

#### **Amedisys Home Health Care**

Contact: Last Updated: 03/17/2023 3:42:03PM Last Reviewed: 03/17/2023 Phones: (207) 772-7520 [Business]\*, (800) 558-0076 [Toll free out]

Address: [Business]

Web Site: <u>www.amedisys.com</u>

Saco, ME 04072 (York county), [Business]\* 34 Atlantic Place South Portland, ME 04106 (Cumberland county)

Eligibility: Accepts Medicare

**Notes:** Amedisys is a Home Health Care Agency. Home care services offered are: Skilled Nursing, Home Health Aides, Physical Therapy, Occupational Therapy, Speech Therapy, Medical Social Workers, and specialized nursing programs such as cardiac, diabetes, pain management, wound care, infusion therapy, oncology and psychiatric services, hospice and palliative care. Serves: Cumberland, York, Androscoggin, Kennebec, Knox, Lincoln, Oxford, Sagadahoc Counties

Please call for more information and/or to arrange for services.

### Androscoggin Home Care and Hospice

 
 Contact:
 Phones:
 (800) 482-7412 [Business]\*, (207) 777-7740 [Main]

 Last Updated:
 03/17/2023
 Web Site:
 www.ahch.org

 Address:
 [Business]\* 175 Portland Rd Bridgton, ME 04009 (Cumberland county), [Mailing] 15 Strawberry Avenue
 Web Site:
 www.ahch.org

Eligibility: Accepts Mainecare/Medicaid, Accepts Medicare

Lewiston, ME 04240 (Androscoggin county)

**Notes:** Skilled home care, nursing, therapy, social work, personal care, specialty and volunteer services during recovery from short term illness or injury; hospice care for individuals and families dealing with terminal illness; extended hours of care available to persons with long term medical conditions or physical limitations. Counties currently served\* Androscoggin; Cumberland; Franklin; Kennebec; Lincoln; Oxford; Sagadahoc; Somerset; York

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### Apria Healthcare

Contact: Last Updated: 03/17/2023 3:47:32PM Last Reviewed: 03/17/2023 Phones: (207) 245-6040 [Business]\*, (888) 492-7742 [Business]

Address: [Business]\* 125 John Roberts Road, Suite 19A South Portland, ME 04106 (Cumberland county) Eligibility: Accepts Mainecare/Medicaid, Accepts Medicare

**Notes:** Apria Healthcare offers a comprehensive range of home respiratory, home infusion therapy and home medical equipment services. Please call for more information

### Arcadia Health Care: Portland

Contact: Last Updated: 03/17/2023 3:51:10PM Last Reviewed: 03/17/2023

Address: [Business]\* Exchange St Portland, ME 04101 (Cumberland county) Phones: (866) 324-3401 [24-hour hotline]\*,

(207) 347-2377 [Business]

Web Site: www.arcadianewengland.com

**Eligibility:** 

**Notes:** Arcadia provides home care tailored to the client's needs and wishes. Health care services are provided by registered nurses, licensed practical nurses, and certified nurses aides. Non-medical care such as personal care assistance, homemaker, companionship and transportation is also available.

Phones:

Please call for more information and/or to arrange for services.

### **CenterWell Home Health**

Contact: Last Updated: 07/25/2022 2:34:59PM Last Reviewed: 07/19/2022

Address: [Business]\* 51 Baxter Blvd Portland, ME 04101 (Cumberland county) Web Site: www.centerwellhomehealth.com/

(207) 772-0954 [Business]\*

Eligibility:

**Notes:** CenterWell Home Health, formally Kindred at Home, coordinates patient care and offers a full range of in-home services by nursing staff, including: Nursing, Cardiac care, Disease and pain management, Physical, occupational and speech therapy, Infusion nursing and wound care. They also offer Safe Strides, a nationally-recognized fall-pr vention/balance program offered to homebound beneficiaries and a Neuro-Rehabilitation program that offers an inter-disciplinary approach to the care of patients managing recovery from Strokes, Parkinson's, ALS, Multiple Sclerosis and other progressive neurological disorders.

Web Site: www.apria.com

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#### **CHANS - Home Health and Hospice**

Contact: Last Updated: 03/17/2023 3:57:21PM Last Reviewed: 03/17/2023 Phones: (207) 729-6782 [Business]\*

Address: [Business]\* 60 Baribeau Drive Brunswick, ME 04011 (Cumberland county) Eligibility: Accepts Mainecare/Medicaid, Accepts Medicare Web Site: https://www.chanshomehealth.com/

**Notes:** CHANS Home Health & Hospice is full service non-profit, Joint Commission Accredited agency providing skilled hor health, hospice, private duty care services and an array of community based wellness clinics and support services Mid Coast Maine.

CHANS offers a variety of home health services provided by a professional team including Registered Nurses, Advanced Practice Nurses, Certified Home Care Aides, Physical and Occupational Therapists, Speech Language Pathologists and Medical Social Workers. They also offer Hospice Care, Diabetes Management, Mental Health Nursing Services and caregiver respite.

Towns served in Cumberland county include Freeport, North Yarmouth, Yarmouth and Pownal

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### **COR Health Services**

**Contact:** Last Updated: 03/29/2023 2:18:25PM Last Reviewed: 03/29/2023

**Phones:** (207) 347-6106 [Business]\*

Address: [Business]\* 980 Forest Avenue, Suite 207 Portland, ME 04103 (Cumberland county) Eligibility: Accepts Mainecare/Medicaid

Web Site: https://www.corhealthservices.com/home-care-se rvices

COR Health offers a variety of Home Care Services, customized to meet the needs of each individual adult client. Notes: COR Health works with adult clients and their families to determine a plan of care that is individualized to provide optimal outcomes.

Home Care is a gentle, reliable service that helps enable elderly clients and disabled clients to live independently a home. At COR Health, all of our home care employees are considered "Caregivers," and each is carefully matched to the needs of your loved one – from transportation, to help with daily tasks, to companionship. Services can be scheduled up to 24/7 coverage.

COR Health also offers a variety of Adult Nursing Services, customized to meet the needs of each individual adult client. We take the time to assess varying factors, including age and medical diagnosis. COR Health works with adult clients and their families to determine a plan of care that is individualized to provide optimal outcomes. COR Health is available from our team of registered nurses who coordinate with the physician to provide consistent, hi -quality care in the client's home. Adult Nursing Services from COR Health includes these services and more: Asse and monitor health; Administer and adjust medications; Administer IV therapy and enteral feedings; Monitor vital signs, blood pressure, blood sugar, and cholesterol; Provide nutritional management, support and education; Educate clients about medications and disease process; Care for catheter and ostomy clients; Monitor hydration, bowel and bladder functions; Administer injections and perform laboratory testing; Care for wounds or disease-re ted injuries and conditions; Oversee pain management and end-of-life care; Monitor cardiac progress. Our Adult Nursing Services are provided by licensed, skilled medical professionals.

# **Coveside Physical Therapy, LLC**

**Contact:** Elizabeth Doughty, PT, DPT, CDP Last Updated: 03/29/2023 2:23:15PM Last Reviewed: 03/29/2023

**Phones:** (207) 846-1696 [Fax], (508) 735-7507 [Business]\*

Address: [Mailing]\*

Web Site: www.covesidephysicaltherapy-llc.com

Chebeague Island, ME 04017 (Cumberland county

**Eligibility:** 

Coveside Physical Therapy, LLC provides in-home physical therapy services (PT) to seniors. Licensed Physical Notes: Therapist in Maine, Geriatric Certified Specialist (GCS) and Certified Dementia Practitioner (CDP). Medicare and most commercial insurances accepted with appropriate referral from primary care physician. Please call for more information or to discuss intake process. By appointment.

Serves: Islands of Casco Bay, Coastal Portland area, and some York County.

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### **Elara Caring**

Contact: Last Updated: 04/05/2023 2:03:11PM Last Reviewed: 04/05/2023 Phones: (207) 703-2416 [Business Fax], (207) 703-2413 [Business]\*

Address: [Service Area Placeholder]

Web Site: https://elara.com/

Biddeford, ME 04005 (York county), [Business]\* 311 Darling Ave, Suite A16 South Portland, ME 04106 (Cumberland county)

Eligibility:

**Notes:** Dedicated to providing the highest quality home-based patient care with compassion and respect for each person

Accepts patients for care regardless of age, race, color, national origin, religion, sex, disability, being a qualified disabled veteran, being a disabled veteran of the Vietnam era or any other category protected by law, or decision regarding advance directives.

Skilled Home Health in Portland- With a focus on recovery, rehabilitation and health education, our Portland support team provides a wide range of skilled home health services wherever you or your loved one calls home. Portland Skilled Home Health Areas Served: York County, South Portland and the city of Portland.

Behavioral Health in Portland - Assessment, education and action plans that promote recovery at home are the focus of our Portland care team. We support individuals with a wide range of behavioral health conditions. Portlar Behavioral Health Counties Served: Androscoggins, Cumberland, Oxford, York.

Accepts Medicare and Mainecare.

### **Interim Healthcare**

Contact: Last Updated: 03/29/2023 2:31:29PM Last Reviewed: 03/29/2023 Phones: (207) 775-3366 [Business]\*

Address: [Business]\* 20 Atlantic Place South Portland, ME 04106 (Cumberland county) Web Site: www.interimhealthcare.com/portlandme

Eligibility: Accepts Mainecare/Medicaid, Accepts Medicare

**Notes:** Interim HealthCare provides a broad array of home care and supportive services that include Skilled Nursing, Supportive services such as assistance with bathing, medications and personal care, Physical, Occupational, Spee & Language Therapy, and Home IV Therapy.

Please call for more information or to arrange intake.

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#### MaineHealth Care At Home

Contact: Last Updated: 03/29/2023 2:33:39PM Last Reviewed: 03/29/2023

Address: [Service Area Placeholder]

Portland, ME (Cumberland county), [Residence]\* 15 Industrial Park Road Saco, ME 04072 (York county) Phones: (866) 255-8744 [Toll-Free]\*, (207) 282-4148 [Fax], (800) 660-4867 [Business], (207) 284-4566 [Business] Web Site: www.mainehealth.org/mainehealth-care-at-home

Eligibility: Accepts Mainecare/Medicaid, Accepts Medicare

**Notes:** MaineHealth Care At Home (formerly known as HomeHealth Visiting Nurses) and SMHC Visiting Nurses have merged into one Home Health Agency that offers nursing care, home health aide services, and physical, occupational & speech therapies. They also offer Telehealth monitoring and Home Safety and Fall Prevention programs. The "Help at Home" program offers personal care and companionship services. There are a number of Support Groups including "Enjoy Life with Diabetes", and they have a Lifeline Coordinator for Philips Emergency Response Systems who can be reached at 1-800-660-4867 ext 4337. The Lifeline Coordinator can answer your questions and if you decide you want to sign up she will refer you to Philips who will then contact you to set up you account. Please call to confirm charges currently the Basic Standard service is currently \$29.95 a month and there is a \$19.95 shipping/handling fee. Installation done over the phone is free - if help with installation is needed the charge is \$40.

Please call for more information and/or to arrange for any HomeHealth sevices

#### **MAS Home Care of Maine**

Contact: Last Updated: 03/29/2023 2:36:11PM Last Reviewed: 03/29/2023 Phones: (207) 591-4457 [Business]\*, (207) 591-4450 [Fax]

Address: [Business]\* 21 Saco Street Westbrook, ME 04092 (Cumberland county), [Business] 1190 Lisbon St Lewiston, ME 04240 (Androscoggin county) Web Site: www.mashomecare.com

Eligibility: Accepts Mainecare/Medicaid

**Notes:** Provides PCA care, either short or long term ranging from 2 hours up to 24 hours. Provide PSS, CNA/HHA, LPN, R PT, OT, ST, RT services to clients in a home care setting. Provide lab services such as blood draws etc and IV Therapy to clients. Hours: Mon-Fri 8a-4p; on call available after hours 7 days a week

Please Call for more information and/or to schedule services

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#### **Maxim Healthcare Services**

Contact: Last Updated: 03/29/2023 2:41:01PM Last Reviewed: 03/29/2023 Phones: (207) 822-4010 [Business]\*

Address: [Business]\* 1685 Congress St. Portland, ME 04102 (Cumberland county) Eligibility: Accepts Mainecare/Medicaid, Accepts Medicare Web Site: www.maximhealthcare.com

**Notes:** We offer skilled nursing, physical rehabilitation, personal caregiving, respite care and behavioral care for individua with chronic and acute illnesses and disabilities. Our team of nurses, therapists and home health aides help patier of all ages maintain their quality of life in the comfort of home.

Private duty nursing allows medically fragile patients to receive quality, skilled nursing care in the comfort of their home. Our patients and families have access to on-call support 24/7.

Personal Caregiving Services - Our qualified and compassionate caregivers work to keep you and your loved ones healthy and safe by providing assistance with many different personal care activities. Our personal care services a available 24/7 and tailored to meet our patient's individual needs.

Case Coordination Services- Maxim's care coordination services organize care activities participants involved in a patient's care to facilitate the appropriate delivery of healthcare services.

### **New England Life Care**

Contact: Last Updated: 03/29/2023 2:44:47PM Last Reviewed: 03/29/2023 2:44:47PM Last Reviewed: 03/29/2023 Whether and country (207) 878-1288 [Business], (800) 290-6558 [Other]\*, (207) 321-6352 [Business] Address: [Business]\* 600 Southborough Dr. South Portland, ME 04106 (Cumberland country), [Business] 108a Industrial Way Portland, ME 04103 (Cumberland country)

Eligibility: Accepts Mainecare/Medicaid, Accepts Medicare

**Notes:** New England Life Care home infusion therapy or specialty pharmacy services as part of an advanced home care plan. From your hospital room to your home, our dedicated, compassionate and highly skilled New England Life Care clinicians will: teach you how to manage lifesaving and life-sustaining nutritional, anti-infective, chemotherar and pain management treatments; monitor your advanced home care to ensure the best possible outcomes; deliv specialty pharmacy medications and home infusion therapy supplies when and where you need them; work closel with your medical and insurance providers for smooth, stress-free care management service.

New England Life Care is nationally recognized as a nonprofit, mission-driven home infusion therapy and specialty pharmacy services provider affiliated with 50+ of New England's premier medical centers. We are a community-bi ed organization with a charitable focus that our neighbors in Massachusetts, New Hampshire, Maine and Vermont rely on for the home infusion therapies they need to recover quickly in the comfort of their home.

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### Northern Light Home Care & Hospice: LiveSafe

Contact:		Phones:	(800) 757-3326 [Business]*,
Last Updated:			(207) 400-8843 [Fax]
Last Reviewed:	03/29/2023		

Address: [Business]\* 50 Foden Road, Suite 1 South Portland, ME 04106 (Cumberland county) Eligibility: Accepts Mainecare/Medicaid, Accepts Medicare

Web Site: www.northernlight.org/homecarehospice

**Notes:** Northern Light Home Care & Hospice has two primary service lines, home care and hospice. These services are provided in the patient's place of residence. Home care services are provided to those recovering from illness or surgery by nurses, rehabilitation therapists (physical, speech and occupational), medical social workers and home health aides.

Hospice services are provided by a team of specially trained clinicians to those seeking end of life care. Hospice services also include trained volunteers, and bereavement and spiritual counseling. Three other programs augmer our primary services: palliative care, telehealth (remote daily monitoring of vital signs) and LiveSafe (an emergen response program), are designed for those managing chronic illnesses.

Caring Calls is a free program for those who might benefit from a daily phone call from a friendly volunteer. Northern Light Home Care & Hospice has a pool of volunteers who staff the phones Monday through Friday from a m to 9:30am to greet participants at an assigned time. The goal is to brighten the day of someone who could benefit from a phone call. To ensure patient safety, there are protocols in place for those times when a volunteer unable to reach a participant. Just give us a call at 207-973-7848 or northernlightcaringcalls@northernlight.org. Serving Cumberland, York, Kennebec, Somerset, Penobscot, Hancock, and Aroostook Counties.

LiveSafe - Giving you and your loved ones peace of mind, all the time Personal Emergency Response Systems We Offer: Landline and Cellular Systems; Mobile LTE; Belle. Connect America, to help them live independent lives. No we offer you a range of solutions for keeping you safe wherever you are. PERS Solutions help you anytime, 24/7/. 5. All PERS Include: Easy set up and use; Round the clock monitoring; No hidden fees or equipment charges; No long-term contracts; Two-way voice communication Contact us for more information at 1.877.880.7677 or northernlightlivesafe@northernlight.org.

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### **Spectrum Staffing & Home Care**

Contact: Last Updated: 03/29/2023 2:50:03PM Last Reviewed: 03/29/2023 Phones: (207) 854-2581 [Business]\*, (207) 854-4711 [Business Fax]

Address: [Business]\* 92 US Route 1 Cumberland Foreside, ME 04110 (Cumberland county) Web Site: www.spectrummaine.com

Eligibility:

**Notes:** Spectrum Staffing & Home Care is a licensed home health agency. Whether we're assisting you or your loved one with their daily responsibilities or supporting their transition back home from a hospital stay, we want to help you make it work. We offer non-medical care and companionship from the comfort of home.

Dementia Support- In a world where everything seems to become unfamiliar and uncertain, let us be the peace o mind. We'll help to better equip you with tips and tools to more effectively and purposefully communicate. We're here for your support.

End Of Life Care - You don't need to navigate this alone. We're right here to offer support and guidance as you pl and approach end of life decisions. Spectrum Staffing & Home care can help you and your loved ones find peace and purpose during end of life. With us, you are never alone during this difficult time.

We're here to help. Submit a request by emailing us at spectrum@spectrummaine.com, or click the button below be directed to our office line.

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