



## Dental Suggestions

- More and more Medicare Advantage Plans are offering dental benefits. Call your insurance company to see if they provide any benefits (telephone number is on the back of your card).
- As of July 2022, people 21 and over with full MaineCare have access to comprehensive dental coverage. For more information or to find a provider, call MaineCare Member Services at 1-800-977-6740.
- If you are a Veteran, you may be eligible for benefits. Check with the VA Regional office by calling 1-800-827-1000.
- Does your dentist offer any payment plans or sliding fee scales? Does your dentist offer a senior discount?
- Would private dental insurance be an option for you? You can compare Stand Alone Dental Plans by visiting Maine Bureau of Insurance online at: <https://www.maine.gov/pfr/insurance/consumers/health-insurance-for-individuals-and-families/> or call Consumers for Affordable Health Care at: 1-800-838-0388 for additional resources.
- Would Care Credit work for you (credit card specifically for medical care needs)? They can be reached by calling 1-800-677-0718 or <https://www.carecredit.com>.

**Please see list of specific dental resources and dental clinics.**

Disclaimer: Community resources are provided as a service of the Southern Maine Agency on Aging at the Sam L. Cohen Center, 30 Barra Rd., Biddeford, ME 04005, 1-800-427-7411. The Agency on Aging does not license, endorse or recommend any provider, nor can we guarantee the quality of service from any provider.