

Southern Maine Agency on Aging's Springvale November Events Calendar

See reverse for appointment and RSVP information

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Family Caregiver Resource Specialist 8:00-4:00PM		Family Caregiver Resource Specialist 8:00-4:00PM		
Family Caregiver Resource Specialist 8:00-4:00PM	Closed due to Veterans Day holiday	Family Caregiver Resource Specialist 8:00-4:00PM	Learn about Volunteering! 11:00-12:00PM	Café Lunch 11:00-1:00PM
Family Caregiver Resource Specialist 8:00-4:00PM		Family Caregiver Resource Specialist 8:00-4:00PM	Learn about Social Opportunities! 11:00-12:00PM	
Family Caregiver Resource Specialist 8:00-4:00PM Family Caregiver Support Group 10:00-11:00AM	Money Minders Support 11:00-12:00PM	Family Caregiver Resource Specialist 8:00-4:00PM	Closed due to Thanksgiving holiday	No brunch due to holiday
Family Caregiver Resource Specialist 8:00-4:00PM		Family Caregiver Resource Specialist 8:00-4:00PM	Learn about Social Opportunities! 11:00-12:00PM	 Southern Maine AGENCY OnAGING EMPOWERING OLDER ADULTS AND THEIR CAREGIVERS

Southern Maine Agency on Aging's Springvale November Events Calendar

RSVP, appointment, and walk-in information below!

Café Lunch - RSVP at 207.396.6507 - 2nd Friday of each month

Family Caregiver Support Group - visit our events page smaaa.org/events

Family Caregiver Support - By appointment only at 207.396.6541

Learn about Social Opportunities - Walk-ins welcome

Learn about Volunteering - Walk-ins welcome

Money Minders Support - Walks-in or by appointment at 207.396.6515



Southern Maine
AGENCY
On **AGING**
EMPOWERING OLDER ADULTS
AND THEIR CAREGIVERS