



Driver Evaluation and Assessment Resources

Alpha One, 127 Main St., South Portland, ME

207-767-2189; www.alphaonenow.org/adaptive_driving.htm. Complete driver evaluations conducted by dually licensed Occupational Therapists and Driver Educators, for people with lifelong or acquired disabilities to facilitate ability to begin or return to driving. Fee for service includes clinical assessment and on-road evaluation.

New England Rehabilitation Hospital, 335 Brighton Ave., Portland, ME, 207-662-8377;

www.nerhp.com/en/hospital-programs/outpatient-rehabilitation/driving. Physician's order required. Recommendations made to family and referring physician. Fee includes clinical assessment and on-road evaluation.

Southern Maine Health Care, Kennebunk Therapy Center, 4 Shape Drive, Kennebunk, ME

207-467-6999; www.smhc.org/medical-services-overview/driving-evaluation. Driver evaluation (private pay) offers assessment and recommendations on a person's capacity to drive, and modifications to assist an individual to resume driving, through clinic and on-road evaluation.

Pathways Rehabilitation Services, 77 Jordan Ave., Brunswick, ME, 207-530-0307;

<http://pathwaysrehabservices.com/>. Driving evaluations at home and on the road, driver training, and automotive adaptive equipment consultations by an occupational therapist who is a certified Maine driving instructor. (Private pay)

Driver Improvement Courses

AAA Northern New England, 68 Marginal Way, Portland, ME, 207-780-6800; [AAA Driver Education | Traffic Safety & Driving Programs](#). Classroom and on-line courses available; insurance discounts may apply

AARP Maine, 1685 Congress St., Portland, ME 04102, 1-877-846-3299; www.aarp.org/home-garden/transportation/driver_safety/. Classroom and on-line courses available; insurance discounts may apply

Maine State BMV Guidelines

Rules relating to conditions that impact driving are available at:

www.maine.gov/sos/bmv/licenses/medical.html

Form for physicians to report medical concerns affecting driving:

www.maine.gov/sos/bmv/forms/CR24.pdf

Older Driver Safety Information

AAA Senior Driving website, [Senior Programs \(aaa.com\)](http://Senior Programs (aaa.com)) has multiple resources to help drivers stay safe as we age. AAA [How to Talk to an Elderly Person About Driving \(aaa.com\)](http://How to Talk to an Elderly Person About Driving (aaa.com)).

National Highway Traffic Safety Administration, Older Drivers | NHTSA. Downloadable information on older driver safety, and how specific conditions may affect driving.

National Institute on Aging, www.nia.nih.gov/health/publication/older-drivers , offers Age Page informational brochures, including one on older driver safety.

The Hartford, www.thehartford.com/mature-market-excellence/family-conversations-with-olderdrivers, has information on their website and a booklet, including problem-solving worksheets, to help facilitate family conversations about driving, and information/booklet that explains comprehensive driving evaluations, www.thehartford.com/mature-market-excellence/driving-evaluation.

The Association for Older Driver Rehabilitation Specialists, ADED. This organization has an online directory of certified driver rehabilitation specialists and driver rehabilitation specialists, searchable by state.

The Eldercare Locator (800-677-1116), [Eldercare Locator \(acl.gov\)](http://Eldercare Locator (acl.gov)) is a public service of the U.S. Administration on Aging. It offers free downloadable publications plus a localized directory of transportation resources.

Driving and Cognitive Losses

The Hartford offers information, worksheets, and a free book to help address concerns about dementia and driving:

www.thehartford.com/mature-market-excellence/dementia-driving.

The Alzheimer's Association has a section of their website devoted to driving and dementia:

www.alz.org/care/alzheimers-dementia-and-driving.asp.