Barron Center

Contact: [Business]*
Last Updated: 03/21/2022 1:36:03PM
Last Reviewed: 03/21/2022
Address: 1145 Brighton Avenue
Portland, ME 04102 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Barron Center is a Long term nursing care facility that offers Skilled/Rehabilitation service focused on short-term rehabilitation. Often, after a hospital stay additional therapy or education related to specific illnesses, care, or medication may be needed before going home. Our long-term care neighborhoods are designed to meet the need of our elders, encouraging residents to achieve their highest level of independence and function integrating a tear approach. The mission is to provide high quality long term care services for frail elderly and chronically ill individuals.

Barron Center II is our secure 50 bed long-term care neighborhood for individuals afflicted with Alzheimer's and other related dementia.

Bella Point Bridgton

Contact: [Business]*
Last Updated: 03/17/2022 2:42:15PM
Last Reviewed: 12/22/2021
Address: 186 Portland Road
Bridgton, ME 04009 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Formerly Bridgton Health & Residential Care Center.

Bella Point Bridgton has 43 nursing facility beds and a 16 bed Assisted Living wing for Alzheimer and Dementia care. Rehab Services include Physical, Occupational, and Speech Therapy which is provided on either in-patient or outpatient basis. Respite Care is available for stays from 2 to 30 days.

Licensed as Residential Care Facility Level IV and Nursing Facility

The assisted living unit consists of 8 semiprivate rooms, for Alzheimer's/dementia residents and it is a secure, locked unit. This gives us the extra protection to care for your loved ones who like to wander.

The facility is licensed by the Department of Human Services. We are certified by Medicare and accept payments from private funds, third party insurance, Medicare, and Mainecare (Medicaid). We do require pre-approval from Mainecare before we will accept someone for admission. Our Social Services Department is very knowledgeable in assisting in the Mainecare application process.
Brentwood Center for Health and Rehabilitation

Contact: [Business]*
Last Updated: 12/13/2021 3:20:19PM
Last Reviewed: 02/18/2020
Address: [Business]*
370 Portland Street
Yarmouth, ME 04096 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid
Notes: Brentwood meets the needs of individuals requiring skilled nursing services and long term care. We also provide speech, occupational and physical therapy up to seven days a week to help residents reach their maximum potential. Our memory care wing accommodates 40 residents in a secured environment. We provide 24-hour staffing, 3 meals per day, medication administration, housekeeping, laundry, a beauty salon, and daily activities. Respite Care is offered on a bed-availability basis. It is our mission to provide our residents and their families with superior care delivered by staff dedicated to the principles of kindness, compassion, service and excellence. Please call our admissions office for more information and to set up a visit.

Coastal Manor

Contact: [Business]*
Last Updated: 03/18/2022 12:46:39PM
Last Reviewed: 03/18/2022
Address: [Business]*
20 West Main Street
Yarmouth, ME 04096 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid
Notes: Coastal Manor has 39 dually certified beds and provides long term nursing care and skilled rehabilitation nursing care. Respite care is available and generally can be arranged/reserved a couple of weeks in advance. Please call for current rates; respite care is available through EIM or private pay.

Coastal Manor also has a Food and Lodging license and operates an independent living with services facility with room for 6 people. Services included in the daily room rate include a private room, 3 meals/day and snacks, laundry and housekeeping services, and cable television. Residents are welcome to join in activities and programs offered through the nursing facility. Eligibility - Seniors who are ambulatory, able to manage any medications.

Call for more information and/or to arrange a visit and apply. Private pay and Mainecare accepted.
Provider List - Nursing Homes - Cumberland County

Falmouth By the Sea

Contact: Last Updated: 03/23/2022 10:58:50AM
Last Reviewed: 03/23/2022
Phones: (207) 781-7356 [Fax],
(207) 781-4714 [Business]*
Address: [Business]*
191 Foreside Road
Falmouth, ME 04105 (Cumberland county)
Web Site: www.falmouthsea.com
Eligibility: Accepts Mainecare/Medicaid
Notes: Falmouth By The Sea is dually Certified for Skilled Rehabilitation and Long Term Nursing care. Skilled staff include RNs, LPNs, CNAs and med techs. There are 65 beds, 20 of these are Skilled Nursing Beds for PT, OT, Speech, etc.

First Atlantic: Hawthorne House

Contact: Last Updated: 03/17/2022 2:51:14PM
Last Reviewed: 12/17/2021
Phones: (207) 865-4782 [Business]*
Address: [Business]*
6 Old County Road
Freeport, ME 04032 (Cumberland county)
Web Site: www.hawthorne-healthcare.com/
Eligibility: Accepts Mainecare/Medicaid
Notes: Hawthorne House is an 81 bed skilled nursing, long-term care, post-acute rehabilitation, memory care and geropsych special care facility and 14 bed locked assisted living memory care. We offer private and semi-private rooms. The facility offers both inpatient and outpatient physical therapy as well as occupational and speech therapy. They can help with nutritional concerns, pain management, post-acute care transitions, stroke care, cardiovascular problems, memory care and clinically complex care involving IV’s. Respite care can be arranged if a bed is available. Please contact admissions for more information.

Gorham House: Windsor Commons

Contact: Last Updated: 03/23/2022 11:01:58AM
Last Reviewed: 03/23/2022
Phones: (207) 839-5757 [Business]*,
(207) 839-8263 [Business Fax]
Address: [Business]*
50 New Portland Road
Gorham, ME 04038 (Cumberland county)
Web Site: www.gorhamhouse.com
Eligibility: Accepts Mainecare/Medicaid
Notes: Windsor Common also known as (Windsor 1) is a Skilled Rehab unit (20 beds) and fully Licensed Nursing Home a known as (Windsor 2) (32 beds). Residents of Gorham House get priority placement in the skilled unit when needed. The focus is on short term rehabilitation. In addition to Occupational, Speech and Physical therapy services, the skilled unit also provides terminal care, pain management, wound care, oxygen therapy, diabetic training, and assistance with discharge planning. Nursing Home Care is provided in fully furnished private and double rooms. The unit is designed to care for people with limited physical mobility.
Provider List - Nursing Homes - Cumberland County

Ledgewood

Contact:          Last Updated:    Last Reviewed:   Phones:  (207) 892-2261 [Business]*,
                  03/23/2022       03/23/2022           (207) 892-7574 [Fax]

Address:  200 Tandberg Trail
          Windham, ME 04062 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Most residents of Ledgewood Manor have cognitive losses, other forms of dementia, or Parkinson's. The facility provides podiatry, laundry, hairdressing, as well as occupational and physical therapies. Families are encouraged to provide transportation to medical appointments. There are 60 beds, All rooms are semi-private and are located on a single floor with a central living/dining area.

Accepts Mainecare, medicare, private pay, most insurances

Maine Veterans Home

Contact:          Last Updated:    Last Reviewed:   Phones:  (207) 883-7184 [Business],
                  03/17/2022       12/22/2021           (800) 278-9494 [Toll-Free]*

Address:  290 US Route 1
          Scarborough, ME 04074 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: The Maine Veterans' Home in Scarborough have 120 beds providing long term care, short term skilled nursing care, rehabilitation and therapy services. 30 beds for assisted living residential care for those in the early stages of dementia; Respite care; On-site Medical Director and Physician Services; 24-hour RN coverage; Clinical site for educational and training programs. MVH has a team of highly skilled healthcare professionals, trained specifically to care for the physical and emotional needs of Veterans. Offer individualized care plans for each resident integrating nursing care, rehab & therapies, and recreational activities.

Pine Point Center

Contact:          Last Updated:    Last Reviewed:   Phones:  (207) 883-2468 [Business]*,
                  03/23/2022       03/23/2022           (207) 883-3983 [Fax]

Address:  67 Pine Point Road
          Scarborough, ME 04074 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Pine Point Center is a 60-bed skilled nursing facility offering post-hospital, short-term rehabilitation as well as long term and respite care. Our staff is dedicated to serving the medical and rehabilitation needs of individuals recovering from an illness or injury. We accept Medicare, Medicaid, and most private insurances.

This resource information is provided as a service of the So. Maine Agency on Aging, 30 Barra Road, Biddeford, ME 04005, 1-800-427-7411. SMAA does not licence, endorse or recommend any specific provider, nor can we guarantee the quality of service from providers.
Provider List - Nursing Homes - Cumberland County

Pinnacle Health and Rehab at South Portland

Contact: Last Updated: 03/23/2022 12:49:26PM
Last Reviewed: 03/23/2022
Phones: (207) 767-7401 [Fax],
(207) 799-8561 [Business]*
Address: [Business]*
42 Anthoine Street
South Portland, ME 04106 (Cumberland county)
Web Site: www.pinnaclesouthportland.com
Eligibility: Accepts Mainecare/Medicaid
Notes: Pinnacle has 73 beds for residents with acute and chronic conditions requiring 24 hour skilled medical care. There is a secured Alzheimer's area, and our Platinum Rehab therapy program is a targeted rehabilitation program designed for our patients to return home at optimal strength and successfully reintegrate into their communities.

Piper Shores

Contact: Last Updated: 03/17/2022 2:54:42PM
Last Reviewed: 12/22/2021
Phones: (207) 883-8700 [Main]*,
(888) 333-8711 [Toll-Free]
Address: [Business]*
15 Piper Road
Scarborough, ME 04074 (Cumberland county)
Web Site: www.pipershores.org
Eligibility:
Notes: Piper Shores is a lifecare retirement community that provides residents with the peace of mind knowing that lifecare combines all the advantages of independent living plus priority access to onsite assisted living and skilled nursing care, if needed. Lifecare at Piper Shores also means that you will always have a predictable monthly payment for assisted living and nursing home care.

Assisted living residences at Holbrook feature private one-bedroom apartments. Personal care, therapy coordinati, transportation scheduling, housekeeping and laundry services are all provided.

Holbrook’s Wayland House Memory Care offers the secure environment. Our PersonFirst® approach to memory care focuses attention on the individual needs, personality, and desires of each of our residents.

Holbrook Skilled Nursing offers private rooms for short-term rehabilitation, respite care and long-term nursing care. All rooms are presently available on a first come, first served basis, with Piper Shores residents receiving first priority. Dually certified by the State of Maine, Holbrook welcomes both private pay and Medicare patients, accept direct admissions, and offers competitive rates.

Please call for more information about Piper Shores, current availability and fee structure.
Seaside HealthCare

Contact:  
Last Updated: 03/23/2022  11:46:45AM  
Last Reviewed: 03/23/2022  
Phones: (207) 775-2811 [Fax],  
(207) 774-7878 [Business]*

Address: [Business]*  
850 Baxter Blvd  
Portland, ME 04103 (Cumberland county)  
Web Site: www.seaside-healthcare.com

Eligibility: Accepts Mainecare/Medicaid  
Notes: Seaside Health care Nursing Home has 120 dual NF/Skilled beds, both private and semi-private. Seaside provides expert, 24/7 residential professional nursing care, along with programs and amenities geared towards every level of ability. Services include wellness programs, restorative care, assistance with activities of daily living, medication administration and management, and nutritional care.

Sedgewood Commons

Contact:  
Last Updated: 03/23/2022  11:48:23AM  
Last Reviewed: 12/16/2021  
Phones: (207) 781-2002 [Business Fax],  
(207) 781-5775 [Business]*

Address: [Business]*  
22 Northbrook Drive  
Falmouth, ME 04105 (Cumberland county)  
Web Site: https://www.genesishcc.com/SedgewoodCommons

Eligibility: Accepts Mainecare/Medicaid  
Notes: Sedgewood Commons is a 91-bed Specialized Memory Support Community offering individualized care for those living with Alzheimer’s or other forms of dementia. Each member of our dedicated team has specialized education and training, and we promote consistent relationships with staff and regular routines, which is very important to those with dementia. Sedgewood Commons is an AHCA Silver Quality Award winner and is VA contracted! Please call the Director of Admissions for more information and/or to apply.

Springbrook Center for Healthcare & Rehabilitation

Contact:  
Last Updated: 03/23/2022  11:52:54AM  
Last Reviewed: 03/23/2022  
Phones: (207) 856-1230 [Business]*

Address: [Business]*  
300 Spring Street  
Westbrook, ME 04092 (Cumberland county)  
Web Site: www.genesishcc.com/SpringbrookME

Eligibility: Accepts Mainecare/Medicaid  
Notes: Springbrook Center is a skilled nursing facility offering post-hospital, short-term rehabilitation as well as long-term and respite care services. The Center has a specialized transitional care unit for post-hospital rehabilitation. Springbrook Center accepts Medicare, Medicaid, and most private insurances.
St Joseph's Rehabilitation and Residence

Contact: 03/23/2022 12:03:34PM
Last Updated: 03/23/2022
Last Reviewed: 03/23/2022

Phones: (207) 797-0600 [Business]*,
        (207) 797-4168 [Fax]

Address: [Business]*
1133 Washington Avenue
Portland, ME 04103 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Web Site: www.mainehealth.org/saint-josephs

Notes: Saint Joseph’s, became a subsidiary of the non-profit Maine Medical Center in 2017. Long-Term Care offers 24-hour licensed nursing care in coordination with complete rehabilitation services. Our program is designed to provide a safe, comfortable, and nurturing environment in order to serve the individual needs of those with dementia, memory loss, and the progressive stages of Alzheimer's disease. Skilled nursing care if offered by medical/nursing staff and a team of licensed physical, occupational, and speech therapists are committed to providing patients with the skills needed to transition from the hospital to home. Respite Care Services are offered on a space available basis.
The Cedars

Contact: [Business]*
Last Updated: 03/17/2022 2:56:12PM
Last Reviewed: 03/14/2022
Address: 620 - 640 Ocean Avenue
          Portland, ME 04103 (Cumberland county)
Eligibility: Accepts Mainecare/Medicaid

Phones: (207) 221-7000 [Main]*,
        (207) 772-6038 [Fax],
        (207) 772-5456 [Business]

Web Site: www.thecedarsportland.org

Notes: The Cedars offers independent living, assisted living, Memory Care, rehabilitation and skilled care options.

The Atrium is the 61 unit independent living community. Housekeeping, linen service, maintenance, choice of meal plan, and optional social, and recreational programs are included in the monthly fee. Pets, including indoor cats and small dogs, are allowed with permission.

Assisted living at The Osher offers the privacy of your own apartment while providing personal support when you need it. Our staff will help you with activities like bathing, dressing and taking your medications – all under the supervision of a registered nurse. With three nutritious meals daily, a calendar of programs and events, housekeeping and laundry services. On-site nursing is available at the Rehabilitation Center and the Skilled Care Center at the Cedars.

The Sam L. Cohen Households at The Cedars, offering Memory Care Assisted Living and Long-term, Skilled Nursing Care are like nothing Maine’s older adults have seen before. Welcoming private rooms and baths. Cozy and comfortable common spaces. Innovative programs and therapies.

Please call FMI and for current fee structure - independent living requires an entrance fee; assisted living is private pay.

Cedars also offers fine dining take-out Kosher meals. Meal items available correspond with the menu items available to Cedars' Nursing Home residents. Please call dietary department 772-5456 to order meal(s) 2 days in advance, FMI, and to confirm costs. Meals are picked up at the reception desk and are paid for when picked up.