



136 U.S. Route One, Scarborough, ME 04074

207-396-6500

1-800-427-7411

www.smaaa.org

For more information or help completing an application contact a Resource Specialist

Benefit Checklist (for Maine) Couple/Two person household

Revised 3/15/2018

- Our monthly income is **less than \$2530** and one of us is at least age 60. We have **less than \$5,000** in liquid assets* –You may be eligible for the Food Supplement Program (*formerly food stamps*)
- Our monthly income is **less than \$1472** and we are at least age 65 or disabled. We have **less than \$15,000** in liquid assets* – You may be eligible for MaineCare
- Our monthly income is **less than \$2401** and we are at least age 62 or disabled. I have **less than \$87,000** in liquid assets* - You may be eligible for the Low Cost Drug Program
- Our monthly income is **less than \$2501** and we are enrolled in Medicare. We have **less than \$87,000** in liquid assets* – You may be eligible for the Medicare Savings Program (Buy-In)
DHHS determines eligibility for these programs (turn page over to find the office closest to you)

- Our monthly income is **less than \$2332** and one of us is at least age 60 – you may be eligible for the Home Energy Assistance Program (LIHEAP) (*out-of-pocket medical expenses can sometimes be subtracted to lower your monthly income*).

Cumberland County residents

OA 1-800-698-4959 or 207-553-5800 TTY: 207-874-1013

York County residents

YCCAC 1-800-965-5762 or 207-324-5762 TTY: 207-490-1078

- Our monthly income is **less than \$1125** and we are at least age 65 or disabled and have **less than \$3000** in liquid assets* – You may be eligible for Supplemental Security Income (SSI).
The Social Security office determines eligibility for this program (turn page over to find the office closest to you).

***Liquid Assets include cash or other resources that can be changed into cash on demand. Please be aware that if your income/assets are close to the stated limits, it is worth applying as some programs may consider certain expenses as deductible from your income.**

DHHS-Department of Health & Human Services

Portland Office

151 Jetport Blvd
Portland ME 04102
1-800-482-7520 (or) 207-822-2000
TDD: 1-888-720-1925; Fax: 207-822-2310

Biddeford Office

208 Graham Street
Biddeford ME 04005-3350
1-800-322-1919 (or) 207-286-2400
TDD: 1-800-606-0215; Fax: 207-286-2408

Sanford Office

890 Main Street, Suite 208
Sanford ME 04073
1-800-482-0790 (or) 207-490-5400
TDD: 1-800-606-0215; Fax: 207-490-5463

Social Security Administration

Portland Office

550 Forest Ave, Suite 150
Portland ME 04101
1-877-319-3076 (or) 1-800-772-1213
TTY: 1-800-325-0778; Fax: 207-871-7296

Saco Office

110 Main Street, Suite 1450
Saco ME 04072
1-877-253-4715 (or) 1-800-772-1213
TTY: 1-800-325-0778; Fax: 207-282-8813

Portsmouth, NH Office

Federal Building
80 Daniel Street, Room 200
Portsmouth NH 03801
1-888-397-9796
TTY: 1-603-436-3086; Fax: 1-603-433-5933