Avita of Stroudwater

Contact: 12/14/2021 8:58:19AM  Last Updated: 12/14/2021  Last Reviewed: 12/14/2021
Address: Avita Of Stroudwater 113 Landing Rd  Westbrook, ME 04092 (Cumberland county)
Eligibility: Accepts Mainecare/Medicaid
Notes: Avita of Stroudwater is a 60 unit community that offers assisted living services in private and semi-private apartments for people age 62 and older in need of memory care. Please call for current fee structure and more information about admission procedure. Private pay required for an initial period before Mainecare accepted after 2 years of private pay. Avita also has an adult day program for seniors with memory issues. They require a 3 day minimum and can go up to 5 days a week. Hours are from 9 a.m. to 4 p.m. Call Avita for more information.

Avita of Wells

Contact: 09/07/2022 3:59:41PM  Last Updated: 03/14/2022  Last Reviewed: 03/14/2022
Address: Avita Of Wells 86 Sanford Rd. Wells, ME 04090 (York county)
Eligibility: Accepts Mainecare/Medicaid
Notes: Private and semi-private apartments in a separate and secure environment to support residents with Alzheimer’s and other memory impairments. Avita’s surroundings are thoughtfully designed to be homelike and familiar. Apartments are clustered in small neighborhoods to minimize confusion and agitation and maximize the sense of freedom and comfort. At Avita, they believe nature plays an important role in the health and happiness of their residents. Each neighborhood is designed with a safe and secure outdoor garden area with pathways for wandering, opportunities for gardening and various seating areas to soak in the sights and sounds of nature. Avita of Wells also has an adult day center that is open Monday through Friday, 9 a.m. to 4 p.m. Open to anyone needing care. Please call for pricing.
Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality -
Mainecare Accepted

Bella Point Bridgton

Contact: 
Last Updated: 03/17/2022 2:42:15PM 
Last Reviewed: 12/22/2021
Address: 186 Portland Road 
Bridgton, ME 04009 (Cumberland county)
Eligibility: Accepts Mainecare/Medicaid
Notes: Formerly Bridgton Health & Residential Care Center.
Bella Point Bridgton has 43 nursing facility beds and a 16 bed Assisted Living wing for Alzheimer and Dementia ca
Rehab Services include Physical, Occupational, and Speech Therapy which is provided on either in-patient or out-patient basis. Respite Care is available for stays from 2 to 30 days.
Licensed as Residential Care Facility Level IV and Nursing Facility
The assisted living unit consists of 8 semiprivate rooms, for Alzheimer’s/dementia residents and it is a secure, locked unit. This gives us the extra protection to care for your loved ones who like to wander.
The facility is licensed by the Department of Human Services. We are certified by Medicare and accept payments from private funds, third party insurance, Medicare, and Mainecare (Medicaid). We do require pre-approval from Mainecare before we will accept someone for admission. Our Social Services Department is very knowledgeable in assisting in the Mainecare application process.

Cape Memory Care

Contact: 
Last Updated: 03/17/2022 2:48:33PM 
Last Reviewed: 12/22/2021
Address: 126 Scott Dyer Road 
Cape Elizabeth, ME 04107 (Cumberland county)
Eligibility: Accepts Mainecare/Medicaid
Notes: Cape Memory Care is located in the beautiful and historic town of Cape Elizabeth, this gracious and comfortable environment for living was designed specifically for individuals living with Alzheimer's disease, dementia or other related memory impairments. Features: 72-bed memory care community featuring both private and shared rooms; Private pay or MainCare accepted; Secured environment for living; Personalized plans of care; Specially trained and carefully selected staff available 24/7.
Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality -
Mainecare Accepted

Casco Inn Residential Care Facility

Contact: [Business]*
Last Updated: 03/17/2022 2:49:19PM
Last Reviewed: 12/15/2021

Address: [Business]*
434 Roosevelt Trail
Casco, ME 04015 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: The Casco Inn is a Licensed Level IV Residential Care Facility with 39 beds. Services include 3 meals/day, 24-hour medical supervision, personal care, medication administration, housekeeping, laundry, and daily activities. A beautician and a podiatrist visit the Inn regularly.

Country Village Assisted Living

Contact: [Business]*
Last Updated: 03/17/2022 2:49:46PM
Last Reviewed: 12/15/2021

Address: [Business]*
960 Meadow Road
Route 121
Casco, ME 04015 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Country Village Assisted Living is a licensed Level IV PNMI Residential Care Facility with 30 beds. Services include private rooms, 24-hour staffing, medication monitoring, meals cooked to special needs, daily activities, social outings and events, and a styling and beauty salon. The facility is located within walking distance of the town library, post office, Casco Days Park, and has a scenic view of Pleasant Lake. Medicaid beds are available.

Fallbrook Woods

Contact: [Business]
Last Updated: 03/17/2022 2:50:33PM
Last Reviewed: 02/24/2020

Address: [Business]
60 Merrymeeting Drive
Portland, ME 04103 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Fallbrook Woods is a Level IV PNMI Residential Care Facility with 56 beds. It is secure unit for residents with Alzheimer's Disease and other dementias. Services include nurse on call 24/7, three meals/day, housekeeping, laundry, medication administration, personal care assistance, transportation, and an activities program. Residents are welcome to bring their own furnishings. Respite Care can be arranged on a bed-availability basis in both the ALF and Dementia unit. Private Pay for 2 years then accept MaineCare if eligible.
Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality -
Mainecare Accepted

First Atlantic: Hawthorne House

Contact: 
Last Updated: 03/17/2022 2:51:14PM
Last Reviewed: 12/17/2021

Address: [Business]*
6 Old County Road
Freeport, ME 04032 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Hawthorne House is an 81 bed skilled nursing, long-term care, post-acute rehabilitation, memory care and geropsych special care facility and 14 bed locked assisted living memory care. We offer private and semi-private rooms. The facility offers both inpatient and outpatient physical therapy as well as occupational and speech therapy. They can help with nutritional concerns, pain management, post-acute care transitions, stroke care, cardiovascular problems, memory care and clinically complex care involving IV's. Respite care can be arranged if a bed is available. Please contact admissions for more information.

Gorham House Memory Care

Contact: 
Last Updated: 03/23/2022 11:10:06AM
Last Reviewed: 12/22/2021

Address: [Business]*
50 New Portland Road
Gorham, ME 04038 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Oxford Common offers Assisted Living in 8 private and 20 semi-private apartments for people who have Alzheimer's or other related dementia. It is a totally secure unit that is carefully monitored by fully trained licensed staff. Therapeutic activities for the memory impaired are part of the program. Eligibility: Diagnosis of dementia and in need of a secured unit; must qualify for assisted living. Please call for more information and current costs; private pay required for an initial period before MaineCare accepted.
Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality - Mainecare Accepted

Island Commons Assisted Living

Contact: Last Updated: 03/25/2022 7:43:15AM
Last Reviewed: 03/25/2022

Address: [Business]*
132 Littlefield Road
Chebeague Island, ME 04017 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Island Commons provides residential and health care services to up to 6 people. Populations served include the dependent elderly, adults with mental illness or retardation, and adults with Alzheimer’s/dementia.

There is an on-site licensed Adult Day Program that can accommodate two additional adults each day for health monitoring, rest, and personal care services in addition to a group program of meals, therapeutic activities, medication administration, supervision, and companionship. This program is available to any elder on Chebeague who wishes to spend a day with others, share a meal and participate in-group or individual activities or as respite for the family.

Level IV PNMI Residential Care Facility & Adult Day Program

Please call for more information and the admissions process

Maine Veterans Home

Contact: Last Updated: 03/17/2022 2:53:38PM
Last Reviewed: 12/22/2021

Address: [Business]*
290 US Route 1
Scarborough, ME 04074 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: The Maine Veterans' Home in Scarborough have 120 beds providing long term care, short term skilled nursing care, memory care, rehabilitation and therapy services. 30 beds for assisted living residential care for those in the early stages of dementia; Respite care; On-site Medical Director and Physician Services; 24-hour RN coverage; Clinical site for educational and training programs. MVH has a team of highly skilled healthcare professionals, trained specifically to care for the physical and emotional needs of Veterans. Offer individualized care plans for each resident integrating nursing care, rehab & therapies, and recreational activities.

Phones: (207) 846-5610 [Business]*,
(207) 846-9706 [Business Fax],
(207) 846-4456 [Other]

Web Site: www.islandcommons.com

Phones: (207) 883-7184 [Business],
(800) 278-9494 [Toll-Free]*

Web Site: www.maineveterans.org

This resource information is provided as a service of the So. Maine Agency on Aging, 30 Barra Road, Biddeford, ME 04005, 1-800-427-7411. SMAA does not licence, endorse or recommend any specific provider, nor can we guarantee the quality of service from providers.
### Portland Center for Assisted Living

**Contact:**
- Last Updated: 03/17/2022 2:55:04PM
- Last Reviewed: 03/14/2022

**Address:** [Business]*
- 68 Devonshire Street
- Portland, ME 04103 (Cumberland county)

**Eligibility:** Accepts Mainecare/Medicaid

**Notes:** Located in the heart of Maine’s largest city, Portland Center for Assisted Living provides accommodations for 170 residents, including 28 secure living spaces for those who are memory impaired. Devonshire Place at PCAL recognizes the unique needs of individuals with memory loss. We believe in the dignity of those we serve by recognizing their physical, emotional and spiritual needs. We strive to assist every individual to achieve their highest level of well-being with a tailored atmosphere allowing them to flourish.

The rooms are fully furnished, but residents are welcome to bring personal belongings. Services included in the rates are housekeeping, laundry services, medication administration, 3 meals/day, snacks available anytime, limited assistance with bathing and dressing, and transportation to medical appointments and recreational activities. Please call for an informational packet and/or a tour of the facility.
Sentry Hill at York Harbor

Contact: [Business]*
Last Updated: 03/17/2022  3:01:46PM
Last Reviewed: 03/17/2022

Address: 2 Victoria Court
York, ME 03909 (York county)

Eligibility: Accepts Mainecare/Medicaid

Phones: (207) 363-5116 [Business]*,
(207) 363-4182 [Business Fax]

Web Site: www.sentryhillyorkharbor.com

Notes: Sentry Hill is a retirement community that offers a wide range of housing options including The Sentry Hill Inn and The Cottages for independent residential living.

Tennyson Lane provides private and semi-private efficiency apartments ranging in size and price. One bedroom, deluxe one bedroom and studio options all with private baths are available to individuals who enjoy their independence, but need some daily assistance. Supportive services include an in-house 24/7 emergency lifeline system with GPS capabilities, personal care, cueing and anxiety management, in addition to medication administration.

The Browning Lane facility at Sentry Hill offers private and semi-private living suites for people who have Alzheimer's Disease or related dementia. This secured neighborhood, supported by a fully trained and dedicated staff, allows residents to enjoy an active lifestyle in the sunshine of the atrium and the lovely garden and does accept Mainecare.

The Dickens Lane facility provides extended living. Private and Semi-private bedroom suites are available, and residents enjoy an array of activities in the sunroom, recreation room, and outside in the courtyard. Our all inclusive service structure allows residents to age in place.

Please note: Only memory care unit accepts Mainecare.

Please call for current fee structure and admission process to any of Sentry Hill.
Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality -
Mainecare Accepted

Southridge Rehabilitation & Living Center

Contact: 
Last Updated: 03/17/2022  3:03:01PM 
Last Reviewed: 03/17/2022

Phones:  (207) 282-4138 [Business]*,
          (800) 671-4138 [Other]

Address:  [Business]*
          10 May Street
          Biddeford, ME 04005 (York county)

Web Site:  www.southridgerehabandliving.com

Eligibility:  Accepts Mainecare/Medicaid

Notes:  Southridge Rehabilitation and Living Center offers a full range of health services from transitional care between hospital and home to long-term nursing care. Rehabilitation is their specialty. They also offer a special program for patients with Alzheimer's Disease but they do not have a locked unit.

There is a 46-bed assisted living unit. Services include 24 hour nursing care; activities such as exercise classes, films and outings for lunch, shopping and special events; nutritional services; and physical, occupational,speech, and language therapies. Palliative care is provided with particular emphasis on comfort and support for the families and individuals approaching end stages of life. Please call and ask to speak to someone about admission. Accepts Mainecare. Private pay not required at admission.

Summer Commons

Contact: 
Last Updated: 06/06/2022  1:00:46PM 
Last Reviewed: 03/17/2022

Phones:  (207) 206-1360 [Other]*

Address:  [Business]*
          21 June St
          Sanford, ME 04073 (York county)

Web Site:  

Eligibility:  Accepts Mainecare/Medicaid

Notes:  Summer Commons is a new state-of-the-art licensed 64-bed skilled nursing care center, Long Term Care, as well as a 30-bed assisted living unit specializing in Memory Care. Accepts Mainecare.
The Cedars

Contact:
Last Updated: 03/17/2022 2:56:12PM  
Last Reviewed: 03/14/2022

Address:
[Business]*
620 - 640 Ocean Avenue  
Portland, ME 04103 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Phones:
(207) 221-7000 [Main]*,
(207) 772-6038 [Fax],
(207) 772-5456 [Business]

Web Site: www.thecedarsportland.org

Notes:
- The Cedars offers independent living, assisted living, Memory Care, rehabilitation and skilled care options.
- The Atrium is the 61 unit independent living community. Housekeeping, linen service, maintenance, choice of meal plan, and optional social, and recreational programs are included in the monthly fee. Pets, including indoor cats and small dogs, are allowed with permission.
- Assisted living at The Osher offers the privacy of your own apartment while providing personal support when you need it.
- Our staff will help you with activities like bathing, dressing and taking your medications – all under the supervision of a registered nurse. With three nutritious meals daily, a calendar of programs and events, housekeeping and laundry services. On-site nursing is available at the Rehabilitation Center and the Skilled Care Center at the Cedars.
- The Sam L. Cohen Households at The Cedars, offering Memory Care Assisted Living and Long-term, Skilled Nursing Care are like nothing Maine’s older adults have seen before. Welcoming private rooms and baths. Cozy and comfortable common spaces. Innovative programs and therapies.
- Please call FMI and for current fee structure - independent living requires an entrance fee; assisted living is private pay.
- Cedars also offers fine dining take-out Kosher meals. Meal items available correspond with the menu items available to Cedars' Nursing Home residents. Please call dietary department 772-5456 to order meal(s) 2 days in advance, FMI, and to confirm costs. Meals are picked up at the reception desk and are paid for when picked up.

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