

## Provider List - Transportation Services - York County

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### Age-Friendly Biddeford

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**Contact:**

**Phones:** (207) 391-5912 [Business]\*

**Last Updated:** 01/14/2025 11:21:14AM

**Last Reviewed:** 12/18/2024

**Address:** [Mailing]\*  
PO Box 785  
Biddeford, ME 04005 (York county),  
[Business]

**Web Site:** [www.agefriendlybiddeford.org](http://www.agefriendlybiddeford.org)

Biddeford, ME 04005 (York county)

**Eligibility:** Other - See Notes

**Notes:** Age Friendly Biddeford has a transportation program for Biddeford residents needing a ride to their medical appointments. If you are 60+ years old you may be eligible to benefit from this free service. Rides are provided by volunteers who are screened, trained and required to maintain confidentiality. Because all rides depend on volunteer availability a 7 day notice is required. There is no charge for this service but donations are always welcome. If you, or someone you know needs this service please call 207-391-9512 or email [transportation.afb@mail.com](mailto:transportation.afb@mail.com) to register and request a ride.

Sand Buckets are available for those 55+ in Biddeford. To request one fill out a short form here: <https://forms.gle/71qYC9QAvVPJajA87>, or call Joe at McArthur Library at (207) 284-4181.

McArthur Library partnered with the National Digital Equity Center - (NDEC) to offer free computer classes at the library. NDEC is a great resource for learning how to surf the web safely, avoid on-line frauds and scams, learn how to use your tablet or phone, and many more subjects! Class sizes are limited to 10 students to allow for interaction between the instructor and students. The library will be hosting two classes per month.

Visit [https://digitalequitycenter.org/classes/class\\_location/mcarthur-library/](https://digitalequitycenter.org/classes/class_location/mcarthur-library/), to see what's currently scheduled or call the library at (207) 571-7210. Upcoming classes in December and January include "Basic Internet Safety", "Identifying Frauds and Scams", "Affordable Internet after the ACP", and "Introduction to MS Word".

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### Age-Friendly Saco

**Contact:**

**Last Updated:** 01/14/2025 11:14:22AM

**Last Reviewed:** 04/12/2024

**Phones:** (207) 710-5029 [Business]\*

**Address:** [Business]\*  
75 Franklin St, Room 204  
Saco, ME 04072 (York county),  
[Mailing]  
75 Franklin St, Room 204  
Saco, ME 04072 (York county)

**Web Site:** [www.agefriendlysaco.org/](http://www.agefriendlysaco.org/)

**Eligibility:**

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### Age-Friendly Saco

**Notes:** Age Friendly Saco's mission, "A Community for a Lifetime", is to promote active aging by optimizing opportunities for health, engagement, and safety while removing barriers that prevent our citizens from remaining in their homes as they age. This will be accomplished by supporting our older residents through a variety of services to stay in their homes as they age. Transportation program provides rides to medical appointments for Saco residents over the age of 65, Monday thru Friday, must call 5 days in advance of the medical appointment, rides from Portland to Kennebunk.

In partnership with Habitat for Humanity and Efficiency Maine, we are able to offer free window inserts for weatherization projects and details for available cost-saving rebates for our residents. All Saco residents are eligible to receive buckets of a sand/salt mixture from Saco Public Works Department. The Age Friendly Saco (AFS) volunteers in collaboration with the Saco Public Works Department will pick up buckets of the sand/salt mixture for any home-bound resident older than 50 who needs it, and deliver it to their home in a bucket provided by AFS. To have it delivered, call 207-710-5029 and leave a message with your names, address, and phone number.

Age Friendly Saco has launched its new SACO MOBILITY SHUTTLE! We are now providing door-to-door transportation to Saco Residents aged 60 years of age or older for groceries, daily living needs, library, and other locations. The Shuttle provides regularly scheduled stops to Walmart, Market Basket, Target, Hannaford and Shaw's. We can also provide transportation to: Saco Main Street businesses; Saco; Transportation Center; Dyer Library; Saco Community Center; Saco Sport & Fitness; YMCA; Saco Food Pantry; Election Polls. Currently, the Shuttle runs Monday, Wednesday and Friday from 8 AM to 1 PM. As ridership gains, we plan to expand our days and hours. During the rollout phase, Shuttle services are free. 48-hour notice is required to schedule a seat on our 9-passenger Shuttle. Shuttle riders must be independently mobile and must be able to embark and disembark without assistance into a passenger van with steps. For more information or to schedule a ride, call the Age Friendly Saco Mobility Shuttle at (207) 710-8527.

If you are 60+ years old or have a disability, you may be eligible for our free transportation service to medical appointments. We welcome Saco residents who live in their own home/rent or reside in an independent living facility to register and schedule rides by calling 207-200-7668. Rides are provided by caring people who give their time to help others. Volunteers are screened, trained and required to keep confidentiality. All rides depend on volunteer availability, therefore, we request at least a 7 day notice when scheduling a ride. The door-to-door service includes destinations from Kennebunk to Falmouth. While there is no charge for our services, donations are welcome.

For the HandyNeighbor Program, an AFS volunteer provides simple free services, such as installing grab bars, moving seasonal equipment such as air conditioners, changing light bulbs, or cleaning gutters to name some of the possibilities. These would be repairs which do not require a licensed contractor. Should you need a contractor, we have some listed whom we could recommend. Handy Neighbors IT component: Need help with your cell phone, Alexa, installing Blue-Tooth in your car? We have a small group of IT-capable volunteers who can help with these issues. Call the AFS office at 710-5029 if you need a Handy Neighbor. As well as, assistance navigating the world of Medicare.

Free monthly community luncheons for older residents, organized by Age Friendly Saco, the third Thursday of the month. This program is available to Biddeford and Old Orchard Beach residents as well.

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### Airport Car Express

**Contact:**

**Phones:** (207) 893-8294 [Business]\*

**Last Updated:** 12/18/2024 12:03:11PM

**Last Reviewed:** 12/18/2024

**Address:** [Business]

**Web Site:**

Biddeford, ME 04005 (York county),  
[Business]\*  
289 Gray Rd  
Windham, ME 04062 (Cumberland county)

**Eligibility:** Other - See Notes

**Notes:** Airport Car Express provides transportation throughout Maine and out of State as well. We can provide transportation to medical providers out of state. Hours available: 24/7; Fees: By flat rate, call for more information; Language: Somali, English, Afrikaans.

Please call for more information.

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### American Cancer Society

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**Contact:**

**Last Updated:** 11/21/2024 3:01:44PM

**Last Reviewed:** 11/21/2024

**Phones:** (800) 227-2345 [Toll-Free]\*,  
(207) 373-3700 [Business],  
(207) 729-0635 [Fax]

**Address:** [Business]

**Web Site:** [www.cancer.org](http://www.cancer.org)

Kennebunk, ME 04043 (York county),  
[Mailing]  
PO Box 350  
Westbrook, ME 04098 (Cumberland county),  
[Business]\*  
1 Bowdoin Mill Island, Suite 300  
Topsham, ME 04086 (Sagadahoc county)

### Eligibility:

**Notes:**

NOTE: The office to contact is located in Topsham but service is provided in York and Cumberland county as well. The New England Division of the American Cancer Society offers information and support for persons affected with cancer. Find support groups, programs, and services in your area. Programs include transportation to appointments, peer support from cancer survivors, and a variety of wellness, support, and informational programs. Please call FMI about programs in your area.

Road to Recovery is an American Cancer Society service that provides free transportation for cancer patients to their treatments and home again. Transportation is provided according to the needs and available resources in the community, and is available for cancer patients that cannot drive themselves to treatment, that do not have insurance to cover transportation services or that do not have family members or friends that can help with a ride. Some exceptions can be made in special situations. Road to Recovery transportation is provided by trained volunteers who use their own vehicles to give this service. Patients must be ambulatory. Please call at least a week before ride is needed (the more advance notice the better). For more information [www.cancer.org/support-programs-and-services/road-to-recovery.html](http://www.cancer.org/support-programs-and-services/road-to-recovery.html).

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### Biddeford Saco Old Orchard Beach Transit

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**Contact:**

**Phones:** (207) 282-5408 [Business]\*

**Last Updated:** 12/13/2024 1:32:42PM

**Last Reviewed:** 12/13/2024

**Address:** [Business]\*

**Web Site:** [www.bsoobtransit.org](http://www.bsoobtransit.org)

Saco Transportation Center  
138 Main St  
Saco, ME 04072 (York county),  
[Business]  
13 Pomerleau St  
Biddeford, ME 04005 (York county)

#### Eligibility:

**Notes:** The Biddeford-Saco-OOB Transit Committee offers: Shuttlebus local service between Biddeford, Saco, OOB; Shuttlebus Inter-city to Portland via Biddeford, Saco, OOB, Scarborough and South Portland Maine Mall; OOB Campground and Restaurant Shuttle Service; and ZOOM Turnpike Express from Commuter Service Park & Ride Lc in Biddeford and Saco to Downtown Portland. There are routes between Biddeford, Saco, Old Orchard Beach, Scarborough, South Portland and Portland

Open to all; there are discounted fares for seniors on some routes/days. Exact Fare is required (drivers don't make change); Fares vary by service; please call for current fares.

Please call or visit the website for current route schedules and fares.

### Grateful Undead: Age-Friendly Sacopee Valley

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**Contact:**

**Phones:** (207) 536-9152 [Business]\*

**Last Updated:** 01/14/2025 11:23:03AM

**Last Reviewed:** 11/12/2024

**Address:** [Mailing]\*

**Web Site:** [www.gratefulundead.org/](http://www.gratefulundead.org/)

PO Box308  
Cornish, ME 04020 (York county)

**Eligibility:** Age 62 & older or declared disabled

**Notes:** Age-Friendly The Grateful Undead supports aging in place by promoting knowledge and organizing services and activities that enable residents of the Sacopee Valley and surrounding towns in south-western Maine to continue to live in their own homes. They are all volunteers.

Our Transporters began by driving one another to medical appointments. The program evolved to mainly driving Sacopee Valley Health Center patients to and from appointments at the Center or as far away as Portland – free of charge. It's a simple system – you send in a request by email with the details of your trip, and we find you a driver. Please e-mail [sacopeegratefulundead@gmail.com](mailto:sacopeegratefulundead@gmail.com) for more information and to ask for assistance.

Areas served: Baldwin, Cornish, Hiram, Newfield, Parsonsfield.

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### Heart to Heart

**Contact:**

**Last Updated:** 04/02/2025 10:08:39AM

**Last Reviewed:** 04/02/2025

**Phones:** (207) 361-7311 [Home]\*

**Address:** [Business]\*  
39 Candlewood Lane  
York, ME 03909 (York county)

**Web Site:** [www.hearttoheartagelesslove.org](http://www.hearttoheartagelesslove.org)

**Eligibility:**

**Notes:** Passionately dedicated to serving Older Adults in the York area.

Heart to Heart is purposed to advocate, convene, consult, support, collaborate, resolve challenges, facilitate volunteerism, and provide services to People With Age in our communities.

We are captured by no preconceptions, notions, strictures or models.

We engage transformation, innovation, and experimentation for the sake of contributing to other's lives.

### Maine's Lifelong Communities

**Contact:**

**Last Updated:** 04/23/2024 2:19:37PM

**Last Reviewed:** 10/05/2023

**Phones:**

**Address:** [Service Area Placeholder]  
WEB RESOURCE  
Biddeford, ME 04005 (York county),  
[Service Area Placeholder]\*  
WEB RESOURCE  
Portland, ME 04101 (Cumberland county)

**Web Site:** [www.lifelongmaine.org](http://www.lifelongmaine.org)

**Eligibility:**

**Notes:** WEB RESOURCE  
Nearly 100 towns, cities, counties, regions, and the State of Maine have embraced the importance of shaping grei places for people to age by joining the AARP Network of Age-Friendly States and Communities. In 2022, the University of Maine joined the University of New England as a fully endorsed member of the Age-Friendly University (AFU) Global Network, making Maine a leader nationally and internationally in the age-friendly movement.

Across Maine, grassroots Lifelong Communities, formal members of the AARP Network, and others following a similar path, are leveraging local assets to build community capacity addressing challenges such as accessible spaces, access to technology, food security, home repair, transportation, and social connections. Please visit the website to find out if your community has an Age-Friendly program.

To find out if your Age-Friendly Community has a "Find a Ride" program please visit:  
<https://www.lifelongmaine.org/volunteer-transport/find-a-ride>

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### Modivcare Solutions LLC

**Contact:**

**Last Updated:** 11/21/2024 3:17:47PM

**Last Reviewed:** 11/21/2024

**Phones:** (855) 608-5178 [Toll free in state],  
(877) 659-1302 [Toll-Free]\*

**Address:** [Business]

**Web Site:** [www.modivcare.com](http://www.modivcare.com)

Kennebunk, ME 04043 (York county),  
[Business]\*

South Portland, ME 04106 (Cumberland county)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:**

Modivcare (formerly know as Logisticare) is the broker or booking agent in York and Cumberland Counties for MaineCare rides to medical appointments. They are open Monday through Friday from 8am - 5pm and require 2 business-day notice for scheduling rides. The type of ride/service will depend on client needs and if they qualify. Please call to schedule ride or if you have any questions.

Cumberland County (except Brunswick and Harpswell) call 855-608-5178  
York County call 877-659-1302



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### North East Mobile Health Services

**Contact:**

**Phones:** (207) 510-0073 [Business]

**Last Updated:** 11/21/2024 3:35:13PM

**Last Reviewed:** 08/27/2024

**Address:** [Business]\*  
9 Willey Rd  
Saco, ME 04072 (York county),  
[Service Area Placeholder]

**Web Site:** <https://nemhs.com/>

Scarborough, ME 04074 (Cumberland county)

### Eligibility:

#### Notes:

North East Mobile Health Services provides comprehensive medical transportation including ambulance emergent and non-emergency transfer services, and wheelchair van transportation. The fleet of wheelchair accessible vans are routinely available to transport patients to medical appointments and diagnostic tests that do not require the services of an ambulance. Whether for a short distance trip to see a doctor or for a longer trip to Boston for a diagnostic test, trained van operators will provide prompt, friendly and professional service door-to-door.

North East also has a program called Home for the Holidays - a service provided by drivers who volunteer their time so family members in facilities can be with family for the Thanksgiving or Christmas celebrations. Please call (207) 772-6000. Greater Portland area. First come first serve basis.

North East serves Greater Portland, Bath/Brunswick and all of Southern Maine including hospitals and other healthcare facilities in Biddeford, Sanford, Kennebunk and York.

Please call for current fees - Wheelchair van services for patients covered by MaineCare must be arranged through the State Broker, Modivcare.

Please call Dispatch 800-215-2000 for more information and to arrange for services.

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### Old Orchard Beach Community Friendly Connection: Age-Friendly OOB

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**Contact:**

**Phones:** (207) 294-2591 [Home]\*

**Last Updated:** 03/21/2025 12:20:48PM

**Last Reviewed:** 01/14/2025

**Address:** [Business]\*

**Web Site:**

Old Orchard Beach, ME 04064 (York county)

**Eligibility:**

**Notes:**

Old Orchard Beach Community Friendly Connection joined the AARP Network of Age-Friendly States and Communities: August 2017.

OOB Community Friendly Connection (OOBCFC) seeks to enhance a vibrant, all-inclusive community providing a great place to live, work, play and do business by: Creating opportunity for a safer and simpler life; Upholding high community standards; Embracing our history and culture; Fostering year round business success, and; Empowering residents and enriching relationships.

Be sure to check out our Community Programs:

-Sand for Seniors - To sign up please contact Libby Library 207-934-4351 or email [director@ooblibrary.org](mailto:director@ooblibrary.org)

-Transportation Assistance - for members 60+ and are unable to transport themselves to doctor appointments, [shuttle.oob.cfc@gmail.com](mailto:shuttle.oob.cfc@gmail.com) or 207-294-2591

Volunteer Senior Transportation Program-There is no charge for our services. We welcome donations. We are funded by individual donations and small grants and we hold fundraising events. Without funding we will not be able to continue the program.

Our mission is to enrich our communities by coordinating volunteer drivers who assist those who cannot drive to medical appointments. We provide service to the residents of Old Orchard Beach. Our service is for medical appointments within a 25 mile radius of Old Orchard Beach.

We offer services to adults who are 60+ years old and in need of a ride to medical appointments. Riders or their caregivers may be older or disabled. We cannot transport children who are unaccompanied by an adult caregiver. Our volunteers use their own vehicles. We try to match volunteer and vehicle to your needs. WE CANNOT DO LIFTING, SO YOU MUST BE ABLE TO GET IN AND OUT OF A VEHICLE WITH MINIMAL ARM ASSISTANCE. If you require a low vehicle or cannot use a step stool, please let us know. If you use a wheelchair, please let us know if you need to take it with you.

IMPORTANT! REQUESTING A RIDE DOES NOT GUARANTEE A RIDE! RIDER REGISTRATION IS REQUIRED. PLEASE REGISTER AT LEAST 2 WEEKS PRIOR TO NEEDING YOUR FIRST RIDE.

Telephone: 207-294-2491, 207-294-2591

Email: [shuttle.oob.cfc@gmail.com](mailto:shuttle.oob.cfc@gmail.com)

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**Provider List - Transportation Services - York County**

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**The Center Kennebunk: Seniors, Connections, Community**

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**Contact:****Phones:** (207) 967-8514 [Business]\***Last Updated:** 03/21/2024 9:44:16AM**Last Reviewed:** 03/21/2024**Address:** [Business]\*  
175 Port Road  
Kennebunk, ME 04043 (York county)**Web Site:** [www.seniorcenterkennebunk.org](http://www.seniorcenterkennebunk.org)**Eligibility:**

**Notes:** The Center provides a variety of social and educational opportunities. A monthly newsletter lists current activities and programs and is available online or call and ask for one to be mailed. Offers exercise classes, tech support, yoga, art classes, Bridge, Bingo, craft group, etc. \*Please note that ALL programs require advance registration! Members can now register for programs online on The Center website.

The Center also manages many community support programs and you do not need to be a member of the Center to take advantage of any of these services listed below. For more information on any of these programs, or to volunteer, please contact the Center (207-967-8514).

Caregiver Support Group - Caregiving can be a lonely role that is demanding and physically exhausting. This group is designed for you to get the understanding and support needed for this most difficult life experience. If you are a primary caregiver of a loved one, this group could offer the help needed to navigate your journey. The facilitator has had extensive experience in group facilitation in public schools, at UNE, and for various community groups. She has been a caregiver herself and would like to be able to help others. This group meets every Monday, 11:00-12:00.

Elder Elves - Elder Elves are a special group of volunteers at the Center who collect gifts to go into festive bags that are delivered to older area residents who are alone during the holidays. Gifts are donated by businesses, residents and Center members. Each year 70 bags are assembled for distribution. We always welcome volunteers and donations to this program.

FISH (Friends in Service Helping) Transportation - Our FISH Transportation Program volunteer drivers provide rides to Kennebunk, Kennebunkport, and Arundel residents who need to get to medical appointments. Riders may use FISH Transportation when they have no other means (friends, family) of getting to an appointment. We cannot handle repetitive appointments for life-sustaining procedures or clients in wheelchairs as our volunteers are not trained to handle that type of transport. Please review the following FISH program procedures prior to registering FISH PROGRAM PROCEDURES - You must be registered in the program before scheduling a ride. We are always seeking new drivers.

Tender Loving Calls - Many older residents live alone and worry about falling or having an accident at home. TLC callers can be arranged to check on the well-being of these residents and ensure they are safe. There is no charge for this service.

Grief Support Group - Grieving the loss of a loved one is a personal journey that each of us will experience at some time in our lives if we have been lucky enough to love and be loved. Whether it is a sudden death or a long expected one, the loss of that person can be emotionally devastating. If you have recently experienced the loss of a spouse, parent, child, family member or friend and are struggling to express your feelings of sadness, loneliness or even anger to close friends and family, this grief support group will offer you the room in which to express those feelings. We will be a safe, listening, supportive presence for all who attend. All are welcome and membership is not required.

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### The Center Kennebunk: Seniors, Connections, Community

#### Veterans Transportation Network

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**Contact:**

**Last Updated:** 07/18/2024 11:56:46AM

**Last Reviewed:** 07/18/2024

**Phones:** (877) 421-8263 x 5790 [Toll free in state],  
(207) 623-8411 [Business]\*

**Address:** [Service Area Placeholder]

**Web Site:** [www.va.gov/maine-health-care/](http://www.va.gov/maine-health-care/)

Scarborough, ME (Cumberland county),  
[Business]\*  
VAMROC Bldg. 206, Rm. 343  
1 Veterans Center  
Augusta, ME 04330 (Kennebec county),  
[Service Area Placeholder]

Biddeford, ME (York county)

**Eligibility:**

**Notes:**

The Togus VA Medical Center (VAMC) operates a Volunteer Transportation Network funded through donations to the Disabled American Veterans (DAV) Department of Maine. Volunteer drivers transport clients with appointments at Togus Veteran's Hospital.

Eligibility: Veterans with scheduled appointments at Togus; The DAV is not able to accommodate wheelchair patients or those on oxygen except for shoulder carried oxygen canisters.

Monday through Friday 7:30am - 4pm. Serves Southern Maine.

Please call DAV to arrange a ride at least a week in advance.

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### YCCAC Transportation Programs

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**Contact:**

**Last Updated:** 09/14/2024 1:43:25PM

**Last Reviewed:** 07/06/2023

**Phones:** (207) 324-5762 [Business]\*,  
(800) 965-5762 [Toll-Free],  
(207) 459-2932 [Other]

**Address:** [Business]\*  
6 Spruce Street  
Sanford, ME 04073 (York county)

**Web Site:** [www.yccac.org/transportation/](http://www.yccac.org/transportation/)

**Eligibility:**

**Notes:** YCCAC offers a range of transportation options, available to the general public and equipped for people with disabilities. These services include both public transportation and contracted/special service transport. Our Transportation Program promotes independence and self-sufficiency by providing the means for residents to get to work, attend doctor appointments, do errands, and more. Visit the website or call for schedules, fee or FMI; a brief application is required for 1st time riders, and can be completed over the telephone.

Eligibility - York County residents. 48 hour advance reservations required; general public can use the bus system. Fares vary; reduced rates or free service available.

Our Local Rides routes take residents to the closest regional shopping and medical destinations on scheduled days of the week for each town served. Riders are provided curb to curb service from their residence with a return trip an hour or more later. Reservation required.

Our Volunteer Driver Program provides contracted transportation for children and families receiving case management from DHHS or Child Development Services and other private contracts as well as limited medical, non-emergency transportation for individuals that cannot be served on public transportation routes.

WAVE: Provides premium year-round, curb to curb service connecting Sanford-Biddeford and Sanford-Wells to training and job sites, and their children to day care. Advanced reservation required.

Shoreline Explorer: Provides trolley and shuttle service which coordinates with private operators for seasonal service between York and Lower Village, Kennebunk. The Orange Line shuttle operates year-round between Sanford and Wells with designated stops, route deviation and connecting services.

The Connecting to Cancer Care Program will provide transportation services to any York County resident needing assistance getting to cancer care at area facilities. Advanced reservation required.

KITT—Kennebunk In Town Transportation: Operates on Tuesdays only. Times are approximate.

Southern Maine Connector: Provides year-round service from Springvale to Saco. Operates Monday – Friday. Times are approximate.

Orange Line: Orange Line is a year-round shuttle service that operates 7 days a week between Sanford and Wells. The shuttle stops at several popular shopping and dining destinations in Wells and Sanford.

Our Veterans Transportation provides rides for veterans to medical and other necessary appointments. Advanced reservation required.

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### York Hospital: Transportation Service

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**Contact:**

**Phones:** (207) 351-3413 [Business]\*

**Last Updated:** 04/02/2025 10:09:39AM

**Last Reviewed:** 04/02/2025

**Address:** [Business]\*  
15 Hospital Drive  
York, ME 03909 (York county)

**Web Site:** [www.yorkhospital.com/patients-and-visitors](http://www.yorkhospital.com/patients-and-visitors)

#### Eligibility:

**Notes:** York Hospital provides FREE rides for patients to and from the main campus, York Hospital Practices, and Walk-In Care Centers. These door-to-door rides are available for any location within the service area, which includes Wells, Ogunquit, York, Cape Neddick, Kittery, Eliot, the Berwicks, the Kennebunks and Kennebunkport. Whether it's the flu, a cold or a minor injury, a safe and friendly driver from Patient Transportation will arrive in a York Hospital vehicle—which can include a wheelchair accessible van—and take you to a care center to be seen.

We know that great care begins with getting you there. Services are available Monday through Friday, from 7 a.m. to 5 p.m., and can be arranged by calling (207) 351-3413. Advance notice is helpful as this service is provided on first-come, first-served basis.