

**Maine Senior FarmShare 2025**

**Maine Senior FarmShare (MSFP) provides income-eligible older adults the opportunity to receive a share (worth $50) of local produce at no cost from Maine farmers during the growing season.**

## **Who?**

To take part in MSFP, you must:

* Be a Maine resident
* Be 60 years old or older (55 years old or older for Native Americans)
* 18 years old or older for disabled adults living in senior housing with a cafeteria
* Meet the income guidelines, with a gross income at or below:
  + $27,861 per year for a one-person household; or
  + $37,814 per year for a two-person household

## **What?**

Participants receive $50 worth of local produce from an MSFP authorized farm or farmers’ market. Shares are distributed on a first-come, first-served basis. You may be put on a waiting list.

## **When?**

Sign-up begins each year in April. Be sure to note when your farm closes for the season so you can use your full share.

## **How?**

To sign up, **call the farm directly each year**. It is your responsibility to contact an authorized farm to sign up for the program. You will not be automatically re-enrolled the following year. **You may only sign up with one farm per year.** You can find a list of participating farmers or farmer’s market online [Maine Senior FarmShare Program: Agricultural Resource Development Division: Maine DACF.](https://www.maine.gov/dacf/ard/food-assistance/farmshare/olderadults.shtml#eligible)

**Need a Proxy?**

Complete a form and someone else can assist with applying, shopping, picking up the produce for you or accepting deliveries! Form can be mailed to you. [STATE OF MAINE](https://www.maine.gov/dacf/ard/food-assistance/farmshare/docs/individual-proxy-form.pdf)

**If you need help determining your eligibility or finding a farm, contact:**

* The Southern Maine Agency on Aging at (207) 396-6500 or [referral@smaaa.org](mailto:referral@smaaa.org)
* Maine Senior FarmShare Program at (207) 287-3491, [seniorfarmshare.agr@maine.gov](mailto:seniorfarmshare.agr@maine.gov) or [Send us a message](https://forms.office.com/g/FNShaX8xTw).