

Aging Excellence: Brunswick

Contact: Phones: (207) 729-0991 [Business]*,

Last Updated: 03/19/2024 1:08:57PM (207) 729-0944 [Business Fax]

Last Reviewed: 03/19/2024

Address: [Business]* Web Site: www.seniorsonthego.com

168 Pleasant Street

Brunswick, ME 04011 (Cumberland county)

Eligibility:

Notes: Aging Excellence Inc. offers a variety of non-medical services, activities, and retail goods that are designed to assistant assistant and retail goods that are designed to assistant assis

older adults to remain active and independent in the community. Services include care management coordination

organized day trips and transportation for appointments, and errands, reminder service, chore services,

homemaker/companion services, telephone reassurance, personal care services, and handyman services. Age 50-

or disabled.

Please call FMI and/or a free initial consultation to discuss needs.

Fees vary per project.

Registered Personal Care Agency.

Serves: Brunswick, Cumberland, Freeport, Yarmouth, and Bridgton/Sebago area.

Hours: Monday through Friday 8am - 5pm; services 24/7.

Aging Excellence: Portland

Contact: Phones: (207) 780-2345 [Business]*

Last Updated: 03/19/2024 1:12:55PM

Last Reviewed: 03/18/2024

Address: [Business]* Web Site: www.seniorsonthego.com

15 Baxter Blvd

Portland, ME 04101 (Cumberland county)

Eligibility:

Notes: Aging Excellence offers a variety of services, activities, and retail goods that are designed to assist older adults to

remain active and independent in the community. Services provided include: care management coordination, organized day trips and transportation (please note that Aging Excellence does not have wheelchair accessible vehicles), reminder service, chore services, homemaker/companion services, telephone reassurance, personal car

services, and handyman services. Fees vary depending on service.

Please call for more info or initial consultation (in-home or in-office) to review services

Services Greater Portland Metro Area. Registered Personal Care Agency.

Hours: Monday through Friday 8am - 5pm.



Aging Kingdom Homecare

Contact: **Phones:** (207) 807-2119 [Business]*, Last Updated: 11/14/2024 9:33:47AM

(207) 881-6288 [Alternate]

Last Reviewed: 11/14/2024

Address: [Service Area Placeholder] Web Site: www.agingkingdomhomecare.com/

Biddeford, ME 04005 (York county),

[Business]*

415 Congress St, Suite 406

Portland, ME 04101 (Cumberland county),

[Mailing]

411 Congress St

Portland, ME 04101 (Cumberland county)

Eligibility:

Aging Kingdom Homecare provides all non-medical home care services such as personal care, light housekeeping, Notes: medication reminders, transportation and errand, meal preparation and companionship. Whether you or your love one is in the comfort of their home, in an assisted living, long-term care facility, rehab or coming home from the hospital we will be there. Our niche is spiritual care, so incorporating that into the care plan can be an added

service. Aging Kingdom is licensed, bonded and insured. Two-hour minimum shifts up to 24/7.

Please call for more information on fees, to set up a free home assessment to set up services immediately or whe

you are ready.

Serves all of York and Cumberland County.

Align Home Care

Contact: **Phones:** (207) 835-4849 [Business]*

Last Updated: 11/19/2024 10:59:56AM

Last Reviewed: 11/19/2024

Address: [Business] Web Site: https://alignhomecareservices.com/

124 Fletcher St

Kennebunk, ME 04043 (York county),

[Business]*

251 US Highway 1, Suite D

Falmouth, ME 04105 (Cumberland county)

Eligibility: Age 62 & older or declared disabled, Other - See Notes

Align Home Care believes in customizing balanced and holistic care plans for seniors and adults of any age wantin **Notes:**

> to remain safely in the place they call HOME. Align Home Care encourages our clients to partake in all activities of daily living and home tasks that they can still do, helping them to remain independent, happy and purposeful through any emotional or physical challenge. Care can include, but not limited to, personal care, light housekeep , med reminders, errands, appointments, meal prep and enjoyable trips outside of the home. We specialize in encouraging our clients to maintain good nutrition, hydration, social interaction, mind building activities and spirit

well being. 4 hour shifts up to 24/7 as well as Live-In. Call for a free in-home consultation.



Amada Senior Care

Contact: Phones: (207) 305-2233 [Business]*

Last Updated: 11/22/2024 3:21:52PM

Last Reviewed: 11/22/2024

Address: [Service Area Placeholder] Web Site: https://www.amadaseniorcare.com/southern-mail

ne-senior-care/

Biddeford, ME 04005 (York county),

[Business]*

18 Ocean St, Suite 3

South Portland, ME 04106 (Cumberland county)

Eligibility:

Notes: Our family-run business encompasses three generations of Southern Maine caregivers whose mission of providing

the highest-quality care for seniors represents a passion and chosen life's work. Offering assistance with bathing, dressing, companionship, respite, transportation services, medication reminders, laundry, light housekeeping, laundry, laundry

preparation, mobility, exercise. Able to work with Long Term Care Insurance claims and the VA.

Call us at 207-305-0242, Monday - Friday: 8:00am - 5:00 pm

Proudly serving families in Androscoggin, Cumberland, Oxford, Sagadahoc, and York counties

Angel Home Care & Cleaning

Contact: Phones: (207) 647-2149 [Business]*

Last Updated: 11/22/2024 3:36:19PM

Last Reviewed: 11/22/2024

Address: [Business]* Web Site: http://angelhomecare.live

Not Published

Bridgton, ME 04009 (Cumberland county)

Eligibility:

Notes: Angel Home Care & Cleaning is a registered personal care agency that offers home non-medical services including

companionship, leisure activities, transportation for shopping, errands, and appointments, meal prep and clean up light housekeeping and yard work, assistance with correspondence, pet care, and resources for additional services

They also offer overnight stays and respite care. Serves the Greater Lakes Region area.

Please call to discuss services needed, current hourly and per mile rates; private pay

Rev.20250811 Page 3 of 17



Arcadia Health Care: Portland

Contact: Phones: (866) 324-3401 [24-hour hotline]*,

Last Updated: 12/19/2024 12:19:51PM (207) 347-2377 [Business]

Last Reviewed: 11/22/2024

Address: [Business]* Web Site: www.arcadianewengland.com

Exchange St

Portland, ME 04101 (Cumberland county)

Eligibility:

Notes: Arcadia provides home care tailored to the client's needs and wishes. Health care services are provided by

registered nurses, licensed practical nurses, and certified nurses aides. Non-medical care such as personal care

assistance, homemaker, companionship and transportation is also available.

Please call for more information and/or to arrange for services.

Caring Companion Home Care, LLC

Contact: Phones: (207) 618-2857 [Business]*

Last Updated: 11/26/2024 11:29:03AM

Last Reviewed: 11/25/2024

Address: [Business]* Web Site:

43 Shephard Lane

Portland, ME 04103 (Cumberland county)

Eligibility:

Notes: Caring Companion Home Care provides assistance with bathing dressing, meal preparation, light housekeeping,

laundry, companionship and transportation to appointments.

Please call for more information.



Catholic Charities Maine: Independent Support Serv

Contact: Phones: (207) 781-8550 [Business],

Last Updated: 12/11/2024 12:39:36PM (888) 477-2263 [Toll free in state]*

Last Reviewed: 12/11/2024

Address: [Business] Web Site: www.ccmaine.org/independent-support-services

80 Sherman St.
Portland, ME 04101 (Cumberland county),

[Business]*
66 State Street
P.O. Box 797

Portland, ME 04101 (Cumberland county),

[Business]

307 Congress Street P.O. Box 10660

Portland, ME 04104 (Cumberland county)

Eligibility:

Notes:

Catholic Charities of Maine (CCM) Independent Support Services is the state contractor for homemaking services ection 69) that provides eligible seniors and disabled individuals services such as grocery shopping, laundry and errands, and light house cleaning so that they can remain in their homes. Anyone can make a referral — clients call to request services themselves or be referred by family members, friends, neighbors, caregivers or social services. A co-payment for services may be required; services may be available at no charge for people meeting eligibility guidelines.

CCM determines eligibility for section 69 services, but a referral can still be made to MAXIMUS to determine potential eligibility for other long term care programs. IF MAXIMUS indicates Homemaker is the appropriate program they will refer the individual to CCM.

Choose your own Homemaker with Self Directed Care -If you are eligible for our Self Directed Care program, Catholic Charities will train you in how to direct your own care and assist you in paying your worker. For more information, call 1-888-477-2263.

Eligibility: Age 60 and older or declared disabled; Income = or < 200% FPL and assets < \$50,000/1 or \$75,000/2; deemed eligible by CCM

Please call 781-8550 Portland Office or 888-477-2263 Main Office

Rev.20250811 Page 5 of 17



Coastal Care Solutions, LLC

Contact: Phones: (207) 331-4155 [Business]*

Last Updated: 11/27/2024 10:42:09AM

Last Reviewed: 11/27/2024

Address: [Business]* Web Site: www.coastalcare-solutions.com

26 Willard St

South Portland, ME 04106 (Cumberland county),

[Mailing] 26 Willard St

South Portland, ME 04106 (Cumberland county)

Eligibility:

Notes: Coastal Care Solutions provides personal care and companionship services to older adults and seniors. Our

Specialty care includes respite, 24/7 care, Alzheimer's and dementia, Transitional Care, Home Management Services, End-of-Life Support. Our "Be Well" Philosophy combines aging-in-place and wellness. We promote getti outdoors in nature, being active and independent, and finding the joyful moments in each day. Non-medical care needs/support at home, hospital, or senior living communities. Accepts VA Benefits, Long Term Care Insurance, a

private pay. Serves Southern Maine.

Please call for more information.

Comfort Keepers

Contact: Phones: (207) 494-3026 [Business]

Last Updated: 11/26/2024 3:08:59PM

Last Reviewed: 11/26/2024

Address: [Business] Web Site: www.comfortkeepers.com/offices/maine/scarboro

57 Portland Rd

Kennebunk, ME 04043 (York county),

[Business]* 253 US Route 1

Scarborough, ME 04074 (Cumberland county)

Eligibility:

Notes: Comfort Keepers provides non-medical services in-home and to clients in hospitals, nursing homes or assisted living

facilities. Services offered include personal care, companionship, light housekeeping, laundry, meal prep, medication reminders, grooming, errand services, shopping assistance, recreational activities, transportation to doctor appointments or other commitments, and respite care for caregivers. Focus is older adults but will consider

ugh

adults of any age.

Please call for more information and/or to arrange for services. There are 2 locations - Kennebunk and

Scarborough

Rev.20250811 Page 6 of 17



COR Health Services

Contact: Phones: (207) 347-6106 [Business]*

Last Updated: 03/29/2023 2:18:25PM

Last Reviewed: 03/29/2023

Address: [Business]* Web Site: https://www.corhealthservices.com/home-care-se

980 Forest Avenue, Suite 207 rvices

Portland, ME 04103 (Cumberland county) **Eligibility:** Accepts Mainecare/Medicaid

Notes: COR Health offers a variety of Home Care Services, customized to meet the needs of each individual adult client.

COR Health works with adult clients and their families to determine a plan of care that is individualized to provide

optimal outcomes.

Home Care is a gentle, reliable service that helps enable elderly clients and disabled clients to live independently a home. At COR Health, all of our home care employees are considered "Caregivers," and each is carefully matched to the needs of your loved one – from transportation, to help with daily tasks, to companionship. Services can be

scheduled up to 24/7 coverage.

COR Health also offers a variety of Adult Nursing Services, customized to meet the needs of each individual adult client. We take the time to assess varying factors, including age and medical diagnosis. COR Health works with adult clients and their families to determine a plan of care that is individualized to provide optimal outcomes. COR Health is available from our team of registered nurses who coordinate with the physician to provide consistent, his quality care in the client's home. Adult Nursing Services from COR Health includes these services and more: Asse and monitor health; Administer and adjust medications; Administer IV therapy and enteral feedings; Monitor vital signs, blood pressure, blood sugar, and cholesterol; Provide nutritional management, support and education; Educate clients about medications and disease process; Care for catheter and ostomy clients; Monitor hydration, bowel and bladder functions; Administer injections and perform laboratory testing; Care for wounds or disease-re ted injuries and conditions; Oversee pain management and end-of-life care; Monitor cardiac progress. Our Adult Nursing Services are provided by licensed, skilled medical professionals.

D&C Home Care: Cumberland County

Contact: Phones: (207) 280-7903 [Fax],

Last Updated: 03/20/2024 9:35:56AM (207) 771-0991 [Business]*

Last Reviewed: 03/20/2024

Address: [Business]* Web Site: www.dchomecaremaine.com

152 US Route One

Scarborough, ME 04074 (Cumberland county),

[Mailing] PO Box 926

Scarborough, ME 04070 (Cumberland county)

Eligibility: Age 55 or older

Notes: D&C Home Care offers a variety of services that allow seniors to age in place. These services include homemaker,

ompanion services, personal care, medication management and transportation. Fees vary depending on service. Two hour minimum shift up to 24/7. Please call for more information or to schedule initial consultation. Registered

Personal Care Agency.



EastCoast Caregivers

Last Reviewed: 07/18/2024

Contact: Phones: (510) 825-4697 [Other], **Last Updated:** 07/23/2024 1:20:42PM (207) 692-2271 [Fax],

(207) 692-2271 [Fax], (207) 742-8610 [Business]*

Address: [Service Area Placeholder] Web Site: www.eastcoastcgs.com

Biddeford, ME 04005 (York county),

[Business]*

94 Auburn St, Unit 206

Portland, ME 04103 (Cumberland county),

[Mailing]

94 Auburn St, Unit 206

Portland, ME 04103 (Cumberland county)

Eligibility:

Notes:

East Coast Caregivers provides in-home care services including bathing/showering, dressing/grooming, transfer/n bility, feeding, light housekeeping, laudry, meal prep, transportation, companion care, and respite care. Offers a range of personalized and comprehensive home care services. Our services cover all clients including those with Private Pay, insurance, hospice, as well as those who are eligible for care under local, state, and federal programs Serves the entire State of Maine.



FCP Live-In

Contact: Phones: (207) 205-1406 [Business]*,

(877) 887-2273 [Other]

Last Updated: 02/20/2024 12:36:02PM **Last Reviewed:** 01/23/2024

Address: [Service Area Placeholder] Web Site: www.liveinhomecare.com

Scarborough, ME (Cumberland county),

[Business]*
FCP-Live In
2573 Main Street

Out Of State, CT (county), [Service Area Placeholder]

Biddeford, ME (York county)

Eligibility: Disability / Health Condition

Notes: FCP Live In offers 24/7 care in your home. They require a minimum of 2 weeks.

- Caregivers are certified professional PCA, HHA, & CNAs

- Caregivers are bonded/insured and covered by workers' compensation insurance, unemployment insurance, and on payroll with taxes matched as required by law

- Background checks (state and national) on all caregivers

- Caregivers assist clients w/personal care, medication reminders, meal preparation, housekeeping, and transportation to appointments/errands

- Caregivers assist clients with Alzheimer's/Dementia, and hospice care

- Emergency triage team is available 24/7 for clients, families, caregiversand healthcare providers

We service ME, NH, MA, VT, RI, & CT

First Light Home Care of Southern Maine

Contact: Phones: (207) 591-9139 [Business]*

Last Updated: 11/27/2024 10:31:45AM

Last Reviewed: 11/27/2024

Address: [Business]* Web Site: www.firstlighthomecare.com

940 Roosevelt Trail, Suite 6

Windham, ME 04062 (Cumberland county)

Eligibility:

Notes: First Light Home Care of Southern Maine is a home non-medical services provider offering complete companion as

personal care services for seniors, new mothers, and those recovering from surgery - or anyone who just needs a

little assistance.

They also offer a Personal Emergency Response and MedSmart (medication dispensing system) - There is a one time installation fee that includes a monthly visit at no cost to check that it is working correctly. Please call for mor

information.



Friends In-Home Care

Contact: Phones: (207) 846-5525 [Business]*,

(866) 846-5525 [Toll free in state]

Last Reviewed: 11/27/2024

Address: [Business]* Web Site: http://friendsinhomecare.com/

765 Rt 1

Last Updated: 11/27/2024 10:27:24AM

Yarmouth, ME 04096 (Cumberland county)

Eligibility:

Notes: Friends In-Home Care is a non-medical service offering assistance with activities of daily living and services such a

transportation (for errands, shopping, appointments or just a drive), light house cleaning, meal preparation and companionship. In addition, personal care such as bathing and toileting, assistance with ambulation and physical

therapy routines is offered. Visit times are flexible and range from 3hrs to 24hrs a day.

FIHC offers a Hospital to Home service. The program is designed the program to help seniors return home safely after being hospitalized. They can accommodate both planned and unplanned hospitalizations and will tailor your care needs to your individual requirements. Our staff will be happy to meet you at the hospital, provide transportation home, make any stops necessary such as picking up prescriptions, grocery shopping and anything else you may need. Once arriving at your home, we can help get you settled, prepare food, tidy up make sure you're comfortable. From that point we can schedule staff to stay with you for as long as you like or return for

follow up visits.

Please call with questions or for more information.

Gardenia Home Care, LLC

Contact: Phones: (207) 239-7563 [Business]*

Last Updated: 03/19/2025 8:20:48AM

Last Reviewed: 03/05/2025

Address: [Service Area Placeholder] Web Site: www.gardeniahomecare.com

Scarborough, ME 04074 (Cumberland county),

[Business]*

958 Townhouse Rd

Waterboro, ME 04087 (York county)

Eligibility:

Notes: Gardenia Home Care, LLC provides high quality, compassionate home care services to individuals in need of

assistance with eating, bathing, dressing and support with chores such as grocery shopping, laundry, housekeepir

meal preparation and companionship for seniors and individuals with disabilities.

Serves most of Cumberland County and parts of York County.

Rev.20250811 Page 10 of 17



Hands At Home Care Services LLC

Contact: Phones: (802) 829-3256 [Other], **Last Updated:** 10/03/2024 9:47:53AM (800) 682-5220 [Busines

(800) 682-5220 [Business]*, (802) 332-3706 [Fax]

Address: [Business]* Web Site: www.handsathomecareservices.com

254 Commercial Street Merril's Wharf

Suite 245

Last Reviewed: 06/27/2024

Portland, ME 04101 (Cumberland county),

[Service Area Placeholder]

Biddeford, ME 04005 (York county),

[Mailing]

4477 Main St, Unit 24 Out Of State, VT (county)

Eligibility:

Notes: Hands At Home Care Services is committed to delivering person-centered care with utmost respect and compassion, ensuring everyone feels valued and understood. Our goal is to facilitate aging in place. We do thisby assisting w

all aspects of care, including companionship, light housekeeping, meal prep, transportation,pet support, respite for caretakers, personal care, mobility support, and documentation for loved ones out of the home. Private pay, and

also can work with Long Term Care Insurance and MaineCare, contracted with the State of Maine. Serves York, Cumberland and Androscoggin County.



Home Helpers Home Care of Portland

Contact: Phones: (207) 420-2035 [Business]*,

Last Updated: 11/19/2024 10:01:30AM (207) 222-0033 [Fax]

Last Reviewed: 10/10/2024

Address: [Service Area Placeholder] Web Site: https://www.homehelpershomecare.com

Biddeford, ME 04005 (York county),

[Business]*
980 Forest Ave

Portland, ME 04101 (Cumberland county)

Eligibility:

Notes: At Home Helpers Home Care of Portland, we provide compassionate and personalized in-home care services that

allow individuals to maintain their independence, dignity, and quality of life in the comfort of their own homes. Ou services are designed to support seniors, individuals recovering from illness or surgery, and those managing chror

conditions or disabilities.

Our Services Include: Bathing, dressing, and grooming, Mobility assistance and transfer-ing, Incontinence care an

toileting, Medication reminders.

Companionship: Social engagement and emotional support, assistance with hobbies and activities, accompanying

clients to appointments and social events, etc.

Serves: Cumberland and York County

Rev.20250811 Page 12 of 17



Home Instead Senior Care: Cumberland County

Contact: Phones: (207) 839-0441 [Business]*

Last Updated: 08/20/2024 3:43:09PM

Last Reviewed: 08/20/2024

Address: [Business]* Web Site: www.homeinstead.com/321

502 Main Street

Gorham, ME 04038 (Cumberland county)

Eligibility:

Notes: Home Instead® has been providing in-home care across Cumberland County for over two decades. Their skilled

Care Professionals work with clients to promote healthy living and enable them to age in place safely, while maintaining a high quality of life. Services include personal care, companionship, meal preparation, medication reminders, light housekeeping, transportation to appointments and activities, errands, end-of-life care, and

specialized Alzheimer's and dementia care.

HFC® (Hilarity for Charity) and the Home Instead® network are working together to award home care grants to those providing care to their loved ones living with Alzheimer's disease or other types of dementia. The HFC Resp Grants are awarded across the United States and Canada. The Grants cover professional care services and have r cash value. To learn more, go to https://www.wearehfc.org/care-grants.

Please call the office to discuss your needs or to arrange a free no-obligation in-home assessment.

Hours: Phones are answered 24/7. Office hours: Monday – Friday, 8:00 am – 5:00 pm. (or 8:00 to 17:00 for consistency)

Rev.20250811 Page 13 of 17



Home Support Services, LLC

Last Updated: 07/24/2024 1:14:14PM

Contact: Phones: (207) 892-1454 [Business]*,

(207) 892-1452 [Fax]

Last Reviewed: 07/24/2024

Address: [Business] Web Site: www.callhomesupport.com

744 Roosevelt Trail, Suite 210

Windham, ME 04062 (Cumberland county)

Eligibility:

Notes: Home Support Services specializes in helping with housekeeping chores like vacuuming, sweeping, mopping floors grocery shopping, meal planning and preparation, laundry and making beds. Our caregivers make it possible for

elderly clients to save their time for the more important things in life...being with family, going for walks, cuddling

pet, and especially, remaining at home.

Personal Care Assistance is for elderly clients for whom Homemaker Service is not quite enough to meet their unique needs. For them, hands on assistance may be needed. Our experienced Personal Support Specialists have

successfully passed State approved courses and will provide that personal service with respect and discretion.

To further compliment our in-home elder care services (and add another level of safety and security) we offer our HelpLine® Medical Alert Systems. Intended for seniors who have an unsteady gait, history of falls, or live alone.. the medical alert system makes it possible to summon help by simply pressing a button.

Please call or visit the website for more information, current fees, and to arrange fo services.

In-Home Senior Services

Contact: Phones: (800) 689-4311 [Toll-Free],

Last Updated: 11/27/2024 11:22:30AM (207) 222-0740 [Business]*,

Last Reviewed: 11/24/2024 (207) 222-0742 [Fax]

Address: [Business]* Web Site: www.inhomeseniorservices.com

20 Mechanic St.
Gorham, ME 04038 (Cumberland county)

Eligibility:

Notes: Services are customized to meet client needs, and can be arranged hourly, daily, weekly or twenty four hours a di

- whatever it takes to keep one secure and safe at home. Services offered include personal care, companionship, homemaking services and transportation for appointments, shopping and errands. Respite care can be arranged a

well.

Please call for more information or to set up an in-home appointment to discuss service needs.

Rev.20250811 Page 14 of 17



Kind Senior Care: Maine

Contact: Phones: (207) 517-2233 [Business]*

Last Updated: 11/19/2024 10:51:36AM

Last Reviewed: 04/02/2024

Address: [Business]* Web Site: https://kindseniorcare.com/maine/

40 Lafayette St, Suite 2

Yarmouth, ME 04096 (Cumberland county),

[Mailing]

40 Lafayette St, Suite 2

Yarmouth, ME 04096 (Cumberland county)

Eligibility:

Notes: At Kind Senior Care, we proudly serve those living in Cumberland County and Northern York County with in-home

senior care. We offer non-medical home care services that are compassionate, dependable, and incorporate modern practices. Out home care agency collaborates with you to creat a personalized plan and connect you with

the most suitable caregiver.

MAS Home Care of Maine

Contact: Phones: (207) 591-4457 [Business]*,

Last Updated: 03/29/2023 2:36:11PM (207) 591-4450 [Fax]

Last Reviewed: 03/29/2023

Address: [Business]* Web Site: www.mashomecare.com

21 Saco Street

Westbrook, ME 04092 (Cumberland county),

[Business] 1190 Lisbon St

Lewiston, ME 04240 (Androscoggin county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Provides PCA care, either short or long term ranging from 2 hours up to 24 hours. Provide PSS, CNA/HHA, LPN, R

PT, OT, ST, RT services to clients in a home care setting. Provide lab services such as blood draws etc and IV

Therapy to clients. Hours: Mon-Fri 8a-4p; on call available after hours 7 days a week

Please Call for more information and/or to schedule services

Rev.20250811 Page 15 of 17



P & G Personal Care, LLC

Contact: Phones: (207) 956-3327 [Business]*

Last Updated: 05/31/2024 8:41:03AM

Last Reviewed: 05/31/2024

Address: [Business]* Web Site:

400 Congress St, Suite 306

Portland, ME 04101 (Cumberland county)

Eligibility:

Notes: P&G Personal Care, LLC provides caregivers that are PSS (Personal Support Specialists) and CRMA (Certified

Residential Medication Aid) certified. Please call for more information on services and rates.

Pine Tree Home Health Care

Contact: Phones: (207) 926-6190 [Business]*

Last Updated: 12/13/2024 12:50:30PM

Last Reviewed: 12/13/2024

Address: [Mailing] Web Site: www.pinetreehomehealth.com

Po Box 88

New Gloucester, ME 04260 (Cumberland county),

[Business]*

21 Upper Village Street

New Gloucester, ME 04260 (Cumberland county)

Eligibility:

Notes: Pine Tree Home Health Care provides personal care, respite, homemaker services including light housekeeping ar

errand running.

Serves: Gray-New Gloucester, Freeport, Raymond, Windham, N. Windham, Casco; Portland, Falmouth, Yarmouth,

.Yarmouth.

Counties: Androscoggin, Cumberland, Sagadahoc, Oxford and York.

Please call FMI or to discuss services needed; expect a prompt response - will try to accommodate emergency

situations.



Right at Home: Home Care and Assistance

Contact: Phones: (207) 707-6011 [Business]*,

(207) 430-9955 [Fax]

Last Updated: 04/07/2023 12:04:44PM **Last Reviewed:** 03/29/2023

Address: [Service Area Placeholder] Web Site: www.rightathome.net/greater-portland-me

Biddeford, ME 04005 (York county),

[Business]*
51 US Route One

Scarborough, ME 04074 (Cumberland county),

[Mailing]

51 US Route One

Scarborough, ME 04074 (Cumberland county)

Eligibility:

Notes: Right at Home Maine provides supportive care to seniors from York to Brunswick. We are a family owned agency

with over 20 years of experience in senior home care. Right at Home supports older Mainers in their desire to be independent at home. Call today to discuss care options for how your loved one can stay in their home and Right

Home will match you with a caregiver that will support you or your family members independence.

Spectrum Staffing & Home Care

Contact: Phones: (207) 854-2581 [Business]*,

Last Updated: 02/04/2025 12:18:49PM (207) 854-4711 [Business Fax]

Last Reviewed: 02/04/2025

Address: [Business]* Web Site: www.spectrummaine.com

92 US Route 1

Cumberland Foreside, ME 04110 (Cumberland

county)

Eligibility:

Notes: Spectrum Staffing & Home Care is a licensed home health agency. Whether we're assisting you or your loved one

with their daily responsibilities or supporting their transition back home from a hospital stay, we want to help you

make it work. We offer non-medical care and companionship from the comfort of home.

Dementia Support- In a world where everything seems to become unfamiliar and uncertain, let us be the peace o mind. We'll help to better equip you with tips and tools to more effectively and purposefully communicate. We're

here for your support.

End Of Life Care - You don't need to navigate this alone. We're right here to offer support and guidance as you pl and approach end of life decisions. Spectrum Staffing & Home care can help you and your loved ones find peace

and purpose during end of life. With us, you are never alone during this difficult time.

We're here to help. Submit a request by emailing us at spectrum@spectrummaine.com.