


# Southern Maine Agency on Aging's Springvale October Events Calendar

See reverse for appointment and RSVP information

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
<p><b>Family Caregiver Resource Specialist</b> 8:00-4:00PM</p>		<p><b>Family Caregiver Resource Specialist</b> 8:00-4:00PM</p>		
<p><b>Family Caregiver Resource Specialist</b> 8:00-4:00PM</p>		<p><b>Family Caregiver Resource Specialist</b> 8:00-4:00PM</p>	<p><b>Medicare Counseling</b> 9:00-12:00PM</p> <p><b>Learn about Volunteering!</b> 11:00-12:00PM</p>	<p><b>Café Lunch</b> 11:00-1:00PM</p>
<p><b>Family Caregiver Resource Specialist</b> 8:00-4:00PM</p>		<p><b>Family Caregiver Resource Specialist</b> 8:00-4:00PM</p> <p><b>Medicare Counseling</b> 9:00-12:00PM</p>	<p><b>Learn about Social Opportunities!</b> 11:00-12:00PM</p>	
<p><b>Family Caregiver Resource Specialist</b> 8:00-4:00PM</p> <p><b>Family Caregiver Support Group</b> 10:00-11:00AM</p>	<p><b>Money Minders Support</b> 11:00-12:00PM</p> <p><b>Medicare Counseling</b> 9:00-12:00PM</p>	<p><b>Family Caregiver Resource Specialist</b> 8:00-4:00PM</p>	<p><b>Learn about Volunteering!</b> 11:00-12:00PM</p>	<p><b>Café Brunch</b> 11:30-1:00PM</p>
<p><b>Family Caregiver Resource Specialist</b> 8:00-4:00PM</p>		<p><b>Family Caregiver Resource Specialist</b> 8:00-4:00PM</p> <p><b>Medicare Counseling</b> 9:00-12:00PM</p>	<p><b>Learn about Social Opportunities!</b> 11:00-12:00PM</p>	 <p><i>Southern Maine</i> <b>AGENCY</b> <i>On</i> <b>AGING</b> <small>EMPOWERING OLDER ADULTS AND THEIR CAREGIVERS</small></p>

# Southern Maine Agency on Aging's Springvale October Events Calendar

RSVP, appointment, and walk-in information below!

**Café Lunch** - RSVP at 207.396.6507 - 2nd Friday of each month

**Café Brunch** - RSVP at 207.396.6507 - 4th Friday of each month

**Family Caregiver Support Group** - visit our events page [smaaa.org/events](http://smaaa.org/events)

**Family Caregiver Support** - By appointment only at 207.396.6541

**Learn about Social Opportunities** - Walk-ins welcome

**Learn about Volunteering** - Walk-ins welcome

**Medicare Counseling** - Walk-ins welcome

**Money Minders Support** - Walks-in or by appointment at 207.396.6515



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