

2019 Maine Senior Games Official Entry Form ~Open to Adults age 45 +

Last Name _____ First _____ Male _____ Female _____

Address: _____ Age _____ Birthdate ____/____/____
(Must be 45 or older on or before Dec. 31, 2019)

City: _____ State _____ Zip _____ Phone _____

E-Mail _____ (please print clearly)

Emergency Contact: Name _____ Phone: H or C _____

Please Circle T-Shirt Size: S M LG XL XXL (\$2 extra)

Registration: (includes MSG t-shirt, snacks, water, athlete bag)
Electronic registration: \$ 35 allows participation in one sport (includes \$5 processing fee)
\$ 5 each additional sport
Paper registration: \$ 45 allows participation in one sport (includes \$5 processing fee)
Team Fees: \$150 Basketball, (Must also turn in Team Roster)

*Electronic
registrations
may be paid by
credit card*

Some sports have additional fees

PLEASE CHECK THE EVENTS THAT YOU ARE REGISTERING FOR

Archery (choose only one)
____ Compound Fingers (sights)
____ Compound Release (sights)
____ Recurve (sights)
____ Barebow Recurve (no sights)
____ Barebow Compound (no sights)

Basketball (team form must be included)
____ Men's 3 on 3
____ Women's 3 on 3

Candlepin Bowling (only one doubles)
____ Singles ____ Doubles ____ Mixed Doubles
Partner/Birth Year _____

Cornhole
____ Singles ____ Doubles ____ Mixed Doubles
Partner/Birth Year _____

Cycling
____ 5KTT ____ 10KTT ____ 20K

Darts _____ (\$15)

Golf (additional fee of \$40: 18 holes/cart/lunch)
____ Handicap

Hot Shot/Foul Shoot
____ Hot Shot ____ Foul Shoot

Pickleball (additional \$5)
____ Singles ____ Dbls ____ Mx Dbls
Partner/Birth Year _____

Buoy Toss
____ Doubles ____ MXD Doubles
Partner/Birth Year _____

Road Races
____ 1 Mile Road Race
____ 5K Road Race
____ 10 K Road Race

Table Tennis
____ Singles ____ Doubles ____ Mixed Doubles
Partner/Birth Year _____

Ten Pin Bowling (only one doubles) \$5 or \$8.50
____ Singles ____ Doubles ____ Mixed Doubles
Partner/Birth Year _____

Tennis (additional \$5)
____ Singles ____ Doubles ____ Mixed Doubles
Partner/Birth Year _____

Track & Field (Max 6 events /List best time/ distance)

- ___ 1500m _____
- ___ 800m _____
- ___ 200m _____
- ___ 50m _____
- ___ Shot Put _____
- ___ Discus _____
- ___ Long Jump _____
- ___ High Jump _____
- ___ 4X100 Relay _____
- ___ 400m _____
- ___ 100m _____
- ___ High Jump _____
- ___ 1500 Power Walk _____
- ___ Javelin _____
- ___ Triple Jump _____

Swimming (Maximum of 6 events) (Seed times)

- ___ 50 Freestyle _____
- ___ 200 Freestyle _____
- ___ 50 Breaststroke _____
- ___ 200 Breaststroke _____
- ___ 100 Backstroke _____
- ___ 50 Butterfly _____
- ___ 100 IM _____
- ___ 200 Butterfly _____
- ___ 100 Freestyle _____
- ___ 500 Freestyle _____
- ___ 100 Breaststroke _____
- ___ 50 Backstroke _____
- ___ 200 Backstroke _____
- ___ 100 Butterfly _____
- ___ 200 IM _____
- ___ 400IM _____

The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

"Recognized by NE-LMSC for USMS Inc."

SEND REGISTRATION FORM AND CHECK ~ MAKE PAYABLE TO MAINE SENIOR GAMES

136 US Route One Scarborough, ME 04074

Attn: Jo Dill

NO REFUNDS TWO WEEKS PRIOR TO THE EVENT

Paper registration \$45. _____

Each additional sport \$5 _____

Team Fee _____

Additional Golf Fee (\$40) _____

Bowling Fee (10 Pin) \$5. (3 strings) \$8.50 (6 strings) _____

Additional Pickleball, Tennis Fee (\$5) _____

XXL t-shirt extra fee (\$2.00) _____

Donation to Maine Senior Games _____

TOTAL ENCLOSED _____

Conditions of Participation Read Before Signing-Release of Liability

I, the undersigned participant, in consideration of being allowed to participate in any way in the Maine Senior Games, for myself, my heirs, my personal representative, and assigns, hereby release and forever discharge Maine Senior Games, its directors, volunteers, agents and sponsors, from any and all claims which may result from any injury I sustain in participating in the Maine Senior Games. I further agree to hold harmless and indemnify Maine Senior Games, its directors, volunteers, agents and sponsors, if any claim should be brought against them on my behalf.

I hereby covenant neither to sue nor to bring any legal claim or proceeding against Maine Senior Games, its directors, volunteers, agents and sponsors, as a result of any injury I may sustain while participating in the Games. I warrant that I am sufficiently trained and conditioned to participate in the Games and have no physical or mental impairment which would make it inadvisable for me to participate. I have discussed my participation in the Games with my doctor and he or she has approved of my participating. Maine Senior Games may rely on the representations contained herein.

I understand that participation in events in the Maine Senior Games involves physical exertion as well as risk of serious injury, permanent disability or death, and I assume all risk of injury which may result from my participation in the Games.

Publicity Release: I hereby grant Maine Senior Games and its sponsors the right to use my name as well as any pictures of me (whether live or still) in connection with the activities of Maine Senior Games and the US National Senior Games Association without any remuneration.

Non-Solicitation Agreement: As a condition of participating in Maine Senior games, each participant agrees that he/she will not use either its name or logo for any purpose, including, but not limited to, fund raising for participation in the National Senior Games without prior written consent of Maine Senior Games.

Signature _____ **Date** _____