

Provider List - Assisted Living - York County

Anchor Senior Care Residence

Contact: **Phones:** (207) 324-4046 [Business]*,
Last Updated: 02/04/2020 2:09:28PM (207) 324-8849 [Fax]
Last Reviewed: 02/04/2020

Address: [Business]* **Web Site:**
 25 Oak Street
 Springvale, ME 04083 (York county)

Eligibility:

Notes: Anchor Senior Care is a licensed 10 bed Level IV residential Care Facility. They provide a family atmosphere, nutritious home-cooked meals, transportation to doctor appointments and take pride in keeping a clean, comfortable, warm, safe environment that allows for personal independence and respect and allows privacy. Mainecare is accepted. Please call for more information and/or to apply for admission.

Atlantic Heights

Contact: **Phones:** (207) 283-3022 [Business]*,
Last Updated: 02/04/2020 3:02:06PM (207) 283-4236 [Business Fax],
Last Reviewed: 02/04/2020 (800) 874-6990 [Toll free in state]

Address: [Business]* **Web Site:** <http://www.atlanticheightsretirement.com/>
 100 Harbor Drive
 Saco, ME 04072 (York county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Atlantic Heights is a retirement community that offers a wide range of housing options and services including Independent Living, Assisted Living, Alzheimer's Care, Respite, Skilled Nursing & Rehab, Long Term Care and Hospice. Community members have priority access to the comprehensive healthcare services offered at Atlantic Heights. Vary depending on Housing & Services options selected.

Please call for more information.

Atria Kennebunk

Contact: **Phones:** (207) 467-9121 [Fax],
Last Updated: 02/04/2020 3:03:08PM (207) 504-5158 [Business]*
Last Reviewed: 02/04/2020

Address: [Business]* **Web Site:** www.atriakennebunk.com/
 One Penny Lane
 Kennebunk, ME 04043 (York county)

Eligibility:

Notes: Atria Kennebunk is a licensed Assisted Living Program that provides an environment where seniors live as actively and independently as possible. All apartments include private bath, kitchenette, ample closets, and emergency call buttons. There are 4 service programs tailored to individual needs: independent living, assisted living, a secure wing for those with memory impairment and a short-term basis respite program for seniors recovering from an illness or surgery or who would like to try assisted living to see what it's like. Please call for more information and/or to arrange an appointment. This facility offers an independent living option and is also pet friendly.

Provider List - Assisted Living - York County

Avita of Wells

Contact: **Phones:** (207) 646-5444 [Fax],
(207) 646-3444 [Business]*

Last Updated: 02/05/2020 9:38:34AM

Last Reviewed: 02/05/2020

Address: [Business]* **Web Site:** <http://northbridgecos.com/avita-of-wells/>
86 Sanford Rd.
Wells, ME 04090 (York county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Private and semi-private apartments in a separate and secure environment to support residents with Alzheimer's and other memory impairments.

Avita's surroundings are thoughtfully designed to be homelike and familiar. Apartments are clustered in small neighborhoods to minimize confusion and agitation and maximize the sense of freedom and comfort.

At Avita, they believe nature plays an important role in the health and happiness of their residents. Each neighborhood is designed with a safe and secure outdoor garden area with pathways for wandering, opportunities for gardening and various seating areas to soak in the sights and sounds of nature.

Avita of Wells also has an adult day center that is open Monday through Friday, 9 a.m. to 4 p.m. Open to anyone needing care. They do not accept Mainecare. Please call for pricing.

Berwick Estates

Contact: **Phones:** (207) 384-2715 [Business]*,
(844) 445-5355 [Fax]

Last Updated: 02/13/2020 8:40:08AM

Last Reviewed: 02/13/2020

Address: [Mailing] **Web Site:** www.berwickestates.org
869 Main St., Suite 600
Westbrook, ME 04092 (Cumberland county),
[Business]*
79 Portland Street
South Berwick, ME 03908 (York county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Berwick Estates has 37 beds, all semi-private rooms and is a licensed Level IV Residential Care Facility. Respite care may be arranged if a bed is available. Please call for more information, to arrange a tour and/or to apply for admission.

Biddeford Estates

Contact: **Phones:** (207) 283-0111 [Business]*,
(844) 438-5915 [Business Fax]

Last Updated: 02/18/2020 12:51:49PM

Last Reviewed: 02/18/2020

Address: [Business]* **Web Site:** biddefordestates.org
2 Dartmouth Street
Biddeford, ME 04005 (York county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Biddeford Estates, formerly York Manor, is a four story, 89-bed licensed ALF. The goals are for residents to be as self-reliant as they can be, practice individual choice, retain dignity, and participate in activities within the community as much as they want. If a bed is available, respite care can be arranged. Please call for more information and/or to apply for admission.

Provider List - Assisted Living - York County

Countryside Adult Family Care Home

Contact: [Business]*
Last Updated: 02/20/2020 3:21:25PM
Last Reviewed: 02/20/2020

Phones: (207) 929-5787 [Business]*

Address: [Business]*
 1334 Long Plains Road
 Buxton, ME 04093 (York county)

Web Site:

Eligibility: Accepts Mainecare/Medicaid

Notes: Countryside Adult Family Care Home is a licensed Level III Residential Care Facility that provides assisted living care. Private and semi-private rooms are available with an emergency response system built into each room and bathroom. Recreational and social events, including gardening and crafts, are encouraged. The facility will arrange transportation for medical appointments. Countryside also offers respite care at a daily rate. They accept private pay first and then Mainecare.

Huntington Common

Contact: [Business]*
Last Updated: 02/27/2020 11:34:20AM
Last Reviewed: 02/27/2020

Phones: (800) 585-0533 [Business]*,
 (207) 985-2810 [Main]

Address: [Business]*
 1 Huntington Common Drive
 Kennebunk, ME 04043 (York county)

Web Site: <http://www.sunriseseniorliving.com/communities/maine.aspx?cat=csb>

Eligibility:

Notes: Huntington Common is a retirement community that offers Independent living, Assisted Living including an Alzheimer's & Memory Impairment Unit, and customized low-vision adaptations to resident suites for low-vision residents. Respite, or short term stays, can be arranged for periods of up to several months based on space availability and the guest's ability to meet admission criteria. Please call 518-7406 for more information and application process details including current fee structure.

Huntington Common: Memory Impairment Unit

Contact: [Business]*
Last Updated: 02/27/2020 11:40:55AM
Last Reviewed: 02/27/2020

Phones: (800) 585-0533 [Business]*,
 (207) 985-2810 [Business],
 (207) 518-7406 [Business]

Address: [Business]*
 1 Huntington Common Drive
 Kennebunk, ME 04043 (York county)

Web Site: www.sunriseseniorliving.com

Eligibility:

Notes: Huntington Common provides a special neighborhood for residents with Alzheimer's and other memory impairments under Sunrise Senior Living's Reminiscence Program. Bradford Court is a memory impairment/Alzheimer's facility with 24 units. It is a secured environment with a central courtyard that allows residents a sense of freedom. In addition to the physical and emotional assistance and cuing offered by staff, all housekeeping services, linen and laundry are included. Please call 518-7406 to arrange a tour and for more information about the application process.

Provider List - Assisted Living - York County

Landing At Saco Bay

Contact: [Business]* **Phones:** (207) 284-0900 [Business]*

Last Updated: 02/28/2020 11:18:00AM

Last Reviewed: 02/28/2020

Address: [Business]* **Web Site:** www.thelandingatsacobay.com
392 Main Street
Saco, ME 04072 (York county)

Eligibility:

Notes: Come experience The Landing at Saco Bay, where you will find the perfect balance of care and privacy in our home like setting. The Landing, an integrated part of the Saco Bay community for many years is an ideal community for those seeking memory care support. The Landing provides enrichment, care and comfort enabling those who need support to engage and fulfill their day. Each of the private rooms in the 42-unit complex has a window overlooking the gardens. The levels of service provided are tailored to resident needs and the program focuses on individual abilities and quality of life. Respite care is an option, depending upon the availability of a room.
Please call for current rates; Respite care is a 7 day minimum. Private Pay - long term care insurance reimbursable
Please call for more information or to arrange a visit.

Sentry Hill at York Harbor

Contact: [Business]* **Phones:** (207) 363-5116 [Business]*,
(207) 363-4182 [Business Fax]

Last Updated: 07/19/2018 12:45:38PM

Last Reviewed: 07/19/2018

Address: [Business]* **Web Site:** www.sentryhillatYorkharbor.com
2 Victoria Court
York, ME 03909 (York county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Sentry Hill is a retirement community that offers a wide range of housing options including The Sentry Hill Inn for independent residential living.

Tennyson Lane offers assisted living in private and semi-private apartments. Support services include personal care and medication administration. The Browning Lane facility at Sentry Hill offers private and semi-private living suites for people who have Alzheimer's Disease or related dementia. The secured unit is monitored by a fully trained staff and does accept Mainecare.

The Dickens Lane facility provides high level assisted living.

Please note: Only memory care unit accepts Mainecare.

Please call for current fee structure and admission process to any of Sentry Hill

Provider List - Assisted Living - York County

SHA: Mayflower Place

Contact: **Phones:** (207) 324-6747 [Business]*
Last Updated: 07/19/2018 1:02:08PM
Last Reviewed: 07/19/2018
Address: [Business]* **Web Site:** www.sanfordhousing.org
 27 Mayflower Drive
 Sanford, ME 04073 (York county)

Eligibility:

Notes: Mayflower Place is an assisted living program apartment complex. Most units are designed for single occupancy, 4 are slightly larger to accommodate couples. Each unit has a kitchen, living/dining area, and 1BR. There are also communal areas including a dining area, arts & crafts workshop, exercise area, library, solarium, and sittings areas for residents. Age 62 and older; HUD Income limit is = or < 60% of York MFI (Median Family Income); and deemed medically eligible. SMHC provides assisted living services which include 3 meals/day, personal care assistance, medication monitoring, laundry, housekeeping, assistance with transportation, and recreational activities, and Sanford Housing Authority manages the application/financial eligibility process. Please call for more information.

SMHC - Sanford - Hillcrest Gardens

Contact: **Phones:** (207) 490-7640 [Business]*
Last Updated: 07/19/2018 2:00:54PM
Last Reviewed: 07/19/2018
Address: [Business]* **Web Site:** www.smhc.org
 35 July Street
 Sanford, ME 04073 (York county)

Eligibility: Accepts Mainecare/Medicaid

Notes: SMHC - Sanford - Hillcrest Gardens (formerly part of Goodall) is a 14 bed assisted living facility. Please call for more information and/or to apply for admission.

Southridge Rehabilitation & Living Center

Contact: **Phones:** (207) 282-4138 [Business]*,
 (800) 671-4138 [Other]
Last Updated: 07/24/2019 8:18:49AM
Last Reviewed: 07/24/2019
Address: [Business]* **Web Site:** <http://southridgerehabandliving.com/>
 10 May Street
 Biddeford, ME 04005 (York county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Southridge Rehabilitation and Living Center offers a full range of health services from transitional care between hospital and home to long-term nursing care. Rehabilitation is their specialty. They also offer a special program for patients with Alzheimer's Disease but they do not have a locked unit. There is a 46-bed assisted living unit. Services include 24 hour nursing care; activities such as exercise classes, films and outings for lunch, shopping and special events; nutritional services; and physical, occupational, speech, and language therapies. Palliative care is provided with particular emphasis on comfort and support for the families and individuals approaching end stages of life. Please call and ask to speak to someone about admission.
 Accepts Mainecare. Private pay not required at admission.

Provider List - Assisted Living - York County

The Lodges Care Center, Inc.

Contact: [Business]*
Last Updated: 06/19/2017 4:07:41PM
Last Reviewed: 06/19/2017

Phones: (207) 324-4757 [Business]*

Address: [Business]*
 51 Main Street
 P0 Box 355
 Springvale, ME 04083 (York county)

Web Site: <http://www.davisitcgroup.com>

Eligibility: Accepts Mainecare/Medicaid

Notes: The Lodges Care Center is a 57 bed facility that offers residential assisted living services to a largely senior population. Accommodations include private and semi-private rooms with bath.

The Shaw House

Contact: [Business]*
Last Updated: 07/24/2018 11:06:47AM
Last Reviewed: 07/23/2018

Phones: (207) 283-1600 [Business]*

Address: [Business]*
 257 South Street
 Biddeford, ME 04005 (York county)

Web Site: <https://www.assistedliving.com/maine/biddeford/the-shaw-house/>

Eligibility: Accepts Mainecare/Medicaid

Notes: The Shaw House is a 20 bed facility that provides geriatric residential care, respite care, and end of life care. They offer 24 hour supervision, medication management, an activity program and transportation to medical appointments and social events. Both private and semi-private rooms are available and there are large living rooms, a library and private sitting areas for reading, socializing and family visits. Right now they are very flexible with respite care options - they accept reservations and any length of stay will be considered. The Shaw House also offers Adult Day Care Services for 2 clients at a time. Depending on the census of full-time residents, Adult Day and respite services are not always available. Please call for more information, to arrange a tour and/or apply for admission;

Wardwell Gardens

Contact: [Business]*
Last Updated: 07/27/2018 12:53:12PM
Last Reviewed: 07/27/2018

Phones: (207) 284-7061 [Business]*,
 (207) 283-9642 [Business Fax]

Address: [Business]*
 43 Middle Street
 Saco, ME 04072 (York county)

Web Site: <http://www.wardwell.org/>

Eligibility:

Notes: Wardwell Gardens is an assisted living program with 30 1BR and 2BR apartments. Services offered include: 2 or 3 meals/day, transportation, weekly housekeeping, laundry, health monitoring, medication assistance, personal care, social and wellness programs. There is 24 hr on-site staff. Wardwell Gardens is subsidized by the Maine State Housing Authority. Age 62 & over & need assistance with 1 or more ADL or IADL; HUD income = or < 60% of York MFI (Median Family Income). Please call for more information about the admissions process.

Provider List - Assisted Living - York County

Wardwell Home

Contact:

Last Updated: 07/27/2018 12:54:23PM

Last Reviewed: 07/27/2018

Phones:

(207) 284-7061 [Business]*,
(207) 283-9642 [Business Fax]

Address: [Business]*

43 Middle Street
Saco, ME 04072 (York county)

Web Site:

www.wardwell.org

Eligibility:

Notes: The Wardwell is an assisted living facility for private pay clients. The Victorian-style Home offers sixteen 1-and-2 bedroom residencies with private bath. Walking paths lead from the porches and wind through the neighborhood so that residents can get their exercise. The Wardwell offers residents three meals a day, service coordination, transportation, weekly housekeeping, laundry, health monitoring, social/wellness programs and 24-hour unscheduled assistance. All the residents are encouraged to come together in the Activity Room of the Wardwell Gardens for musical programs, crafts, exercise and social events. Age 62 and older. Please visit the website for more information or call to request an application

Winterhaven Assisted Living Community

Contact:

Last Updated: 07/27/2018 2:23:20PM

Last Reviewed: 07/26/2018

Phones:

(207) 283-0903 [Business Fax],
(207) 284-7092 [Business]*

Address: [Business]*

63 Winter Street
Saco, ME 04072 (York county)

Web Site:

www.winterhavenassistedliving.com

Eligibility:

Notes: Winterhaven Assisted Living Community is a 10 bed facility. All bedrooms are private with direct access to semi-private bathrooms. Services include a personalized care plan, 3 healthy meals per day, Medication administration, Laundry and housekeeping services, Personal assistance with life activities, and stimulating activities for maximum well-being. Both permanent long-term care and temporary short-term respite/convalescent care options are available. Private Pay only. Please call for current rates and admissions process.