

## Provider List - Home Health Services - Cumberland County

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### Amedisys Home Health Care

**Contact:**

**Last Updated:** 11/22/2024 3:22:10PM

**Last Reviewed:** 11/22/2024

**Address:** [Business]

Saco, ME 04072 (York county),  
[Business]\*  
34 Atlantic Place  
South Portland, ME 04106 (Cumberland county)

**Eligibility:** Accepts Medicare

**Notes:** Amedisys is a Home Health Care Agency. Home care services offered are: Skilled Nursing, Home Health Aides, Physical Therapy, Occupational Therapy, Speech Therapy, Medical Social Workers, and specialized nursing programs such as cardiac, diabetes, pain management, wound care, infusion therapy, oncology and psychiatric services, hospice and palliative care.  
Serves: Cumberland, York, Androscoggin, Kennebec, Knox, Lincoln, Oxford, Sagadahoc Counties

Please call for more information and/or to arrange for services.

### Andwell Health Partners (AHCH)

**Contact:**

**Last Updated:** 11/06/2024 12:53:44PM

**Last Reviewed:** 11/06/2024

**Address:** [Business]\*

175 Portland Rd  
Bridgton, ME 04009 (Cumberland county),  
[Mailing]  
15 Strawberry Avenue  
Lewiston, ME 04240 (Androscoggin county)

**Eligibility:** Accepts Mainecare/Medicaid, Accepts Medicare

**Notes:** Skilled home care, nursing, therapy, social work, personal care, specialty and volunteer services during recovery from short term illness or injury; hospice care for individuals and families dealing with terminal illness; extended hours of care available to persons with long term medical conditions or physical limitations. Counties currently served\* Androscoggin; Cumberland; Franklin; Kennebec; Lincoln; Oxford; Sagadahoc; Somerset; York

**Phones:** (207) 772-7520 [Business]\*,  
(800) 558-0076 [Toll free out]

**Web Site:** [www.amedisys.com](http://www.amedisys.com)

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### Apria Healthcare

**Contact:**

**Last Updated:** 12/19/2024 11:47:54AM

**Last Reviewed:** 12/19/2024

**Address:** [Business]\*

125 John Roberts Road, Suite 19A  
South Portland, ME 04106 (Cumberland county)

**Eligibility:** Accepts Mainecare/Medicaid, Accepts Medicare

**Notes:** Apria Healthcare offers a comprehensive range of home respiratory, home infusion therapy and home medical equipment services.  
Please call for more information

### Arcadia Health Care: Portland

**Contact:**

**Last Updated:** 12/19/2024 12:19:51PM

**Last Reviewed:** 11/22/2024

**Address:** [Business]\*

Exchange St  
Portland, ME 04101 (Cumberland county)

**Eligibility:**

**Notes:** Arcadia provides home care tailored to the client's needs and wishes. Health care services are provided by registered nurses, licensed practical nurses, and certified nurses aides. Non-medical care such as personal care assistance, homemaker, companionship and transportation is also available.

Please call for more information and/or to arrange for services.

### CenterWell Home Health

**Contact:**

**Last Updated:** 11/27/2024 10:41:25AM

**Last Reviewed:** 11/27/2024

**Address:** [Business]\*

51 Baxter Blvd  
Portland, ME 04101 (Cumberland county)

**Eligibility:**

**Notes:** CenterWell Home Health, formerly Kindred at Home, coordinates patient care and offers a full range of in-home services by nursing staff, including: Nursing, Cardiac care, Disease and pain management, Physical, occupational and speech therapy, Infusion nursing and wound care. They also offer Safe Strides, a nationally-recognized fall-prevention/balance program offered to homebound beneficiaries and a Neuro-Rehabilitation program that offers an inter-disciplinary approach to the care of patients managing recovery from Strokes, Parkinson's, ALS, Multiple Sclerosis and other progressive neurological disorders.

**Phones:** (207) 772-0954 [Business]\*

**Web Site:** [www.centerwellhomehealth.com/](http://www.centerwellhomehealth.com/)

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### COR Health Services

**Contact:**

**Last Updated:** 03/29/2023 2:18:25PM

**Last Reviewed:** 03/29/2023

**Address:** [Business]\*

980 Forest Avenue, Suite 207  
Portland, ME 04103 (Cumberland county)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** COR Health offers a variety of Home Care Services, customized to meet the needs of each individual adult client. COR Health works with adult clients and their families to determine a plan of care that is individualized to provide optimal outcomes. Home Care is a gentle, reliable service that helps enable elderly clients and disabled clients to live independently at home. At COR Health, all of our home care employees are considered "Caregivers," and each is carefully matched to the needs of your loved one – from transportation, to help with daily tasks, to companionship. Services can be scheduled up to 24/7 coverage.

COR Health also offers a variety of Adult Nursing Services, customized to meet the needs of each individual adult client. We take the time to assess varying factors, including age and medical diagnosis. COR Health works with adult clients and their families to determine a plan of care that is individualized to provide optimal outcomes. COR Health is available from our team of registered nurses who coordinate with the physician to provide consistent, high-quality care in the client's home. Adult Nursing Services from COR Health includes these services and more: Assess and monitor health; Administer and adjust medications; Administer IV therapy and enteral feedings; Monitor vital signs, blood pressure, blood sugar, and cholesterol; Provide nutritional management, support and education; Educate clients about medications and disease process; Care for catheter and ostomy clients; Monitor hydration, bowel and bladder functions; Administer injections and perform laboratory testing; Care for wounds or disease-related injuries and conditions; Oversee pain management and end-of-life care; Monitor cardiac progress. Our Adult Nursing Services are provided by licensed, skilled medical professionals.

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### Coveside Physical Therapy, LLC

**Contact:** Elizabeth Douahtv. PT.DPT.CDP  
**Last Updated:** 03/06/2025 2:54:50PM  
**Last Reviewed:** 03/06/2025

**Address:** [Mailing]\*

Chebeague Island, ME 04017 (Cumberland county)

#### Eligibility:

**Notes:** Coveside Physical Therapy, LLC is a private practice providing physical therapy services to the older adult community. Services are delivered one-on-one in clients' homes including Independent and Assisted Living Communities as well as Islands within Casco Bay.

Coveside Physical Therapy, LLC provides in-home physical therapy services (PT) to seniors. Licensed Physical Therapist in Maine, Geriatric Certified Specialist (GCS) and Certified Dementia Practitioner (CDP). Medicare and most commercial insurances accepted with appropriate referral from primary care physician. Please call for more information or to discuss intake process. By appointment.

Serves: Islands of Casco Bay, Coastal Portland area, and some York County.

### Elara Caring

**Contact:**  
**Last Updated:** 11/19/2024 12:36:55PM  
**Last Reviewed:** 11/19/2024

**Address:** [Service Area Placeholder]

Biddeford, ME 04005 (York county),  
[Business]\*  
311 Darling Ave, Suite A16  
South Portland, ME 04106 (Cumberland county)

#### Eligibility:

**Notes:** Dedicated to providing the highest quality home-based patient care with compassion and respect for each person  
  
Accepts patients for care regardless of age, race, color, national origin, religion, sex, disability, being a qualified disabled veteran, being a disabled veteran of the Vietnam era or any other category protected by law, or decision regarding advance directives.

Skilled Home Health in Portland- With a focus on recovery, rehabilitation and health education, our Portland support team provides a wide range of skilled home health services wherever you or your loved one calls home. Portland Skilled Home Health Areas Served: York County, South Portland and the city of Portland.

Behavioral Health in Portland - Assessment, education and action plans that promote recovery at home are the focus of our Portland care team. We support individuals with a wide range of behavioral health conditions. Portland Behavioral Health Counties Served: Androscoggin, Cumberland, Oxford, York.

Accepts Medicare and Mainecare.

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### Interim Healthcare

**Contact:**

**Last Updated:** 03/29/2023 2:31:29PM

**Last Reviewed:** 03/29/2023

**Address:** [Business]\*

20 Atlantic Place  
South Portland, ME 04106 (Cumberland county)

**Eligibility:** Accepts Mainecare/Medicaid, Accepts Medicare

**Notes:** Interim HealthCare provides a broad array of home care and supportive services that include Skilled Nursing, Supportive services such as assistance with bathing, medications and personal care, Physical, Occupational, Speech & Language Therapy, and Home IV Therapy.

Please call for more information or to arrange intake.

### MaineHealth Care At Home

**Contact:**

**Last Updated:** 07/24/2024 1:25:05PM

**Last Reviewed:** 07/24/2024

**Address:** [Service Area Placeholder]

Portland, ME (Cumberland county),  
[Residence]\*  
15 Industrial Park Road  
Saco, ME 04072 (York county)

**Eligibility:** Accepts Mainecare/Medicaid, Accepts Medicare

**Notes:** MaineHealth Care At Home (formerly known as HomeHealth Visiting Nurses) and SMHC Visiting Nurses have merged into one Home Health Agency that offers nursing care, home health aide services, and physical, occupational & speech therapies. They also offer Telehealth monitoring and Home Safety and Fall Prevention programs. The "Help at Home" program offers personal care and companionship services. There are a number of Support Groups including "Enjoy Life with Diabetes."

**Phones:** (207) 775-3366 [Business]\*

**Web Site:** [www.interimhealthcare.com/portlandme](http://www.interimhealthcare.com/portlandme)

**Phones:** (866) 255-8744 [Toll-Free]\*,  
(207) 282-4148 [Fax],  
(800) 660-4867 [Business],  
(207) 284-4566 [Business]

**Web Site:** [www.mainehealth.org/mainehealth-care-at-home](http://www.mainehealth.org/mainehealth-care-at-home)

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### MaineHealth CHANS: Home Health and Hospice

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**Contact:**

**Last Updated:** 01/17/2025 10:57:42AM

**Last Reviewed:** 01/17/2025

**Address:** [Business]\*

60 Baribeau Drive

Brunswick, ME 04011 (Cumberland county)

**Eligibility:** Accepts Mainecare/Medicaid, Accepts Medicare

**Notes:** CHANS Home Health & Hospice is full service non-profit, Joint Commission Accredited agency providing skilled home health, hospice, private duty care services and an array of community based wellness clinics and support services Mid Coast Maine.

CHANS offers a variety of home health services provided by a professional team including Registered Nurses, Advanced Practice Nurses, Certified Home Care Aides, Physical and Occupational Therapists, Speech Language Pathologists and Medical Social Workers. They also offer Hospice Care, Diabetes Management, Mental Health Nursing Services and caregiver respite.

Towns served in Cumberland county include Freeport, North Yarmouth, Yarmouth and Pownal

### MAS Home Care of Maine

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**Contact:**

**Last Updated:** 08/14/2025 8:31:53AM

**Last Reviewed:** 08/14/2025

**Address:** [Business]\*

21 Saco Street

Westbrook, ME 04092 (Cumberland county),

[Business]

1190 Lisbon St

Lewiston, ME 04240 (Androscoggin county)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Provides PCA care, either short or long term ranging from 2 hours up to 24 hours. Provide PSS, CNA/HHA, LPN, RPT, OT, ST, RT services to clients in a home care setting. Provide lab services such as blood draws etc and IV Therapy to clients. Hours: Mon-Fri 8a-4p; on call available after hours 7 days a week.

Please Call for more information and/or to schedule services

**Phones:** (207) 591-4450 [Fax],

(207) 573-0663 [Business]\*

**Web Site:** [www.mashomecare.com](http://www.mashomecare.com)

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### Maxim Healthcare Services

**Contact:**

**Last Updated:** 03/29/2023 2:41:01PM

**Last Reviewed:** 03/29/2023

**Address:** [Business]\*

1685 Congress St.  
Portland, ME 04102 (Cumberland county)

**Eligibility:** Accepts Mainecare/Medicaid, Accepts Medicare

**Notes:** We offer skilled nursing, physical rehabilitation, personal caregiving, respite care and behavioral care for individuals with chronic and acute illnesses and disabilities. Our team of nurses, therapists and home health aides help patients of all ages maintain their quality of life in the comfort of home.

Private duty nursing allows medically fragile patients to receive quality, skilled nursing care in the comfort of their home. Our patients and families have access to on-call support 24/7.

Personal Caregiving Services - Our qualified and compassionate caregivers work to keep you and your loved ones healthy and safe by providing assistance with many different personal care activities. Our personal care services are available 24/7 and tailored to meet our patient's individual needs.

Case Coordination Services- Maxim's care coordination services organize care activities for participants involved in a patient's care to facilitate the appropriate delivery of healthcare services.

### New England Life Care

**Contact:**

**Last Updated:** 11/26/2024 2:57:53PM

**Last Reviewed:** 11/21/2024

**Address:** [Business]\*

600 Southborough Dr.  
South Portland, ME 04106 (Cumberland county),  
[Business]  
108a Industrial Way  
Portland, ME 04103 (Cumberland county)

**Eligibility:** Accepts Mainecare/Medicaid, Accepts Medicare

**Notes:**

New England Life Care home infusion therapy or specialty pharmacy services as part of an advanced home care plan. From your hospital room to your home, our dedicated, compassionate and highly skilled New England Life Care clinicians will: teach you how to manage lifesaving and life-sustaining nutritional, anti-infective, chemotherapy and pain management treatments; monitor your advanced home care to ensure the best possible outcomes; deliver specialty pharmacy medications and home infusion therapy supplies when and where you need them; work closely with your medical and insurance providers for smooth, stress-free care management service.

New England Life Care is nationally recognized as a nonprofit, mission-driven home infusion therapy and specialty pharmacy services provider affiliated with 50+ of New England's premier medical centers. We are a community-based organization with a charitable focus that our neighbors in Massachusetts, New Hampshire, Maine and Vermont rely on for the home infusion therapies they need to recover quickly in the comfort of their home.

**Phones:** (207) 822-4010 [Business]\*

**Web Site:** [www.maximhealthcare.com](http://www.maximhealthcare.com)

**Phones:** (207) 878-1288 [Business],  
(800) 290-6558 [Other]\*,  
(207) 321-6352 [Business]

**Web Site:** [www.nelifecare.org/](http://www.nelifecare.org/)