Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality

### Atria Kennebunk

**Contact:**
- Last Updated: 03/17/2022 9:56:46AM
- Last Reviewed: 03/17/2022

**Address:**
- [Business]*
  - One Penny Lane
  - Kennebunk, ME 04043 (York county)

**Phones:**
- (207) 467-9121 [Fax],
- (207) 985-5866 [Business]*

**Web Site:** [www.atriakennebunk.com/](http://www.atriakennebunk.com/)

**Eligibility:**
- Accepts Mainecare/Medicaid

**Notes:**
Atria provides an environment where seniors live as actively and independently as possible. All apartments include private bath, kitchenette, ample closets, and emergency call buttons. There are 4 service programs tailored to individual needs: independent living, assisted living, a secure wing for those with memory impairment and a short term basis respite program for seniors recovering from an illness or surgery or who would like to try assisted living to see what it's like. Please call for more information and/or to arrange an appointment. This facility offers an independent living option and is also pet friendly.

### Avita of Stroudwater

**Contact:**
- Last Updated: 12/14/2021 8:58:19AM
- Last Reviewed: 12/14/2021

**Address:**
- [Business]*
  - Avita Of Stroudwater
  - 113 Landing Rd
  - Westbrook, ME 04092 (Cumberland county)

**Phones:**
- (207) 857-9007 [Business]*

**Web Site:** [www.northbridgecommunities.com/avita-of-stroudwater/](http://www.northbridgecommunities.com/avita-of-stroudwater/)

**Eligibility:**
- Accepts Mainecare/Medicaid

**Notes:**
Avita of Stroudwater is a 60 unit community that offers assisted living services in private and semi-private apartments for people age 62 and older in need of memory care. Please call for current fee structure and more information about admission procedure. Private pay required for an initial period before Mainecare accepted after 2 years of private pay. Avita also has an adult day program for seniors with memory issues. They require a 3 day minimum and can go up to 5 days a week. Hours are from 9 a.m. to 4 p.m. Call Avita for more information.
Avita of Wells

Contact:  
Last Updated: 09/07/2022 3:59:41PM  
Last Reviewed: 03/14/2022  
Phones: (207) 646-5444 [Fax], (207) 646-3444 [Business]*

Address:  
86 Sanford Rd.  
Wells, ME 04090 (York county)  
Web Site: www.northbridgecommunities.com/avita-of-wells/

Eligibility: Accepts Mainecare/Medicaid

Notes: Private and semi-private apartments in a separate and secure environment to support residents with Alzheimer’s and other memory impairments.

Avita’s surroundings are thoughtfully designed to be homelike and familiar. Apartments are clustered in small neighborhoods to minimize confusion and agitation and maximize the sense of freedom and comfort.

At Avita, they believe nature plays an important role in the health and happiness of their residents. Each neighborhood is designed with a safe and secure outdoor garden area with pathways for wandering, opportunities for gardening and various seating areas to soak in the sights and sounds of nature.

Avita of Wells also has an adult day center that is open Monday through Friday, 9 a.m. to 4 p.m. Open to anyone needing care. Please call for pricing.

Bay Square at Yarmouth

Contact:  
Last Updated: 04/06/2022 3:29:15PM  
Last Reviewed: 04/06/2022  
Phones: (207) 387-8334 [Business]*

Address:  
27 Forest Falls Drive  
Yarmouth, ME 04096 (Cumberland county)  
Web Site: https://www.benchmarkseniorliving.com/our-communities

Eligibility:  
Bay Square is a licensed Assisted Living Program with studio, 1BR and 2BR apartments. The monthly fee includes rent, utilities (except phone and cable television), use of common areas and a base package of personal care, 3 meals a day, housekeeping, transportation. They also offer social, educational, and cultural activities. Additional services are available for a fee. Bay Square provides enhanced care and 2 person assist if needed.

Bay Square at Yarmouth is also a memory care community designed to fit the needs of residents with Alzheimer’s memory loss, or other forms of dementia.

Respite Care is also available.  
Please call for a tour or more information at 387-8334.
**Bella Point Bridgton**

Contact: [Business]*
Last Updated: 03/17/2022 2:42:15PM
Last Reviewed: 12/22/2021

Address: 186 Portland Road
Bridgton, ME 04009 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Formerly Bridgton Health & Residential Care Center.

Bella Point Bridgton has 43 nursing facility beds and a 16 bed Assisted Living wing for Alzheimer and Dementia care. Rehab Services include Physical, Occupational, and Speech Therapy which is provided on either in-patient or outpatient basis. Respite Care is available for stays from 2 to 30 days.

Licensed as Residential Care Facility Level IV and Nursing Facility

The assisted living unit consists of 8 semiprivate rooms, for Alzheimer's/dementia residents and it is a secure, locked unit. This gives us the extra protection to care for your loved ones who like to wander.

The facility is licensed by the Department of Human Services. We are certified by Medicare and accept payments from private funds, third party insurance, Medicare, and Mainecare (Medicaid). We do require pre-approval from Mainecare before we will accept someone for admission. Our Social Services Department is very knowledgeable in assisting in the Mainecare application process.

**Cape Memory Care**

Contact: [Business]*
Last Updated: 03/17/2022 2:48:33PM
Last Reviewed: 12/22/2021

Address: 126 Scott Dyer Road
Cape Elizabeth, ME 04107 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Cape Memory Care is located in the beautiful and historic town of Cape Elizabeth, this gracious and comfortable environment for living was designed specifically for individuals living with Alzheimer's disease, dementia or other related memory impairments. Features: 72-bed memory care community featuring both private and shared rooms; Private pay or MaineCare accepted; Secured environment for living; Personalized plans of care; Specially trained and carefully selected staff available 24/7.
Casco Inn Residential Care Facility

Contact:
Last Updated: 03/17/2022 2:49:19PM
Last Reviewed: 12/15/2021

Phones: (207) 627-6054 [Fax],
(207) 627-7199 [Business]*

Address: [Business]*
434 Roosevelt Trail
Casco, ME 04015 (Cumberland county)

Web Site: www.cascoinn.com

Eligibility: Accepts Mainecare/Medicaid

Notes: The Casco Inn is a Licensed Level IV Residential Care Facility with 39 beds. Services include 3 meals/day, 24 hour medical supervision, personal care, medication administration, housekeeping, laundry, and daily activities. A beautician and a podiatrist visit the Inn regularly.

Country Village Assisted Living

Contact:
Last Updated: 03/17/2022 2:49:46PM
Last Reviewed: 12/15/2021

Phones: (207) 627-7111 [Business]*,
(207) 627-7505 [Fax]

Address: [Business]*
960 Meadow Road
Route 121
Casco, ME 04015 (Cumberland county)

Web Site: www.countryvillageal.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Country Village Assisted Living is a licensed Level IV PNMI Residential Care Facility with 30 beds. Services include private rooms, 24-hour staffing, medication monitoring, meals cooked to special needs, daily activities, social outings and events, and a styling and beauty salon. The facility is located within walking distance of the town library, post office, Casco Days Park, and has a scenic view of Pleasant Lake. Medicaid beds are available.
Enclave of Scarborough

Contact:
Last Updated: 05/31/2022 2:04:04PM
Last Reviewed: 12/17/2021
Phones: (888) 240-7198 [Business]
Address:
18 Black Point Rd
Scarborough, ME 04074 (Cumberland county)
Web Site: www.bridgeseniorliving.com

Eligibility:
Accepts Mainecare/Medicaid

Notes:
The Enclave of Scarborough is vibrant senior community offering its residents an incredible lifestyle through personalized programming and a motto of "fun", making this a wonderful place for seniors to call home.

The Enclave of Scarborough offers both assisted living and memory care, with 24/7 staff available to residents including nursing, certified caregivers, and medication management. There is a variety of amenities included: meals, housekeeping, laundry services (both personal and bedding), transportation, and more!

For more information and to set up a visit, please contact Angela Fall, Director of Sales at 207.883.3889. We look forward to welcoming you HOME!

Fallbrook Woods

Contact:
Last Updated: 03/17/2022 2:50:33PM
Last Reviewed: 02/24/2020
Phones: (207) 878-0788 [Business]*,
(207) 878-7734 [Fax]
Address:
60 Merrymeeting Drive
Portland, ME 04103 (Cumberland county)
Web Site: www.fallbrookwoods.com/

Eligibility:
Accepts Mainecare/Medicaid

Notes:
Fallbrook Woods is a Level IV PNMI Residential Care Facility with 56 beds. It is secure unit for residents with Alzheimer's Disease and other dementias. Services include nurse on call 24/7, three meals/day, housekeeping, laundry, medication administration, personal care assistance, transportation, and an activities program. Residents are welcome to bring their own furnishings. Respite Care can be arranged on a bed-availability basis in both the ALF and Dementia unit. Private Pay for 2 years then accept MaineCare if eligible.
### First Atlantic: Hawthorne House

<table>
<thead>
<tr>
<th>Contact:</th>
<th>Phones: (207) 865-4782 [Business]*</th>
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<tbody>
<tr>
<td>Last Updated: 03/17/2022 2:51:14PM</td>
<td>Last Reviewed: 12/17/2021</td>
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<tr>
<td>Address: [Business]* 6 Old County Road Freeport, ME 04032 (Cumberland county)</td>
<td>Web Site: <a href="http://www.hawthorne-healthcare.com/">www.hawthorne-healthcare.com/</a></td>
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<td>Eligibility: Accepts Mainecare/Medicaid</td>
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<tr>
<td>Notes: Hawthorne House is an 81 bed skilled nursing, long-term care, post-acute rehabilitation, memory care and geropsych special care facility and 14 bed locked assisted living memory care. We offer private and semi-private rooms. The facility offers both inpatient and outpatient physical therapy as well as occupational and speech therapy. They can help with nutritional concerns, pain management, post-acute care transitions, stroke care, cardiovascular problems, memory care and clinically complex care involving IV's. Respite care can be arranged if a bed is available. Please contact admissions for more information.</td>
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### Gorham House Memory Care

<table>
<thead>
<tr>
<th>Contact:</th>
<th>Phones: (207) 839-5757 [Business]*, (207) 839-8263 [Fax]</th>
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<tbody>
<tr>
<td>Last Updated: 03/17/2022 11:10:06AM</td>
<td>Last Reviewed: 12/22/2021</td>
</tr>
<tr>
<td>Address: [Business]* 50 New Portland Road Gorham, ME 04038 (Cumberland county)</td>
<td>Web Site: <a href="http://www.gorhamhouse.com/memory-care">www.gorhamhouse.com/memory-care</a></td>
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<tr>
<td>Eligibility: Accepts Mainecare/Medicaid</td>
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<tr>
<td>Notes: Oxford Common offers Assisted Living in 8 private and 20 semi-private apartments for people who have Alzheimer or other related dementia. It is a totally secure unit that is carefully monitored by fully trained licensed staff. Therapeutic activities for the memory impaired are part of the program. Eligibility: Diagnosis of dementia and in need of a secured unit; must qualify for assisted living. Please call for more information and current costs; private pay required for an initial period before MaineCare accepted.</td>
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HarborChase of South Portland

Contact: [Residence]*
Last Updated: 06/03/2022 12:03:32PM
Last Reviewed: 06/03/2022

Address: 25 Country Club Rd
South Portland, ME 04106 (Cumberland county)

Phones: (207) 900-1067 [Business]*
Web Site: https://www.harborchase.com/harborchase-south-portland/

Eligibility:

Notes: HarborChase of South Portland offers 24/7 assistance with daily activities like bathing, eating and medication management, and mobility and transferring.

The Sound at HarborChase of South Portland offers a safe and stimulating environment for those with mild or temporary memory loss or those who don't yet require the full attention of memory care. While The Sound is a specialized memory care neighborhood intended for individuals with mild dementia, it can also be utilized as a transitional opportunity for those whose cognitive needs may change over time. Should an individual require more attention and care, they have the option of transitioning to their full South Portland memory care program, The Cove.

Huntington Common: Memory Care

Contact: [Business]*
Last Updated: 03/17/2022 3:01:20PM
Last Reviewed: 03/17/2022

Address: 1 Huntington Common Drive
Kennebunk, ME 04043 (York county)

Phones: (207) 985-2810 [Business],
(800) 585-0533 [Business],
(207) 518-7406 [Business]*
Web Site: www.sunriseseniorliving.com

Eligibility:

Notes: Huntington Common provides a special neighborhood for residents with Alzheimer’s and other memory impairments under Sunrise Senior Living's Reminiscence Program. Bradford Court is a memory impairment/Alzheimer’s facility with 24 units. It is a secured environment with a central courtyard that allows residents a sense of freedom. In addition to the physical and emotional assistance and cuing offered by staff, all housekeeping services, linen and laundry are included. Please call 518-7406 to arrange a tour and for more information about the application process.
Island Commons Assisted Living

Contact: 
Last Updated: 03/25/2022 7:43:15AM 
Last Reviewed: 03/25/2022 
Phones: (207) 846-5610 [Business]*, (207) 846-9706 [Business Fax], (207) 846-4456 [Other] 
Address: [Business]* 
132 Littlefield Road 
Chebeague Island, ME 04017 (Cumberland county) 
Web Site: www.islandcommons.com
Eligibility: Accepts Mainecare/Medicaid 
Notes: Island Commons provides residential and health care services to up to 6 people. Populations served include the dependent elderly, adults with mental illness or retardation, and adults with Alzheimer’s/dementia. 
There is an on-site licensed Adult Day Program that can accommodate two additional adults each day for health monitoring, rest, and personal care services in addition to a group program of meals, therapeutic activities, medication administration, supervision, and companionship. This program is available to any elder on Chebeague who wishes to spend a day with others, share a meal and participate in group or individual activities or as respite for the family. 
Level IV PNMI Residential Care Facility & Adult Day Program 
Please call for more information and the admissions process

Maine Veterans Home

Contact: 
Last Updated: 03/17/2022 2:53:38PM 
Last Reviewed: 12/22/2021 
Phones: (207) 883-7184 [Business], (800) 278-9494 [Toll-Free]* 
Address: [Business]* 
290 US Route 1 
Scarborough, ME 04074 (Cumberland county) 
Web Site: www.maineveterans.org
Eligibility: Accepts Mainecare/Medicaid 
Notes: The Maine Veterans' Home in Scarborough have 120 beds providing long term care, short term skilled nursing care, memory care, rehabilitation and therapy services. 30 beds for assisted living residential care for those in the early stages of dementia; Respite care; On-site Medical Director and Physician Services; 24-hour RN coverage; Clinical site for educational and training programs. MVH has a team of highly skilled healthcare professionals, trained specifically to care for the physical and emotional needs of Veterans. Offer individualized care plans for each resident integrating nursing care, rehab & therapies, and recreational activities.
Oceanview at Falmouth

Contact: [Business]*
Last Updated: 03/17/2022 2:54:20PM
Last Reviewed: 07/11/2018

Phones: (207) 781-4460 [Business]*,
(207) 781-4621 [Business]

Address: [Business]*
20 Blueberry Lane
Falmouth, ME 04105 (Cumberland county)

Web Site: www.oceanviewrc.com

Eligibility: 

Notes: The OceanView campus for ages 55+ includes Independent Living options in cottage residences or apartments, an Assisted Living facility, Falmouth House. Please call for more information and the application process details including current fee structure.
For independent community please call 207-781-4460 to speak with Gloria Walker.
For assisted living or memory care residence, please call Elaine DuMais at 207-781-4621.

Piper Shores

Contact: [Business]*
Last Updated: 03/17/2022 2:54:42PM
Last Reviewed: 12/22/2021

Phones: (207) 883-8700 [Main]*,
(888) 333-8711 [Toll-Free]

Address: [Business]*
15 Piper Road
Scarborough, ME 04074 (Cumberland county)

Web Site: www.pipershores.org

Eligibility: 

Notes: Piper Shores is a lifecare retirement community that provides residents with the peace of mind knowing that lifecare combines all the advantages of independent living plus priority access to onsite assisted living and skilled nursing care, if needed. Lifecare at Piper Shores also means that you will always have a predictable monthly payment for assisted living and nursing home care.

Assisted living residences at Holbrook feature private one-bedroom apartments. Personal care, therapy coordination, transportation scheduling, housekeeping and laundry services are all provided.

Holbrook’s Wayland House Memory Care offers the secure environment. Our PersonFirst® approach to memory care focuses attention on the individual needs, personality, and desires of each of our residents.

Holbrook Skilled Nursing offers private rooms for short-term rehabilitation, respite care and long-term nursing care. All rooms are presently available on a first come, first served basis, with Piper Shores residents receiving first priority. Dually certified by the State of Maine, Holbrook welcomes both private pay and Medicare patients, accept direct admissions, and offers competitive rates.

Please call for more information about Piper Shores, current availability and fee structure.
### Portland Center for Assisted Living

**Contact:**
- Last Updated: 03/17/2022 2:55:04PM
- Last Reviewed: 03/14/2022

**Phones:**
- (207) 772-3230 [Fax],
- (207) 772-2893 [Business]*

**Address:**
- [Business]*
  68 Devonshire Street
  Portland, ME 04103 (Cumberland county)

**Web Site:** www.pcalmaine.com

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Located in the heart of Maine's largest city, Portland Center for Assisted Living provides accommodations for 170 Residents, including 28 secure living spaces for those who are memory impaired. Devonshire Place at PCAL recognizes the unique needs of individuals with memory loss. We believe in the dignity of those we serve by recognizing their physical, emotional and spiritual needs. We strive to assist every individual to achieve their highest level of well being with a tailored atmosphere allowing them to flourish.

The rooms are fully furnished, but residents are welcome to bring personal belongings. Services included in the rates are housekeeping, laundry services, medication administration, 3 meals/day, snacks available anytime, limited assistance with bathing and dressing, and transportation to medical appointments and recreational activities. Please call for an informational packet and/or a tour of the facility.

### Scarborough Terrace Memory Program

**Contact:**
- Last Updated: 03/17/2022 2:43:22PM
- Last Reviewed: 03/14/2022

**Phones:**
- (207) 503-5011 [Business]*

**Address:**
- [Business]*
  600 Commerce Drive
  Scarborough, ME 04074 (Cumberland county)

**Web Site:** www.scarboroughterrace.com/

**Eligibility:** Other - See Notes

**Notes:** The Rose Garden—with its cozy, light-filled and intimate setting—is home to our specialized memory care program available to residents with Alzheimer's, dementia, and other forms of memory loss. Every resident is cared for by our compassionate, skilled team of professionals with many years of knowledge and experience. Our memory care program is much smaller than others in the area, so our residents receive very personalized attention and enjoy home-like intimacy.

The Rose Garden provides a gracious, dignified, and secure residential environment which nurtures and cares for residents with memory loss. Life quality enhancements include a secure courtyard, individualized programs to stimulate previous interests; and wellness and exercise programs to maintain physical abilities. Please call for mor information about admission and/or a tour.
Sentry Hill at York Harbor

**Contact:**
- Last Updated: 03/17/2022 3:01:46PM
- Last Reviewed: 03/17/2022

**Address:**
- [Business]*
  2 Victoria Court
  York, ME 03909 (York county)

**Eligibility:**
- Accepts Mainecare/Medicaid

**Notes:**
- Sentry Hill is a retirement community that offers a wide range of housing options including The Sentry Hill Inn and The Cottages for independent residential living.

  Tennyson Lane provides private and semi-private efficiency apartments ranging in size and price. One bedroom, deluxe one bedroom and studio options all with private baths are available to individuals who enjoy their independence, but need some daily assistance. Supportive services include an in-house 24/7 emergency lifeline system with GPS capabilities, personal care, cueing and anxiety management, in addition to medication administration.

  The Browning Lane facility at Sentry Hill offers private and semi-private living suites for people who have Alzheimer's Disease or related dementia. This secured neighborhood, supported by a fully trained and dedicated staff, allows residents to enjoy an active lifestyle in the sunshine of the atrium and the lovely garden and does accept Mainecare.

  The Dickens Lane facility provides extended living. Private and Semi-private bedroom suites are available, and residents enjoy an array of activities in the sunroom, recreation room, and outside in the courtyard. Our all inclusive service structure allows residents to age in place.

  Please note: Only memory care unit accepts Mainecare.

  Please call for current fee structure and admission process to any of Sentry Hill.
### Southridge Rehabilitation & Living Center

<table>
<thead>
<tr>
<th>Contact:</th>
<th>Phones: (207) 282-4138 [Business]*, (800) 671-4138 [Other]</th>
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<td>Last Updated: 03/17/2022 3:03:01PM</td>
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<td>Last Reviewed: 03/17/2022</td>
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<tr>
<td>Address: [Business]* 10 May Street Biddeford, ME 04005 (York county)</td>
<td>Web Site: <a href="http://www.southridgerehabandliving.com">www.southridgerehabandliving.com</a></td>
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<tr>
<td>Eligibility: Accepts Mainecare/Medicaid</td>
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<tr>
<td>Notes: Southridge Rehabilitation and Living Center offers a full range of health services from transitional care between hospital and home to long-term nursing care. Rehabilitation is their specialty. They also offer a special program for patients with Alzheimer's Disease but they do not have a locked unit. There is a 46-bed assisted living unit. Services include 24 hour nursing care; activities such as exercise classes, films and outings for lunch, shopping and special events; nutritional services; and physical, occupational, speech, and language therapies. Palliative care is provided with particular emphasis on comfort and support for the families and individuals approaching end stages of life. Please call and ask to speak to someone about admission. Accepts Mainecare. Private pay not required at admission.</td>
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### Summer Commons

<table>
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<tr>
<th>Contact:</th>
<th>Phones: (207) 206-1360 [Other]*</th>
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<td>Last Reviewed: 03/17/2022</td>
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<tr>
<td>Address: [Business]* 21 June St Sanford, ME 04073 (York county)</td>
<td>Web Site:</td>
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<tr>
<td>Eligibility: Accepts Mainecare/Medicaid</td>
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<tr>
<td>Notes: Summer Commons is a new state-of-the-art licensed 64-bed skilled nursing care center, Long Term Care, as well as a 30-bed assisted living unit specializing in Memory Care. Accepts Mainecare.</td>
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The Cedars

Contact:  
Last Updated: 03/17/2022 2:56:12PM  
Last Reviewed: 03/14/2022  

Phone: (207) 221-7000 [Main]*,  
(207) 772-6038 [Fax],  
(207) 772-5456 [Business]  

Address:  
[Business]*  
620 - 640 Ocean Avenue  
Portland, ME 04103 (Cumberland county)  

Web Site: www.thecedarsportland.org

Eligibility: Accepts Mainecare/Medicaid

Notes: The Cedars offers independent living, assisted living, Memory Care, rehabilitation and skilled care options.

The Atrium is the 61 unit independent living community. Housekeeping, linen service, maintenance, choice of meal plan, and optional social, and recreational programs are included in the monthly fee. Pets, including indoor cats and small dogs, are allowed with permission.

Assisted living at The Osher offers the privacy of your own apartment while providing personal support when you need it. Our staff will help you with activities like bathing, dressing and taking your medications – all under the supervision of a registered nurse. With three nutritious meals daily, a calendar of programs and events, housekeeping and laundry services. On-site nursing is available at the Rehabilitation Center and the Skilled Care Center at the Cedars.

The Sam L. Cohen Households at The Cedars, offering Memory Care Assisted Living and Long-term, Skilled Nursing Care are like nothing Maine’s older adults have seen before. Welcoming private rooms and baths. Cozy and comfortable common spaces. Innovative programs and therapies.

Please call FMI and for current fee structure - independent living requires an entrance fee; assisted living is private pay.

Cedars also offers fine dining take-out Kosher meals. Meal items available correspond with the menu items available to Cedars' Nursing Home residents. Please call dietary department 772-5456 to order meal(s) 2 days in advance, FMI, and to confirm costs. Meals are picked up at the reception desk and are paid for when picked up.
Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality

The Landing At Saco Bay

Contact: [Business]*
Last Updated: 03/17/2022 3:08:40PM
Last Reviewed: 03/17/2022

Address: 392 Main Street
Saco, ME 04072 (York county)

Phones: (207) 284-0900 [Business]*
Web Site: www.thelandingsmaine.com

Eligibility:

Notes: The Landing at Saco Bay is situated in a lovely residential area on charming Main Street in Saco. This setting allows our residents to continue to be part of the town they so love. We offer Memory Care Services, Licensed, Dementia-Trained Nursing Staff Onsite; Extended Nursing Care and Elevated Staffing Levels for More Acute Residents, Including Hospice Care; Physician, Dietitian, Psychiatric, Pharmacy and Podiatry Services, Individualized Diets with Specialized Culinary Programs, Three Delicious Daily Meals and Healthy Snacks, Social Engagement Programming Days a Week, Housekeeping and Linen Services.

Our Short-Stay Respite Program features; private and Companion Apartments, Common Areas with Large Screen Televisions, Comfortable Outdoor Spaces, Alzheimer’s and Dementia Support Group, Community Education and Support Groups, Affordable Options. Proud to now offer a limited number of MaineCare shared apartments.

The Mooring at the Downs

Contact: [Residence]*
Last Updated: 06/03/2022 12:01:22PM
Last Reviewed: 06/03/2022

Address: 7 Mill Commons Dr
Scarborough, ME 04074 (Cumberland county)

Phones: (207) 303-8754 [Business]*
Web Site: https://themooringatthedowns.com/

Eligibility:

Notes: Situated in one of Scarborough’s newest neighborhoods, The Mooring at The Downs is at the heart of everything Southern Maine has to offer. Designed to serve the specific needs of individuals living with dementia, Alzheimer’s Disease and other forms of progressive memory loss. At The Mooring, housemates experience customized, resident-centric care in a home-like setting – with programming that leverages cognitive strengths, preserves autonomy and respects individuality.
## The Mooring on Foreside

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<th>Contact:</th>
<th>Phones:</th>
<th>(207) 489-9614 [Business]*</th>
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<td>301 Route One</td>
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<tr>
<td>Cumberland Foreside, ME 04110 (Cumberland county)</td>
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**Eligibility:**

**Notes:** The Mooring on Foreside was designed to serve the specific needs of individuals with dementia, Alzheimer’s Disease and other forms of progressive memory loss. The Mooring was developed to reflect the best practices in memory care-focused assisted living, providing a familiar, homelike setting that respects individuality, preserves dignity, minimizes transitional anxiety and transcends the paradigm of a traditional nursing home.