

Barron Center

Contact: Phones: (207) 541-6500 [Business]*,

Last Updated: 11/14/2024 10:54:43AM (207) 541-6555 [Fax]

Last Reviewed: 04/04/2024

Address: [Business]* Web Site: www.portlandmaine.gov/222/Barron-Center

1145 Brighton Avenue

Portland, ME 04102 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: The City of Portland operates the Barron Center is a Long term nursing care facility that offers Skilled/Rehabilitatic

service focused on short-term rehabilitation. Often, after a hospital stay additional therapy or education related to specific illnesses, care, or medication may be needed before going home. Our long-term care neighborhoods are designed to meet the needs of our elders, encouraging residents to achieve their highest level of independence at function integrating a team approach. The mission is to provide high quality long term care services for frail elderly

and chronically ill individuals

Barron Center II is our secure 50 bed long-term care neighborhood for individuals afflicted with Alzheimer's and

other related dementia.

Brentwood Center for Health and Rehabilitation

Contact: Phones: (207) 846-9021 [Business]*

Last Updated: 04/04/2024 3:44:59PM

Last Reviewed: 04/04/2024

Address: [Business]* Web Site: www.brentwoodcenterrehab.com

370 Portland Street

Yarmouth, ME 04096 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Brentwood meets the needs of individuals requiring skilled nursing services and long term care. We also provide

speech, occupational and physical therapy up to seven days a week to help residents reach their maximum potents. Our memory care wing accommodates 40 residents in a secured environment. We provide 24-hour staffing, 3

meals per day, medication administration, housekeeping, laundry, a beauty salon, and daily activities.

Brentwood Center for Health and Rehabilitation accepts a wide range of insurance and payment sources

including the following: Medicare; Medicaid; Private/Self Pay; Private insurers and HMO providers. Respite Care is

offered on a bed-availability basis.

Please call our admissions office for more information and to set up a visit.

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Coastal Manor

Contact: Phones: (207) 846-2250 [Business]*

Last Updated: 04/04/2024 3:51:08PM

Last Reviewed: 04/04/2024

Address: [Business]* Web Site: www.coastalmanornursinghome.com

20 West Main Street

Yarmouth, ME 04096 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Coastal Manor has 39 dually certified beds and provides long term nursing care and skilled rehabilitation nursing

care. Respite care is available and generally can be arranged/reserved a couple of weeks in advance. Our facility serves as a licensed health care provider with nurses on duty around the clock. In addition, we provide support services that include: Skilled Nursing, Rehabilitation, Visits from Medical Professionals—Physical, Occupational, &

Speech Therapists, & a Psychiatrist.

Coastal Manor also has a Food and Lodging license and operates an independent living with services facility with room for 6 people. Services included in the daily room rate include a private room, 3 meals/day and snacks, launc and housekeeping services, and cable television. Residents are welcome to join in activities and programs offered through the nursing facility. Eligibility - Seniors who are ambulatory, able to manage any medications

Call for more information and/or to arrange a visit and apply. Private pay and Mainecare accepted.



First Atlantic: Hawthorne House

Contact: Phones: (207) 865-4782 [Business]*

Last Updated: 04/05/2024 11:26:59AM

Last Reviewed: 04/05/2024

Address: [Business]* Web Site: www.hawthorne-healthcare.com/

6 Old County Road

Freeport, ME 04032 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Hawthorne House provides Skilled Nursing Care, Skilled Rehabilitation, Memory-impaired Living and Assisted Livin

Nursing Care - Hawthorne House has designed an environment that allows each person the ability to be as independent as possible. All the routines and comforts of daily living are in place, with professional nursing suppo 24 hours a day. Our professional staff include the following: Licensed Administrator; On-call Medical Director; Licensed Social Worker; 24 Hour Licensed Nursing Staff; Certified Nursing Assistants; Certified Activities Director; Certified Food Service Director; Registered Dietician Consultant; Consultant Pharmacist.

Rehabilitation Services -Hawthorne House's rehabilitation services are coordinated with your physician and our therapists. Every recovery program is specific to each person and designed to meet their unique and indvidual go

Special Care Unit: Memory Care offers Family style dining; Enclosed and secure courtyard with gardens; Music & Memory Program Therapy; Reminiscence therapy; Specialized trained staff; Specialized activities.

Specialty Care Unit: Geri-psych; Private rooms; Activities; NAPPI trained staff; Cooking groups; Secure and enclosed courtyard; Psychiatric care team.

Other Services offered: Respite care; Hospice care; Spiritual services; Beautician and barbering services; Podiatry services; Wound care services. Plus a special wandering monitoring system provided for the safety of our resident

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Gorham House: SeniorLifestyle

Contact: Phones: (207) 839-5757 [Business]*,

Last Updated: 11/14/2024 11:02:17AM (207) 839-8263 [Fax]

Last Reviewed: 04/23/2024

Address: [Business]* Web Site: www.seniorlifestyle.com/property/maine/gorham-

50 New Portland Road <u>house/</u> Gorham, ME 04038 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Gorham House offers Independent Living, Assisted Living, Nursing Services (Skilled/Rehabilitation, Nursing Home

Care, Comfort Care) and Memory Impaired care options.

**Not all communities at Gorham House accept Mainecare, see each community for more information.

The Independent Living communities at The Gorham House are apartment homes with access to professional team members, dining services, and other convenient amenities.

**PRIVATE PAY only, please call for current fee structure.

Assisted Living at the Gorham House for older adults with a need for assistance with daily activities, who want freedom from difficult home maintenance and chores, want more opportunities to enjoy life, socialize, and learn. Older adults who need daily assistance with household chores or personal care can benefit from the service offered in the Assisted Living communities.

**PRIVATE PAY only, please call for rates.

Memory Care, 8 private and 20 semi-private apartments for people who have Alzheimer's or other related dementia. It is a totally secure unit that is carefully monitored by fully trained licensed staff. Therapeutic activities for the memory impaired are part of the program. Eligibility: Diagnosis of dementia and in need of a secured unit; must qualify for assisted living.

Please call for more information and current costs.

**Private pay required for 2 years before MaineCare accepted.

Windsor Common is a Skilled Rehab unit (20 beds) and fully Licensed Nursing Home (32 beds). Residents of Gorham House get priority placement in the skilled unit when needed. The focus is on short term rehabilitation. In addition to Occupational, Speech and Physical therapy services, the skilled unit also provides terminal care, pain management, wound care, oxygen therapy, diabetic training, and assistance with discharge planning. Nursing Home Care is provided in fully furnished private and double rooms. This unit is designed to care for people with limited physical mobility.

**Accepts Mainecare.

Gorham House also has a 17 bed geropsychiatric nursing facility, with both skilled nursing and intermediate care beds. The facility specializes in caring for patients who have a second diagnosis of mental illness. This nursing facility is specifically for individuals who have been diagnosed with a psychiatric illness.

**Referrals must be from Maine DHHS.

For more information call or visit https://www.seniorlifestyle.com/property/maine/gorham-house/

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Ledgewood

Contact: Phones: (207) 892-2261 [Business]*,

Last Updated: 04/04/2024 3:56:33PM (207) 892-7574 [Fax]

Last Reviewed: 04/04/2024

Address: [Business]* Web Site: https://ledgewood.me/

200 Tandberg Trail

Windham, ME 04062 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Most residents of Ledgewood Manor have cognitive losses, other forms of dementia, or Parkinson's. The facility

provides podiatry, laundry, hairdressing, as well as occupational and physical therapies. Families are encouraged provide transportation to medical appointments. There are 60 beds, All rooms are semi-private and are located or

a single floor with a central living/dining area.

Accepts Mainecare, medicare, private pay, most insurances

Maine Veterans Home: Scarborough

Contact: Phones: (207) 883-7184 [Business],

Last Updated: 11/14/2024 11:09:11AM (800) 278-9494 [Toll-Free]*

Last Reviewed: 03/21/2024

Address: [Business]* Web Site: www.mainevets.org/scarborough/

290 US Route 1

Scarborough, ME 04074 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: The Maine Veterans' Home in Scarborough have 120 beds providing long term care, short term skilled nursing car

memory care, rehabilitation and therapy services. 30 beds for assisted living residential care for those in the early stages of dementia; Respite care; On-site Medical Director and Physician Services; 24-hour RN coverage; Clinical site for educational and training programs. MVH has a team of highly skilled healthcare professionals, trained specifically to care for the physical and emotional needs of Veterans. Offer individualized care plans for each

resident integrating nursing care, rehab & therapies, and recreational activities.

Pine Point Center

Contact: Phones: (207) 883-2468 [Business]*,

Last Updated: 04/04/2024 3:59:04PM (207) 883-3983 [Fax]

Last Reviewed: 04/04/2024

Address: [Business]* Web Site: http://www.genesishcc.com/PinePoint

67 Pine Point Road

Scarborough, ME 04074 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Pine Point Center is a 60-bed skilled nursing facility offering post-hospital, short-term rehabilitation as well as lone

erm and respite care. Our staff is dedicated to serving the medical and rehabilitation needs of individuals recoveri

from an illness or injury. We accept Medicare, Medicaid, and most private insurances.



Pinnacle Health and Rehab at South Portland

Contact: Phones: (207) 767-7401 [Fax],

Last Updated: 11/21/2024 2:46:59PM (207) 799-8561 [Business]*

Last Reviewed: 11/14/2024

Address: [Business]* Web Site: https://pinnaclesouthportland.com/

42 Anthoine Street

South Portland, ME 04106 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Pinnacle has 73 beds for residents with acute and chronic conditions requiring 24 hour skilled medical care. There

a secured Alzheimer's area, and our Platinum Rehab therapy program is a targeted rehabilitation program designe

for our patients to return home at optimal strength and successfully reintegrate into their communities.

Wound Care for patients with complex wounds, we offer an integrated care system of professional, clinical and technical resources. We treat a variety of wounds, including ostomies, diabetic ulcers, arterial/venous ulcers, pressure ulcers and burns.

Our Complex Wound Program includes: Professional skin care and clinical wound management, Patient-specific

seating protocols,

IV therapy (antibiotics), Nutritional counseling.



Piper Shores

Contact: Phones: (207) 883-8700 [Main]*, Last Updated: 04/03/2024 10:27:20AM

(888) 333-8711 [Toll-Free]

Last Reviewed: 03/26/2024

Address: [Business]* Web Site: www.pipershores.org

15 Piper Road

Scarborough, ME 04074 (Cumberland county)

Eligibility:

Notes: Piper Shores is a lifecare retirement community that provides residents with the peace of mind knowing that lifecare combines all the advantages of independent living plus priority access to onsite assisted living and skilled nursing care, if needed. Lifecare at Piper Shores also means that you will always have a predictable monthly

payment for assisted living and nursing home care.

Independent living apartments located in the Oceanside Campus overlooking Casco Bay offers a café, dining room health clinic, library, convenience store, or cocktail lounge. Features sixteen different styles to fit any residents' needs. Ranging from studios and one-bedrooms units to two- bedroom units with a den.

The Meadows independent living cottages at Piper Shores' are ideal for those transitioning from private homes to life in an active retirement community. Privately situated in a lovely wooded grove a short stroll from Oceanside's main building. Features full kitchens, vaulted ceilings, fireplace, garage, ample storage space, sunrooms, private terraces, and daylight basements.

Assisted living residences at Holbrook feature private one-bedroom apartments. Personal care, therapy coordination , transportation scheduling, housekeeping and laundry services are all provided. Respite may be available, contac facility directly for more information and details.

Holbrook's Wayland House Memory Care offers the secure environment. Our PersonFirst® approach to memory care focuses attention on the individual needs, personality, and desires of each of our residents. Respite currently not available on Memory Care.

Holbrook Skilled Nursing offers private rooms for short-term rehabilitation, respite care and long-term nursing care All rooms are presently available on a first come, first served basis, with Piper Shores residents receiving first priority. Dually certified by the State of Maine, Holbrook welcomes both private pay and Medicare patients, accept direct admissions, and offers competitive rates.

Please call for more information about Piper Shores, current availability and fee structure.

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Seaside HealthCare

Contact: Phones: (207) 775-2811 [Fax],

Last Updated: 04/04/2024 4:03:43PM (207) 774-7878 [Business]*

Last Reviewed: 04/04/2024

Address: [Business]* Web Site: www.seaside-healthcare.com

850 Baxter Blvd

Portland, ME 04103 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Seaside Health care Nursing Home has 120 dual NF/Skilled beds, both private and semi-private. Seaside provides

expert, 24/7 residential professional nursing care, along with programs and amenities geared towards every level of ability. Services include wellness programs, restorative care, assistance with activities of daily living, medication

administration and management, and nutritional care.

Sedgewood Commons

Contact: Phones: (207) 781-2002 [Business Fax],

Last Updated: 11/14/2024 11:16:28AM (207) 781-5775 [Business]*

Last Reviewed: 04/03/2024

Address: [Business]* Web Site: www.genesishcc.com/sedgewoodcommons

22 Northbrook Drive

Falmouth, ME 04105 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Sedgewood Commons is a 91-bed Specialized Memory Support Community offering individualized care for those

living with Alzheimer's or other forms of dementia. Each member of our dedicated team has specialized education and training, and we promote consistent relationships with staff and regular routines, which is very important to those with dementia. Respite may be available, contact facility directly for more information and details. Please ca

the Director of Admissions for more information and/or to apply.

Springbrook Center for Healthcare & Rehabilitation

Contact: Phones: (207) 856-1230 [Business]*

Last Updated: 04/04/2024 4:04:35PM

Last Reviewed: 04/04/2024

Address: [Business]* Web Site: www.genesishcc.com/SpringbrookME

300 Spring Street

Westbrook, ME 04092 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Springbrook Center is a skilled nursing facility offering post-hospital, short-term rehabilitation as well as long-term

and respite care services. The Center has a specialized transitional care unit for post-hospital rehabilitation.

Springbrook Center accepts Medicare, Medicaid, and most private insurances.



The Cedars

Contact: Phones: (207) 221-7000 [Main]*,

Last Updated: 03/26/2024 12:22:48PM (207) 772-6038 [Fax], **Last Reviewed:** 03/26/2024 (207) 772-5456 [Business]

Address: [Business]* Web Site: www.thecedarsportland.org

620 - 640 Ocean Avenue

Portland, ME 04103 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: The Cedars offers independent living, assisted living, Memory Care, rehabilitation and Nursing/skilled care options

***Long Term Care Mainecare is ONLY accepted at the Nursing/skilled care level.

The Atrium is the 61 unit independent living community. Housekeeping, linen service, maintenance, choice of meaplan, and optional social, and recreational programs are included in the monthly fee. Pets, including indoor cats as small dogs, are allowed with permission. **Private pay, please call FMI and for current fee structure - independer living requires an entrance fee.

Assisted living at The Osher offers the privacy of your own apartment while providing personal support when you need it. Our staff will help you with activities like bathing, dressing and taking your medications – all under the supervision of a registered nurse. With three nutritious meals daily, a calendar of programs and events, housekeeping and laundry services. **Assisted Living is private pay, please call FMI and for current fee structure.

On-site nursing is available at the Rehabilitation Center and the Skilled Care Center at the Cedars. Mainecare is accepted in the Skilled Care Center.

The Sam L. Cohen Households at The Cedars, offering Memory Care Assisted Living and Long-term, Skilled Nursin Care are like nothing Maine's older adults have seen before. Welcoming private rooms and baths. Cozy and comfortable common spaces. Innovative programs and therapies. **Private pay, please call FMI and for current for structure.

Cedars also offers fine dining take-out Kosher meals. Meal items available correspond with the menu items available to Cedars' Nursing Home residents. Please call dietary department 772-5456 to order meal (s) 2 days in advance, FMI, and to confirm costs. Meals are picked up at the reception desk and are paid for when picked up.

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