



Southern Maine
AGENCY
On **AGING**
 EMPOWERING OLDER ADULTS
 AND THEIR CAREGIVERS

Comparing Priorities for Living Options

You can use this sheet to help clarify and compare notes about what is most important in a living environment.

Filled out by: _____ and _____						
How important is each item?	Very Important		Somewhat Important		Not Important	
Personal Preferences						
Staying in current home						
Staying in present community						
Having a pet						
Living near place of worship						
Convenience of shopping						
Privacy						
Having own household and personal items						
Keeping costs affordable						
Social Supports						
Access to social / recreational activities						
Access to educational / work opportunities						
Living near friends						
Living near family						

	Very Important		Somewhat Important		Not Important	
Living Supports						
Availability of medical services						
Security						
Availability of transportation						
Help with household tasks						
Help with meal preparation						
Help with personal care						
Help with managing medications						
Availability of on-call assistance						
Availability of assistance throughout day						
Service flexibility for future needs						

How will we know when to review priorities again? (at least every 5 years; change in health or finances; loss of home or job; etc.) _____

NEXT STEPS: Thinking about priorities is important. Learning about options is also important. You can contact SMAA to learn about what is available in the area and talk about what your next steps might be.

Call 1-800-427-7411 and ask for the Resource Specialist on duty, or send an email through the SMAA website (www.smaaa.org) Information and Resources department “request information” feature.

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