Abundant Blessings - Homecare

Contact: [Mailing]*
22 Cosmar Dr.
Sanbornville, NH 03872 (Carroll county),
Business
Biddeford, ME 04005 (York county)

Phones: (603) 473-2510 [Business]*

Address: [Mailing]*

Web Site: http://www.abundantblessingshomecare.com/

Eligibility:

Notes: Abundant Blessings provides in-home assistance with activities of daily living - personal care, homemaking, and transportation/errand needs.

Licensed in NH and ME for homecare. In Maine serves Acton, Alfred, Arundel, Biddeford, Fryeburg, Kennebunk, Kennebunkport, Lebanon, Lyman, Moody, North Berwick, Ogunquit, Old Orchard Beach, Saco, Sanford, Shapleigh, South Berwick, Springvale, Waterboro, Wells

Please call for current rates; private pay, long term care insurance and veterans benefits.

Aging Excellence: Kennebunk

Contact: [Business]*
116 Alfred Rd
Kennebunk, ME 04043 (York county)

Phones: (866) 771-0991 [Toll-Free]*,
(207) 221-2555 [Business],
(207) 967-4799 [Fax]

Address: [Business]*

Web Site: www.seniorsonthego.com

Eligibility:

Notes: Aging Excellence offers a variety of services, activities, and retail goods that are designed to assist older adults to remain active and independent in their own home or community. Services provided include: care management consulting, organized day trips, parties, transportation, reminder service, chore services, homemaker/companion services, telephone reassurance, and personal care services.

Fees vary depending on service.

Please call for more info or a free initial in-home consultation.

Services York County except Saco.

Registered Personal Care Agency.

Hours: Monday through Friday 9am - 5pm; service schedule 24/7.
Aging Excellence: Saco

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<th>Contact:</th>
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<tr>
<td>Last Updated:</td>
<td>(866) 771-0991 [Toll-Free],</td>
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<tr>
<td>Last Reviewed:</td>
<td>(207) 283-0991 [Business]*</td>
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<tr>
<td>Address:</td>
<td>Web Site: <a href="http://www.seniorsonthego.com">www.seniorsonthego.com</a></td>
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Eligibility:

Notes: Aging Excellence offers a variety of services, activities, and retail goods that are designed to assist older adults to remain active and independent in their own home or community. Services provided include: care management consulting, organized day trips, parties, transportation, reminder service, chore services, homemaker/companion services, telephone reassurance, and personal care services. Please call for current fee schedule. Please call FMI and/or a free initial in-home or in-office consultation to discuss needs. Services Saco, Scarborough, Biddeford and surrounding area. Registered Personal Care Agency. Hours: Monday through Friday 8am - 5pm; services 24/7.

Align Home Care

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<tr>
<td>Last Updated:</td>
<td>(207) 835-4849 [Business]*</td>
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<td>Address:</td>
<td>Web Site: <a href="http://www.alignhomecare.com">www.alignhomecare.com</a></td>
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Eligibility: Age 62 & older or declared disabled, Other - See Notes

Notes: Formerly Home Care Assistance, Align Home Care believes in customizing balanced and holistic care plans for seniors and adults of any age wanting to remain safely in the place they call HOME. Align Home Care encourages our clients to partake in all activities of daily living and home tasks that they can still do, helping them to remain independent, happy and purposeful through any emotional or physical challenge. Care can include, but not limite to, personal care, light housekeeping, med reminders, errands, appointments, meal prep and enjoyable trips outside of the home. We specialize in encouraging our clients to maintain good nutrition, hydration, social interaction, mind building activities and spiritual well being. 4 hour shifts up to 24/7 as well as Live-In. Call for a free in-home consultation.
Anytime Services for Seniors, Inc.

Contact: [Mailing]
Last Updated: 07/20/2022 3:47:45PM
Last Reviewed: 07/20/2022

Address: PO Box 568
Buxton, ME 04093 (York county),
[Business]*
1167 Cape Rd
Hollis Center, ME 04042 (York county)

Eligibility: Anytime Services for Seniors is a state registered, local home care business serving the residents of Maine for over 18 years providing person centered care to assist with daily living activities, so our clients can stay independent while living in their own homes. Our licensed and certified caregivers provide personalized professional care and are well experienced in memory care issues such as Alzheimer’s and dementia. Anytime Services for Seniors is dedicated to helping you remain safely in your own home. Some of the services we provide include but not limited to: Conversation and Companionship, Meal Preparation, Routine Housekeeping/Laundry, Grocery Shopping, Errand and Medication Pick-up, Bathing and Dressing, Toileting, Catheter Care, Ambulation, Exercise, Range of Motion, Blood Sugar, Blood Pressure and Weight checks, Medication Reminders.

Notes: Serves York, Cumberland, and southern Oxford counties

Please call for more information or to arrange an initial consultation/assessment.

Arcadia Health Care: Springvale

Contact: [Business]*
Last Updated: 03/17/2023 3:53:35PM
Last Reviewed: 03/17/2023

Address: 455 Main Street
Springvale, ME 04083 (York county)

Eligibility: Arcadia provides home care tailored to the client's needs and wishes. Health care services are provided by registered nurses, licensed practical nurses, and certified nurses aides. Non-medical care such as personal care assistance, homemaker, companionship and transportation is also available.

Notes: Please call for more information and/or to arrange for services.
At Home Senior Companion Services

Contact: Chantal Brousseau
Last Updated: 07/20/2022 3:50:31PM
Last Reviewed: 07/20/2022

Address: [Business]*
660 Coles Hill Rd
Wells, ME 04090 (York county),
[Mailing]
660 Coles Hill Rd
Wells, ME 04090 (York county)

Eligibility:

Notes: At Home Senior Companion Services is a licensed and fully insured non-medical Private State of Maine L.L.C. located in Southern Maine. They offer a variety of services that include transportation, medication reminders, meals preparation, pet services, light housekeeping services including laundry, social companionship and massage therapy. Seniors 65+ years of age. Accepts Long Term Care Insurance. Serves: Kennebunk, Kennebunkport, Wells and Ogunquit. Hours: Monday-Friday; Saturday and Sunday as needed.

Comfort Keepers

Contact: 
Last Updated: 04/27/2022 3:29:08PM
Last Reviewed: 04/27/2022

Address: [Business]*
57 Portland Rd
Kennebunk, ME 04043 (York county),
[Business]*
253 US Route 1
Scarborough, ME 04074 (Cumberland county)

Eligibility:

Notes: Comfort Keepers provides non-medical services in-home and to clients in hospitals, nursing homes or assisted living facilities. Services offered include personal care, companionship, light housekeeping, laundry, meal prep, medication reminders, grooming, errand services, shopping assistance, recreational activities, transportation to doctor appointments or other commitments, and respite care for caregivers. Focus is older adults but will consider adults of any age.

Please call for more information and/or to arrange for services. There are 2 locations - Kennebunk and Scarborough.
Extended Family LLC

Contact: [Business]*
Last Updated: 06/01/2023 10:26:54AM
Last Reviewed: 06/01/2023

Address: 34 Dover Point Rd
Suite 201
Dover, NH 03820 (county),
[Service Area Placeholder]
York, ME 03909 (York county)

Eligibility:

Notes: Extended-Family LLC's mission is to help people age on their own terms by promoting independence, good health and engagement in life. Certified caregivers provide:
- Personal care (e.g. bathing, dressing, grooming)
- Transportation
- Companionship
- Grocery shopping & meal preparation
- Social activities
- House cleaning & organization
Serves: Seacoast area of Maine and New Hampshire.
Please call for current rates; for a free initial consultation; then intake with a full assessment.

FCP Live-In

Contact: [Business]*
Last Updated: 03/29/2023 2:27:35PM
Last Reviewed: 03/29/2023

Address: 2573 Main Street
Out Of State, CT (county),
[Service Area Placeholder]
Biddeford, ME (York county)

Eligibility: Disability / Health Condition

Notes: FCP Live In offers 24/7 care in your home. Caregivers are credentialed as either a certified nursing assistant, home health aide or personal care assistant. They provide personal care, meal preparation, light housekeeping, Live Well programs, medication management, and 24 hour support for families. They require a minimum of 2 weeks.
Home Instead Senior Care: York County

Contact:  
Last Updated: 08/16/2022 9:31:24AM  
Last Reviewed: 04/29/2022  

Phones:  
(207) 405-2487 [Business]*

Address:  
[Business]*  
85 Main Street  
PO Box 551  
Kennebunk, ME 04043 (York county)

Web Site:  
https://www.homeinstead.com/499

Eligibility:  
Home Instead Senior Care provides non-medical services and personal care services such as: Meal Preparation, Medication Reminders, Laundry, Light Housekeeping, Escort for Shopping and Errands, Respite Care. They require 8 hours a week minimum. There is mandatory ongoing training for caregivers to ensure that they understand the physical and emotional needs of the elderly. Selected caregivers also receive specialized Alzheimer's training.

HFC® (formerly Hilarity for Charity) and the Home Instead® network are working together to award home care grants to those providing care to their loved ones living with Alzheimer’s disease or other dementias. The HFC Alzheimer’s and Dementia Care Grants are awarded across the United States and Canada. The goal of the grant program is to provide exceptional home care to families affected by this disease, and to give these families support and rest. These grants are facilitated by Home Instead, where available. These grants are for respite care hours, there is no cash value.

Please call or complete online contact form to discuss care requirements and arrange for a free, no obligation home assessment.
## Living Innovations

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<th>Contact:</th>
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<tr>
<td>Last Updated: 04/05/2023 2:05:44PM</td>
<td>(207) 282-3311 [Business]*,</td>
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<tr>
<td>Last Reviewed: 04/05/2023</td>
<td>(207) 799-4465 [Business],</td>
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<td>(207) 282-0768 [Fax]</td>
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<tr>
<td>[Business] 312 Cottage St. Suite C Sanford, ME 04073 (York county), [Business]* 238 North Street Saco, ME 04072 (York county), [Business] 1 Weston Ct Suite G-1 Augusta, ME 04330 (Kennebec county)</td>
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| Web Site: | http://www.livinginnovations.com |

### Eligibility:

Dedicated to being Maine’s provider of choice for Shared Living, Community Support, In-Home Support and a range of other services. Our Maine management team has great expertise and experience in providing services for people with a broad range of intellectual and developmental disabilities. That depth of experience allows us to provide comprehensive, personalized and inclusive services to meet the very unique needs of each person we serve. Please contact us if we can help find the supports that are a just-right fit for you or a person you care about.

Living Innovations helps adults with developmental disabilities throughout Maine. Some of the services they offer are shared living options at home, community based community support, personal supports and community case management.

Living Innovations Support Services in Saco provides support for people with disabilities – including Case Management, Job & Life Skills Development & Coaching, a Shared Living option in which an individual lives with a carefully selected and trained host family. Saco 207-282-3311.

Please call for more information or to arrange a meeting to determine services needed.
Right at Home: Home Care and Assistance

Contact: 04/07/2023 12:04:44PM
Last Updated: 03/29/2023
Address: [Service Area Placeholder]

Biddeford, ME 04005 (York county),
Scarborough, ME 04074 (Cumberland county),

Phones: (207) 707-6011 [Business]*,
(207) 430-9955 [Fax]

Web Site: www.rightathome.net/greater-portland-me

Eligibility:

Notes: Right at Home Maine provides supportive care to seniors from York to Brunswick. We are a family owned agency with over 20 years of experience in senior home care. Right at Home supports older Mainers in their desire to be independent at home. Call today to discuss care options for how your loved one can stay in their home and Right Home will match you with a caregiver that will support you or your family members independence.

Saco River Health Services

Contact: 04/05/2023 2:11:06PM
Last Updated: 04/05/2023
Address: [Business]*
P.O. Box 69
802 Main Street
Waterboro, ME 04087 (York county)

Phones: (207) 247-9000 [Business]*

Web Site: www.sacoriverhealth.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Saco River Health Services provides home health care and the following non-medical services: Personal Care, Meal Preparation, Light Housekeeping Duties, Grocery Shopping, Errands, Transportation, Respite for Caregivers. They are a Licensed Home Health and Mental Health Agency.

Please call for more information or to arrange for services; Mainecare, private insurance, and private pay are accepted.
SOS Serving our Seniors

Contact:  
Last Updated: 07/20/2022 4:14:52PM  
Last Reviewed: 07/20/2022

Phones:  (207) 251-6549 [Business]*

Address:  
Unpublished  
Kennebunk, ME 04043 (York county)

Web Site:  http://daniellebonneyssos.com/

Eligibility:  
SOS is a registered Personal Care Agency that provides home non-medical services such as companionship, transportation to appointments and assistance with tasks of daily living. The services are flexible and customized to every client’s specific needs. Located in coastal York county but will provide services anywhere in York and Cumberland counties.

Please call for a free consultation at home.