

# Southern Maine Agency on Aging's Springvale January Events Calendar

See reverse for appointment and RSVP information

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
<b>Family Caregiver Resource Specialist</b> 8:00-4:00PM	<b>Medicare Counseling</b> 10:00-2:00PM	<b>Family Caregiver Resource Specialist</b> 8:00-4:00PM		
<b>Family Caregiver Resource Specialist</b> 8:00-4:00PM	<b>Medicare Counseling</b> 10:00-2:00PM	<b>Family Caregiver Resource Specialist</b> 8:00-4:00PM	<b>Learn about Volunteering!</b> 11:00-12:00PM	
<b>Family Caregiver Resource Specialist</b> 8:00-4:00PM	<b>Medicare Counseling</b> 10:00-2:00PM	<b>Family Caregiver Resource Specialist</b> 8:00-4:00PM	<b>Learn about Social Opportunities!</b> 11:00-12:00PM	
<b>Family Caregiver Resource Specialist</b> 8:00-4:00PM	<b>Medicare Counseling</b> 10:00-2:00PM	<b>Family Caregiver Resource Specialist</b> 8:00-4:00PM		<b>Café Brunch</b> 11:30-1:00PM
<b>Family Caregiver Resource Specialist</b> 8:00-4:00PM	<b>Money Minders Support</b> 11:00-12:00PM <b>Medicare Counseling</b> 10:00-2:00PM	<b>Family Caregiver Resource Specialist</b> 8:00-4:00PM	<b>Learn about Social Opportunities!</b> 11:00-12:00PM	 <b>Southern Maine</b> <b>AGENCY</b> <b>On AGING</b> <small>EMPOWERING OLDER ADULTS AND THEIR CAREGIVERS</small>

# Southern Maine Agency on Aging's Springvale January Events Calendar

RSVP, appointment, and walk-in information below!

**Café Bunch** - RSVP at 207.396.6507 - 4th Friday of each month

**Family Caregiver Support** - By appointment only at 207.396.6541

**Learn about Social Opportunities** - Walk-ins welcome

**Learn about Volunteering** - Walk-ins welcome

**Medicare Counseling** - By appointment only at 207-396-6524

**Money Minders Support** - Walks-in or by appointment at 207.396.6515



**Southern Maine**  
**AGENCY**  
**On AGING**  
EMPOWERING OLDER ADULTS  
AND THEIR CAREGIVERS