

**Provider List - Nursing Homes - Cumberland County**

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**Barron Center**

**Contact:** [Business]\*  
**Last Updated:** 02/12/2020 11:31:12AM  
**Last Reviewed:** 02/12/2020

**Phones:** (207) 541-6500 [Business]\*,  
 (207) 541-6555 [Fax]

**Address:** [Business]\*  
 1145 Brighton Avenue  
 Portland, ME 04102 (Cumberland county)

**Web Site:** <http://www.portlandmaine.gov/1106/Services-Offered>

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Barron Center is a Long term nursing care facility with 219 dually certified beds. The mission is to provide high quality long term care services for frail elderly and chronically ill individuals

**Bella Point Bridgton**

**Contact:** [Business]\*  
**Last Updated:** 02/13/2020 8:23:08AM  
**Last Reviewed:** 02/13/2020

**Phones:** (207) 647-8821 [Business]

**Address:** [Business]\*  
 186 Portland Road  
 Bridgton, ME 04009 (Cumberland county)

**Web Site:** <https://dltchealthcare.com/bella-point>

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Formerly Bridgton Health & Residential Care Center.

Bella Point Bridgton has 43 nursing facility beds and a 16 bed Assisted Living wing for Alzheimer and Dementia care. Rehab Services include Physical, Occupational, and Speech Therapy which is provided on either in-patient or out-patient basis. Respite Care is available for stays from 2 to 30 days.

licensed as Residential Care Facility Level IV and Nursing Facility

The assisted living unit consists of 8 semiprivate rooms, for Alzheimer's/dementia residents and it is a secure, locked unit. This gives us the extra protection to care for your loved ones who like to wander.

The facility is licensed by the Department of Human Services. We are certified by Medicare and accept payments from private funds, third party insurance, Medicare, and Mainecare (Medicaid). We do require pre-approval from Mainecare before we will accept someone for admission. Our Social Services Department is very knowledgeable in assisting in the Mainecare application process.

**Bella Point Freeport**

**Contact:** [Business]\*  
**Last Updated:** 02/13/2020 8:23:33AM  
**Last Reviewed:** 02/13/2020

**Phones:** (207) 865-4713 [Business]\*

**Address:** [Business]\*  
 3 East Street  
 Freeport, ME 04032 (Cumberland county)

**Web Site:** <https://dltchealthcare.com/bella-point/>

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Formerly Freeport Nursing Home and Rehabilitation Center.

Bella Point Freeport is a 61 bed facility. Please call for more information and/or to apply for admission

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### Brentwood Center for Health and Rehabilitation

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**Contact:** [Business]\*  
**Last Updated:** 02/21/2020 3:44:43PM  
**Last Reviewed:** 02/18/2020

**Phones:** (207) 846-9021 [Business]\*

**Address:** [Business]\*  
 370 Portland Street  
 Yarmouth, ME 04096 (Cumberland county)

**Web Site:** [www.brentwoodcenterrehab.com](http://www.brentwoodcenterrehab.com)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Brentwood meets the needs of individuals requiring skilled nursing services and long term care. We also provide speech, occupational and physical therapy up to seven days a week to help residents reach their maximum potential. Our memory care wing accommodates 40 residents in a secured environment. We provide 24-hour staffing, 3 meals per day, medication administration, housekeeping, laundry, a beauty salon, and daily activities. Respite Care is offered on a bed-availability basis. It is our mission to provide our residents and their families with superior care delivered by staff dedicated to the principles of kindness, compassion, service and excellence. Please call our admissions office for more information and to set up a visit.

### Coastal Manor

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**Contact:** [Business]\*  
**Last Updated:** 02/20/2020 1:18:24PM  
**Last Reviewed:** 02/20/2020

**Phones:** (207) 847-7080 [Business]\*

**Address:** [Business]\*  
 20 West Main Street  
 Yarmouth, ME 04096 (Cumberland county)

**Web Site:** <https://www.coastalmanornursinghome.com/>

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Coastal Manor has 39 dually certified beds and provides long term nursing care and skilled rehabilitation nursing care. Respite care is available and generally can be arranged/reserved a couple of weeks in advance. Please call for current rates; respite care is available through EIM or private pay. Coastal Manor also has a Food and Lodging license and operates an independent living with services facility with room for 6 people. Services included in the daily room rate include a private room, 3 meals/day and snacks, laundry and housekeeping services, and cable television. Residents are welcome to join in activities and programs offered through the nursing facility. Eligibility - Seniors who are ambulatory, able to manage any medications. Call for more information and/or to arrange a visit and apply. Private pay and Mainecare accepted.

### Falmouth By the Sea

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**Contact:** [Business]\*  
**Last Updated:** 02/24/2020 2:18:40PM  
**Last Reviewed:** 02/24/2020

**Phones:** (207) 781-7356 [Fax],  
 (207) 781-4714 [Business]\*

**Address:** [Business]\*  
 191 Foreside Road  
 Falmouth, ME 04105 (Cumberland county)

**Web Site:** [www.falmouthsea.com](http://www.falmouthsea.com)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Falmouth By The Sea is dually Certified for Skilled Rehabilitation and Long Term Nursing care. There are 65 beds, 20 of these are Skilled Nursing Beds.

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**First Atlantic: Hawthorne House**

**Contact:** [Business]\*  
**Last Updated:** 02/25/2020 8:18:42AM  
**Last Reviewed:** 02/25/2020

**Phones:** (207) 865-4782 [Business]\*

**Address:** [Business]\*  
 6 Old County Road  
 Freeport, ME 04032 (Cumberland county)

**Web Site:** [https://www.nursinghomesite.com/HAWTHORNE\\_HOUSE\\_FREEPORT\\_ME](https://www.nursinghomesite.com/HAWTHORNE_HOUSE_FREEPORT_ME)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Hawthorne House is an 95 bed skilled nursing, longterm care, post-acute rehabilitation and geropsych special care facility offering private and semi private rooms. The facility offers both inpatient and outpatient physical therapy as well as occupational and speech therapy. They can help with nutritional concerns, pain management, post-acute care transitions, stroke care, cardiovascular problems, memory care and clinically complex care involving IVs. Respite care can be arranged if a bed is available. Please contact admissions for more information.

**Gorham House: Windsor Common**

**Contact:** [Business]\*  
**Last Updated:** 02/26/2020 12:11:04PM  
**Last Reviewed:** 02/26/2020

**Phones:** (207) 839-5757 [Business]\*,  
 (207) 839-8263 [Business Fax]

**Address:** [Business]\*  
 50 New Portland Road  
 Gorham, ME 04038 (Cumberland county)

**Web Site:** [www.gorhamhouse.com](http://www.gorhamhouse.com)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Windsor Common also known as (Windsor 1) is a Skilled Rehab unit (20 beds) and fully Licensed Nursing Home also known as (Windsor 2) (32 beds). Residents of Gorham House get priority placement in the skilled unit when needed. The focus is on short term rehabilitation. In addition to Occupational, Speech and Physical therapy services, the skilled unit also provides terminal care, pain management, wound care, oxygen therapy, diabetic training, and assistance with discharge planning. Nursing Home Care is provided in fully furnished private and double rooms. This unit is designed to care for people with limited physical mobility.

**Ledgewood Manor**

**Contact:** [Business]\*  
**Last Updated:** 02/28/2020 11:27:56AM  
**Last Reviewed:** 02/28/2020

**Phones:** (207) 892-2261 [Business]\*,  
 (207) 892-7574 [Fax]

**Address:** [Business]\*  
 200 Tandberg Trail  
 Windham, ME 04062 (Cumberland county)

**Web Site:** <http://ledgewoodmanorinc.com/>

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Most residents of Ledgewood Manor have cognitive losses, other forms of dementia, or Parkinson's. The facility provides podiatry, laundry, hairdressing, optometry, as well as occupational and physical therapies. Families are encouraged to provide transportation to medical appointments. There are 60 beds, All rooms are semi-private and are located on a single floor with a central living/dining area.

Accepts Mainecare, medicare, private pay, most insurances

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### Maine Veterans' Home

**Contact:** [Business]\*  
**Last Updated:** 07/09/2018 3:20:38PM  
**Last Reviewed:** 07/09/2018

**Phones:** (888) 684-4666 [Toll-Free]\*,  
 (207) 883-7184 [Business]

**Address:** [Business]\*  
 290 US Route 1  
 Scarborough, ME 04074 (Cumberland county)

**Web Site:** [www.maineveteranshomes.org](http://www.maineveteranshomes.org)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** The Maine Veterans' Home has a 40 bed rehabilitation and skilled nursing care unit, a 40 bed long-term care unit, a 40 bed secured unit for residents with Alzheimer's and other dementia, and a 30 bed residential care unit for residents with early stage dementia. Respite care subject to bed availability. Each unit has separate dining, living rooms, and sun porches. If spending the final stages of life at home is not an option, Maine Veterans' Homes offer hospice care.  
 Eligibility: An honorably discharged veteran with one or more days of active duty; a resident of Maine or resided in Maine at time of enlistment, a spouse, widow/widower/Gold Star parent of a vet.  
 Please call Admissions for more information about admissions and/or an application.

### Pine Point Center

**Contact:** [Business]\*  
**Last Updated:** 07/12/2018 10:58:57AM  
**Last Reviewed:** 07/12/2018

**Phones:** (207) 883-2468 [Business]\*,  
 (207) 883-3983 [Fax]

**Address:** [Business]\*  
 67 Pine Point Road  
 Scarborough, ME 04074 (Cumberland county)

**Web Site:** <http://www.geneshihcc.com/PinePoint>

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Pine Point Center offers Skilled care for short-term recuperation including rehabilitation, Long-term care for nursing level residents and Comfort care for residents with terminal diagnoses. Respite services are available as openings permit.  
 Population is primarily elderly; unable to accept Alzheimer patients

### Pinnacle Health and Rehab at South Portland

**Contact:** [Business]\*  
**Last Updated:** 09/11/2020 3:58:15PM  
**Last Reviewed:** 09/11/2020

**Phones:** (207) 767-7401 [Fax],  
 (207) 799-8561 [Business]\*

**Address:** [Business]\*  
 42 Anthoine Street  
 South Portland, ME 04106 (Cumberland county)

**Web Site:** [www.southportlandnursinghome.com](http://www.southportlandnursinghome.com)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** South Portland Nursing Home is a privately owned, 73-bed nursing facility. There is a secured Alzheimer's area, and Rehabilitation Services are provided by their own professional physical, occupational, and speech therapists.

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**Piper Shores**

**Contact:** [Business]\*  
**Last Updated:** 07/13/2018 11:43:44AM  
**Last Reviewed:** 07/13/2018

**Phones:** (207) 883-8700 [Main]\*,  
 (888) 333-8711 [Toll-Free]

**Address:** [Business]\*  
 15 Piper Road  
 Scarborough, ME 04074 (Cumberland county)

**Web Site:** [www.pipershores.org](http://www.pipershores.org)

**Eligibility:**

**Notes:** Piper Shores is a life care retirement community that offers residents guaranteed priority access to on-site assisted living and skilled nursing care. There are 160 independent living apartments, 40 independent living cottages, a 40-bed skilled nursing facility and 20 assisted living apartments.

The Holbrook nursing home is secure and is equipped to care for persons who have memory problems. All rooms are presently available on a first come, first served basis, with Piper Shores residents receiving first priority. accepts private pay and Medicare

Please call for more information about Piper Shores, current availability and fee structure.

**Seaside HealthCare**

**Contact:** [Business]\*  
**Last Updated:** 02/26/2019 8:17:39AM  
**Last Reviewed:** 02/26/2019

**Phones:** (207) 775-2811 [Fax],  
 (207) 774-7878 [Business]\*

**Address:** [Business]\*  
 850 Baxter Blvd  
 Portland, ME 04103 (Cumberland county)

**Web Site:** [www.seaside-healthcare.com](http://www.seaside-healthcare.com)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Seaside Health care Nursing Home has 120 dual NF/Skilled beds, both private and semi-private. Seaside provides expert, 24/7 residential professional nursing care, along with programs and amenities geared towards every level of ability. Services include wellness programs, restorative care, assistance with activities of daily living, medication administration and management, and nutritional care.

**Sedgewood Commons**

**Contact:** [Business]\*  
**Last Updated:** 07/19/2018 12:30:05PM  
**Last Reviewed:** 07/19/2018

**Phones:** (207) 781-2002 [Business Fax],  
 (207) 781-5775 [Business]\*

**Address:** [Business]\*  
 22 Northbrook Drive  
 Falmouth, ME 04105 (Cumberland county)

**Web Site:** [www.geneshcc.com/SedgewoodCommons](http://www.geneshcc.com/SedgewoodCommons)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Sedgewood Commons is a 95-bed Alzheimer's care community. They have a 26 bed locked unit. The building and all programs are designed specifically to meet the needs of people afflicted with non-reversible dementia. It provides long-term and skilled nursing levels of care. The Adult Day Services program gives family caregivers some respite during the daytime hours, and is offered five days a week. Please call the Director of Admissions for more information, to arrange a tour, and/or to apply.

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**Springbrook Center for Healthcare & Rehabilitation**

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**Contact:** [Business]\*  
**Last Updated:** 07/23/2018 10:22:00AM  
**Last Reviewed:** 07/23/2018

**Phones:** (207) 856-1230 [Business]\*

**Address:** [Business]\*  
 300 Spring Street  
 Westbrook, ME 04092 (Cumberland county)

**Web Site:** [www.genesisshcc.com/SpringbrookME](http://www.genesisshcc.com/SpringbrookME)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** The Springbrook center offers rehabilitation and short and long term nursing care, including comprehensive Alzheimer's/dementia care. Registered nurses are on site and available 24 hours/day. Springbrook has an active caregiver support group. It is open to caregivers of folks using the Springbrook facility as well as those in the community.

Please call for more information and/or to apply for admission

**St Joseph's Rehabilitation and Residence**

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**Contact:** [Business]\*  
**Last Updated:** 07/23/2018 10:52:07AM  
**Last Reviewed:** 07/23/2018

**Phones:** (207) 797-0600 [Business]\*,  
 (207) 797-4168 [Fax]

**Address:** [Business]\*  
 1133 Washington Avenue  
 Portland, ME 04103 (Cumberland county)

**Web Site:** [www.saintjosephsmanor.org](http://www.saintjosephsmanor.org)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** St. Joseph's Manor has private and semi-private rooms. The Rehabilitation Unit provides a valuable link between hospitalization and a return to one's home. The nursing staff, physical and occupational therapists provide a full range of service to maximize the potential of each residents. The NF resident care program has a team approach that includes licensed social workers as well as nursing staff and includes dietary, pastoral care and activities. There is also a memory care program that serves with dementia, memory loss and the progressive stages of Alzheimer disease. Respite Care Services are offered on a space available basis

Please call for more information about the admissions process.

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### The Cedars

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**Contact:** **Phones:** (207) 221-7000 [Main]\*,  
**Last Updated:** 07/23/2018 2:25:34PM (207) 772-6038 [Fax],  
**Last Reviewed:** 07/23/2018 (207) 772-5456 [Business]

**Address:** [Business]\* **Web Site:** [www.thecedarsportland.org](http://www.thecedarsportland.org)  
620 - 640 Ocean Avenue  
Portland, ME 04103 (Cumberland county)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** The Cedars offers independent living, assisted living, rehabilitation and skilled care options.

The Atrium is the 61 unit independent living community. Housekeeping, linen service, maintenance, choice of meal plan, and optional social, and recreational programs are included in the monthly fee. Pets, including indoor cats and small dogs, are allowed with permission.

The Osher Inn is an Assisted Living community with private apartments and offering meals, housekeeping and personalized assistance. On-site nursing is available at the Rehabilitation Center and the Skilled Care Center at the Cedars.

Please call FMI and for current fee structure - independent living requires an entrance fee; assisted living is private pay.

Cedars also offers fine dining take-out Kosher meals. Meal items available correspond with the menu items available to Cedars' Nursing Home residents. Please call dietary department 772-5456 to order meal(s) 2 days in advance, FMI, and to confirm costs. Meals are picked up at the reception desk and are paid for when picked up.