## Southern Maine Agency on Aging's Springvale September Events Calendar

See reverse for appointment and RSVP information

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Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Family Caregiver Resource Specialist 8:00-4:00PM  Resource Specialist 10:00-12:00PM		Family Caregiver Resource Specialist 8:00-4:00PM Resource Specialist 10:00-12:00PM		
Family Caregiver Resource Specialist 8:00-4:00PM Resource Specialist		Family Caregiver Resource Specialist 8:00-4:00PM Resource Specialist	Medicare Counseling 9:00-12:00PM Learn about Volunteering!	Café Lunch 11:30-1:00PM Resource Specialist
10:00-12:00PM		10:00-12:00PM	11:00-12:00PM	10:00-12:00PM
Family Caregiver Resource Specialist 8:00-4:00PM  Family Caregiver Support Group 10:00-11:00AM  Resource Specialist 10:00-12:00PM		Family Caregiver Resource Specialist 8:00-4:00PM  Resource Specialist 10:00-12:00PM	Learn about Social Opportunities! 11:00-12:00PM	Resource Specialist 10:00-12:00PM
Family Caregiver Resource Specialist 8:00-4:00PM Resource Specialist 10:00-12:00PM	Money Minders Support 11:00-12:00PM	Family Caregiver Resource Specialist 8:00-4:00PM Resource Specialist 10:00-12:00PM	Learn about Volunteering! 11:00-12:00PM	Café Brunch 11:30-1:00PM Resource Specialist 10:00-12:00PM
Family Caregiver Resource Specialist 8:00-4:00PM Resource Specialist 10:00-12:00PM		Family Caregiver Resource Specialist 8:00-4:00PM Resource Specialist 10:00-12:00PM	Learn about Social Opportunities! 11:00-12:00PM	Southern Maine AGENCY On AGING EMPOWERING OLDER ADULTS AND THEIR CAREGIVERS

## Southern Maine Agency on Aging's Springvale September Events Calendar

RSVP, appointment, and walk-in information below!

Café Lunch - RSVP at 207.396.6507 - 2nd Friday of each month

Café Brunch - RSVP at 207.396.6507 - 4th Friday of each month

Family Caregiver Support Group - visit our events page smaaa.org/events

Family Caregiver Support - By appointment only at 207.396.6541

Learn about Social Opportunities - Walk-ins welcome

Learn about Volunteering - Walk-ins welcome

Medicare Counseling - Walk-ins welcome

Money Minders Support - Walks-in or by appointment at 207.396.6515

Resource Specialists - Walk-ins welcome

