

Amedisys Home Health Care

Contact: **Phones:** (207) 772-7520 [Business]*, Last Updated: 11/22/2024 3:22:10PM

(800) 558-0076 [Toll free out]

Last Reviewed: 11/22/2024

Address: [Business] Web Site: www.amedisys.com

Saco, ME 04072 (York county),

[Business]* 34 Atlantic Place

South Portland, ME 04106 (Cumberland county)

Eligibility: Accepts Medicare

Amedisys is a Home Health Care Agency. Home care services offered are: Skilled Nursing, Home Health Aides, **Notes:**

Physical Therapy, Occupational Therapy, Speech Therapy, Medical Social Workers, and specialized nursing programs such as cardiac, diabetes, pain management, wound care, infusion therapy, oncology and psychiatric

services, hospice and palliative care.

Serves: Cumberland, York, Androscoggin, Kennebec, Knox, Lincoln, Oxford, Sagadahoc Counties

Please call for more information and/or to arrange for services.

Andwell Health Partners (AHCH)

Contact: Phones: (800) 482-7412 [Business]*,

(207) 777-7740 [Main] Last Updated: 11/06/2024 12:53:44PM

Last Reviewed: 11/06/2024

Address: [Business]* Web Site: www.andwell.org

175 Portland Rd

Bridgton, ME 04009 (Cumberland county),

[Mailing]

15 Strawberry Avenue

Lewiston, ME 04240 (Androscoggin county)

Eligibility: Accepts Mainecare/Medicaid, Accepts Medicare

Skilled home care, nursing, therapy, social work, personal care, specialty and volunteer services during recovery **Notes:**

from short term illness or injury; hospice care for individuals and families dealing with terminal illness; extended hours of care available to persons with long term medical conditions or physical limitations. Counties currently

served* Androscoggin; Cumberland; Franklin; Kennebec; Lincoln; Oxford; Sagadahoc; Somerset; York



Apria Healthcare

Contact: **Phones:** (207) 245-6040 [Business]*, Last Updated: 12/19/2024 11:47:54AM

(888) 492-7742 [Business]

Last Reviewed: 12/19/2024

Address: [Business]* Web Site: www.apria.com

125 John Roberts Road, Suite 19A

South Portland, ME 04106 (Cumberland county) Eligibility: Accepts Mainecare/Medicaid, Accepts Medicare

Apria Healthcare offers a comprehensive range of home respiratory, home infusion therapy and home medical Notes:

equipment services.

Please call for more information

Arcadia Health Care: Portland

Contact: **Phones:** (866) 324-3401 [24-hour hotline]*,

(207) 347-2377 [Business] **Last Updated:** 12/19/2024 12:19:51PM

Last Reviewed: 11/22/2024

Address: [Business]* Web Site: www.arcadianewengland.com

Exchange St

Portland, ME 04101 (Cumberland county)

Eligibility:

Arcadia provides home care tailored to the client's needs and wishes. Health care services are provided by Notes:

registered nurses, licensed practical nurses, and certified nurses aides. Non-medical care such as personal care

assistance, homemaker, companionship and transportation is also available.

Please call for more information and/or to arrange for services.

CenterWell Home Health

Contact: **Phones:** (207) 772-0954 [Business]*

Last Updated: 11/27/2024 10:41:25AM

Last Reviewed: 11/27/2024

Address: [Business]* Web Site: www.centerwellhomehealth.com/

51 Baxter Blvd

Portland, ME 04101 (Cumberland county)

Eligibility:

CenterWell Home Health, formally Kindred at Home, coordinates patient care and offers a full range of in-home Notes:

services by nursing staff, including: Nursing, Cardiac care, Disease and pain management, Physical, occupational and speech therapy, Infusion nursing and wound care. They also offer Safe Strides, a nationally-recognized fall-pr vention/balance program offered to homebound beneficiaries and a Neuro-Rehabilitation program that offers an inter-disciplinary approach to the care of patients managing recovery from Strokes, Parkinson's, ALS, Multiple

Sclerosis and other progressive neurological disorders.



COR Health Services

Contact: Phones: (207) 347-6106 [Business]*

Last Updated: 03/29/2023 2:18:25PM

Last Reviewed: 03/29/2023

Address: [Business]* Web Site: https://www.corhealthservices.com/home-care-se

rvices

Portland, ME 04103 (Cumberland county)

980 Forest Avenue, Suite 207

Eligibility: Accepts Mainecare/Medicaid

Notes: COR Health offers a variety of Home Care Services, customized to meet the needs of each individual adult client.

COR Health works with adult clients and their families to determine a plan of care that is individualized to provide

optimal outcomes.

Home Care is a gentle, reliable service that helps enable elderly clients and disabled clients to live independently home. At COR Health, all of our home care employees are considered "Caregivers," and each is carefully matched to the needs of your loved one – from transportation, to help with daily tasks, to companionship. Services can be

scheduled up to 24/7 coverage.

COR Health also offers a variety of Adult Nursing Services, customized to meet the needs of each individual adult client. We take the time to assess varying factors, including age and medical diagnosis. COR Health works with adult clients and their families to determine a plan of care that is individualized to provide optimal outcomes. COR Health is available from our team of registered nurses who coordinate with the physician to provide consistent, his quality care in the client's home. Adult Nursing Services from COR Health includes these services and more: Asse and monitor health; Administer and adjust medications; Administer IV therapy and enteral feedings; Monitor vital signs, blood pressure, blood sugar, and cholesterol; Provide nutritional management, support and education; Educate clients about medications and disease process; Care for catheter and ostomy clients; Monitor hydration, bowel and bladder functions; Administer injections and perform laboratory testing; Care for wounds or disease-re ted injuries and conditions; Oversee pain management and end-of-life care; Monitor cardiac progress. Our Adult Nursing Services are provided by licensed, skilled medical professionals.

Rev.20250409 Page 3 of 7



Coveside Physical Therapy, LLC

Contact: Elizabeth Doughtv. PT.DPT.CDP Phones:

Last Updated: 03/06/2025 2:54:50PM

Last Reviewed: 03/06/2025

Address: [Mailing]* Web Site: www.covesidephysicaltherapy-llc.com

Chebeague Island, ME 04017 (Cumberland county

Eligibility:

Notes: Coveside Physical Therapy, LLC is a private practice providing physical therapy services to the older adult

community. Services are delivered one-on-one in clients' homes including Independent and Assisted Living

Communities as well as Islands within Casco Bay.

Coveside Physical Therapy, LLC provides in-home physical therapy services (PT) to seniors. Licensed Physical Therapist in Maine, Geriatric Certified Specialist (GCS) and Certified Dementia Practitioner (CDP). Medicare and most commercial insurances accepted with appropriate referral from primary care physician. Please call for more

(207) 846-1696 [Fax],

(508) 735-7507 [Business]*

information or to discuss intake process. By appointment.

Serves: Islands of Casco Bay, Coastal Portland area, and some York County.

Elara Caring

Contact: Phones: (207) 703-2416 [Business Fax],

Last Updated: 11/19/2024 12:36:55PM (207) 703-2413 [Business]*

Last Reviewed: 11/19/2024

Address: [Service Area Placeholder] Web Site: https://elara.com/

Biddeford, ME 04005 (York county),

[Business]*

311 Darling Ave, Suite A16

South Portland, ME 04106 (Cumberland county)

Eligibility:

Notes: Dedicated to providing the highest quality home-based patient care with compassion and respect for each person

Accepts patients for care regardless of age, race, color, national origin, religion, sex, disability, being a qualified disabled veteran, being a disabled veteran of the Vietnam era or any other category protected by law, or decision regarding advance directives.

regarding advance directives.

Skilled Home Health in Portland- With a focus on recovery, rehabilitation and health education, our Portland supporteam provides a wide range of skilled home health services wherever you or your loved one calls home. Portland Skilled Home Health Areas Served: York County, South Portland and the city of Portland.

Behavioral Health in Portland - Assessment, education and action plans that promote recovery at home are the focus of our Portland care team. We support individuals with a wide range of behavioral health conditions. Portlar Behavioral Health Counties Served: Androscoggins, Cumberland, Oxford, York.

Accepts Medicare and Mainecare.

Rev.20250409 Page 4 of 7



Interim Healthcare

Contact: Phones: (207) 775-3366 [Business]*

Last Updated: 03/29/2023 2:31:29PM

Last Reviewed: 03/29/2023

Address: [Business]* Web Site: www.interimhealthcare.com/portlandme

20 Atlantic Place

South Portland, ME 04106 (Cumberland county) **Eligibility:** Accepts Mainecare/Medicaid, Accepts Medicare

Notes: Interim HealthCare provides a broad array of home care and supportive services that include Skilled Nursing,

Supportive services such as assistance with bathing, medications and personal care, Physical, Occupational, Speec

& Language Therapy, and Home IV Therapy.

Please call for more information or to arrange intake.

MaineHealth Care At Home

Contact: Phones: (866) 255-8744 [Toll-Free]*,

Last Updated: 07/24/2024 1:25:05PM (207) 282-4148 [Fax], (800) 660-4867 [Business], (207) 284-4566 [Business]

Address: [Service Area Placeholder] Web Site: www.mainehealth.org/mainehealth-care-at-home

Portland, ME (Cumberland county),

[Residence]*

15 Industrial Park Road Saco, ME 04072 (York county)

Eligibility: Accepts Mainecare/Medicaid, Accepts Medicare

Notes: MaineHealth Care At Home (formerly known as HomeHealth Visiting Nurses) and SMHC Visiting Nurses have

merged into one Home Health Agency that offers nursing care, home health aide services, and physical, occupational & speech therapies. They also offer Telehealth monitoring and Home Safety and Fall Prevention programs. The "Help at Home" program offers personal care and companionship services. There are a number of

Support Groups including "Enjoy Life with Diabetes."



MaineHealth CHANS: Home Health and Hospice

Contact: Phones: (207) 729-6782 [Business]*

Last Updated: 01/17/2025 10:57:42AM

Last Reviewed: 01/17/2025

Address: [Business]* Web Site: https://www.chanshomehealth.com/

60 Baribeau Drive

Brunswick, ME 04011 (Cumberland county) **Eligibility:** Accepts Mainecare/Medicaid, Accepts Medicare

Notes: CHANS Home Health & Hospice is full service non-profit, Joint Commission Accredited agency providing skilled hor

health, hospice, private duty care services and an array of community based wellness clinics and support services

Mid Coast Maine.

CHANS offers a variety of home health services provided by a professional team including Registered Nurses, Advanced Practice Nurses, Certified Home Care Aides, Physical and Occupational Therapists, Speech Language Pathologists and Medical Social Workers. They also offer Hospice Care, Diabetes Management, Mental Health

Nursing Services and caregiver respite.

Towns served in Cumberland county include Freeport, North Yarmouth, Yarmouth and Pownal

MAS Home Care of Maine

Contact: Phones: (207) 591-4457 [Business]*,

Last Updated: 03/29/2023 2:36:11PM (207) 591-4450 [Fax]

Last Reviewed: 03/29/2023

Address: [Business]* Web Site: www.mashomecare.com

21 Saco Street

Westbrook, ME 04092 (Cumberland county),

[Business] 1190 Lisbon St

Lewiston, ME 04240 (Androscoggin county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Provides PCA care, either short or long term ranging from 2 hours up to 24 hours. Provide PSS, CNA/HHA, LPN, R

PT, OT, ST, RT services to clients in a home care setting. Provide lab services such as blood draws etc and IV

Therapy to clients. Hours: Mon-Fri 8a-4p; on call available after hours 7 days a week

Please Call for more information and/or to schedule services



Maxim Healthcare Services

Contact: Phones: (207) 822-4010 [Business]*

Last Updated: 03/29/2023 2:41:01PM

Last Reviewed: 03/29/2023

Address: [Business]* Web Site: www.maximhealthcare.com

1685 Congress St.

Portland, ME 04102 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid, Accepts Medicare

Notes: We offer skilled nursing, physical rehabilitation, personal caregiving, respite care and behavioral care for individua

with chronic and acute illnesses and disabilities. Our team of nurses, therapists and home health aides help patier

of all ages maintain their quality of life in the comfort of home.

Private duty nursing allows medically fragile patients to receive quality, skilled nursing care in the comfort of their

home. Our patients and families have access to on-call support 24/7.

Personal Caregiving Services - Our qualified and compassionate caregivers work to keep you and your loved ones healthy and safe by providing assistance with many different personal care activities. Our personal care services a available 24/7 and tailored to meet our patient's individual needs.

Case Coordination Services- Maxim's care coordination services organize care activities participants involved in a patient's care to facilitate the appropriate delivery of healthcare services.

New England Life Care

Contact: Phones: (207) 878-1288 [Business],

Last Updated: 11/26/2024 2:57:53PM (800) 290-6558 [Other]*, **Last Reviewed:** 11/21/2024 (207) 321-6352 [Business]

Address: [Business]* Web Site: www.nelifecare.org/

600 Southborough Dr.

South Portland, ME 04106 (Cumberland county),

[Business]

108a Industrial Way

Portland, ME 04103 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid, Accepts Medicare

Notes: New England Life Care home infusion therapy or specialty pharmacy services as part of an advanced home care

plan. From your hospital room to your home, our dedicated, compassionate and highly skilled New England Life Care clinicians will: teach you how to manage lifesaving and life-sustaining nutritional, anti-infective, chemotherar and pain management treatments; monitor your advanced home care to ensure the best possible outcomes; deliv specialty pharmacy medications and home infusion therapy supplies when and where you need them; work closel

with your medical and insurance providers for smooth, stress-free care management service.

New England Life Care is nationally recognized as a nonprofit, mission-driven home infusion therapy and specialty pharmacy services provider affiliated with 50+ of New England's premier medical centers. We are a community-be ed organization with a charitable focus that our neighbors in Massachusetts, New Hampshire, Maine and Vermont rely on for the home infusion therapies they need to recover quickly in the comfort of their home.