed:** 04/04/2024

**Phones:** (207) 883-2468 [Business]\*,  
(207) 883-3983 [Fax]

**Address:** [Business]\*  
67 Pine Point Road  
Scarborough, ME 04074 (Cumberland county)

**Web Site:** <http://www.genesishcc.com/PinePoint>

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Pine Point Center is a 60-bed skilled nursing facility offering post-hospital, short-term rehabilitation as well as long term and respite care. Our staff is dedicated to serving the medical and rehabilitation needs of individuals recovering from an illness or injury. We accept Medicare, Medicaid, and most private insurances.

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### Pinnacle Health and Rehab at South Portland

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**Contact:**

**Last Updated:** 11/21/2024 2:46:59PM

**Last Reviewed:** 11/14/2024

**Phones:** (207) 767-7401 [Fax],  
(207) 799-8561 [Business]\*

**Address:** [Business]\*  
42 Anthoine Street  
South Portland, ME 04106 (Cumberland county)

**Web Site:** <https://pinnaclesouthportland.com/>

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Pinnacle has 73 beds for residents with acute and chronic conditions requiring 24 hour skilled medical care. There is a secured Alzheimer's area, and our Platinum Rehab therapy program is a targeted rehabilitation program designed for our patients to return home at optimal strength and successfully reintegrate into their communities.

Wound Care for patients with complex wounds, we offer an integrated care system of professional, clinical and technical resources. We treat a variety of wounds, including ostomies, diabetic ulcers, arterial/venous ulcers, pressure ulcers and burns.

Our Complex Wound Program includes: Professional skin care and clinical wound management, Patient-specific seating protocols, IV therapy (antibiotics), Nutritional counseling.

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### Piper Shores

**Contact:**

**Last Updated:** 04/03/2024 10:27:20AM

**Last Reviewed:** 03/26/2024

**Phones:**

(207) 883-8700 [Main]\*,  
(888) 333-8711 [Toll-Free]

**Address:**

[Business]\*  
15 Piper Road  
Scarborough, ME 04074 (Cumberland county)

**Web Site:**

[www.pipershores.org](http://www.pipershores.org)

**Eligibility:****Notes:**

Piper Shores is a lifecare retirement community that provides residents with the peace of mind knowing that lifecare combines all the advantages of independent living plus priority access to onsite assisted living and skilled nursing care, if needed. Lifecare at Piper Shores also means that you will always have a predictable monthly payment for assisted living and nursing home care.

Independent living apartments located in the Oceanside Campus overlooking Casco Bay offers a café, dining room health clinic, library, convenience store, or cocktail lounge. Features sixteen different styles to fit any residents' needs. Ranging from studios and one-bedrooms units to two- bedroom units with a den.

The Meadows independent living cottages at Piper Shores' are ideal for those transitioning from private homes to life in an active retirement community. Privately situated in a lovely wooded grove a short stroll from Oceanside's main building. Features full kitchens, vaulted ceilings, fireplace, garage, ample storage space, sunrooms, private terraces, and daylight basements.

Assisted living residences at Holbrook feature private one-bedroom apartments. Personal care, therapy coordination, transportation scheduling, housekeeping and laundry services are all provided. Respite may be available, contact facility directly for more information and details.

Holbrook's Wayland House Memory Care offers the secure environment. Our PersonFirst® approach to memory care focuses attention on the individual needs, personality, and desires of each of our residents. Respite currently not available on Memory Care.

Holbrook Skilled Nursing offers private rooms for short-term rehabilitation, respite care and long-term nursing care. All rooms are presently available on a first come, first served basis, with Piper Shores residents receiving first priority. Dually certified by the State of Maine, Holbrook welcomes both private pay and Medicare patients, accept direct admissions, and offers competitive rates.

Please call for more information about Piper Shores, current availability and fee structure.

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### Seaside HealthCare

**Contact:**

**Last Updated:** 04/04/2024 4:03:43PM

**Last Reviewed:** 04/04/2024

**Phones:** (207) 775-2811 [Fax],  
(207) 774-7878 [Business]\*

**Address:** [Business]\*  
850 Baxter Blvd  
Portland, ME 04103 (Cumberland county)

**Web Site:** [www.seaside-healthcare.com](http://www.seaside-healthcare.com)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Seaside Health care Nursing Home has 120 dual NF/Skilled beds, both private and semi-private. Seaside provides expert, 24/7 residential professional nursing care, along with programs and amenities geared towards every level of ability. Services include wellness programs, restorative care, assistance with activities of daily living, medication administration and management, and nutritional care.

### Sedgewood Commons

**Contact:**

**Last Updated:** 11/14/2024 11:16:28AM

**Last Reviewed:** 04/03/2024

**Phones:** (207) 781-2002 [Business Fax],  
(207) 781-5775 [Business]\*

**Address:** [Business]\*  
22 Northbrook Drive  
Falmouth, ME 04105 (Cumberland county)

**Web Site:** [www.genesishcc.com/sedgewoodcommons](http://www.genesishcc.com/sedgewoodcommons)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Sedgewood Commons is a 91-bed Specialized Memory Support Community offering individualized care for those living with Alzheimer's or other forms of dementia. Each member of our dedicated team has specialized education and training, and we promote consistent relationships with staff and regular routines, which is very important to those with dementia. Respite may be available, contact facility directly for more information and details. Please call the Director of Admissions for more information and/or to apply.

### Springbrook Center for Healthcare & Rehabilitation

**Contact:**

**Last Updated:** 04/04/2024 4:04:35PM

**Last Reviewed:** 04/04/2024

**Phones:** (207) 856-1230 [Business]\*

**Address:** [Business]\*  
300 Spring Street  
Westbrook, ME 04092 (Cumberland county)

**Web Site:** [www.genesishcc.com/SpringbrookME](http://www.genesishcc.com/SpringbrookME)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Springbrook Center is a skilled nursing facility offering post-hospital, short-term rehabilitation as well as long-term and respite care services. The Center has a specialized transitional care unit for post-hospital rehabilitation. Springbrook Center accepts Medicare, Medicaid, and most private insurances.

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### The Cedars

**Contact:**

**Last Updated:** 03/26/2024 12:22:48PM

**Last Reviewed:** 03/26/2024

**Phones:** (207) 221-7000 [Main]\*,  
(207) 772-6038 [Fax],  
(207) 772-5456 [Business]

**Address:** [Business]\*  
620 - 640 Ocean Avenue  
Portland, ME 04103 (Cumberland county)

**Web Site:** [www.thecedarsportland.org](http://www.thecedarsportland.org)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** The Cedars offers independent living, assisted living, Memory Care, rehabilitation and Nursing/skilled care options  
\*\*\*Long Term Care Mainecare is ONLY accepted at the Nursing/skilled care level.

The Atrium is the 61 unit independent living community. Housekeeping, linen service, maintenance, choice of meal plan, and optional social, and recreational programs are included in the monthly fee. Pets, including indoor cats and small dogs, are allowed with permission. \*\*Private pay, please call FMI and for current fee structure - independent living requires an entrance fee.

Assisted living at The Osher offers the privacy of your own apartment while providing personal support when you need it. Our staff will help you with activities like bathing, dressing and taking your medications – all under the supervision of a registered nurse. With three nutritious meals daily, a calendar of programs and events, housekeeping and laundry services. \*\*Assisted Living is private pay, please call FMI and for current fee structure.

On-site nursing is available at the Rehabilitation Center and the Skilled Care Center at the Cedars. Mainecare is accepted in the Skilled Care Center.

The Sam L. Cohen Households at The Cedars, offering Memory Care Assisted Living and Long-term, Skilled Nursing Care are like nothing Maine's older adults have seen before. Welcoming private rooms and baths. Cozy and comfortable common spaces. Innovative programs and therapies. \*\*Private pay, please call FMI and for current fee structure.

Cedars also offers fine dining take-out Kosher meals. Meal items available correspond with the menu items available to Cedars' Nursing Home residents. Please call dietary department 772-5456 to order meal(s) 2 days in advance, FMI, and to confirm costs. Meals are picked up at the reception desk and are paid for when picked up.