Caring for someone with dementia may be the hardest thing you’ll ever do. Savvy can help.

Learn strategies that work, in a Savvy Caregiver class with other caregivers like you.

To register and FMI:
Contact your Area Agency on Aging
1-877-353-3771

Savvy Caregiver classes feature:
- Training
- Activities
- Discussion

Participants will:
- Gain insight into caregiving and its challenges
- Learn ways to make caregiving easier
- Benefit from each other’s tips and experiences
- Participate in activities and collect ideas to try at home
- Receive a manual to keep using after the training

Savvy can help.
Savvy Caregiver is a proven educational program for families and friends caring for someone with memory loss, dementia, or Alzheimer’s disease. Classes meet 2 hours a week for 6 weeks.


The Savvy Caregiver Program teaches what dementia is and how it affects people’s behavior. You will learn how to manage this incurable, life-altering medical condition.

You will learn tips and strategies for interacting and communicating with your person and understand and learn how to manage challenging behaviors.

You will develop a sense of confidence in your abilities as a caregiver and learn how to care for yourself as well.

“As a doctor, I knew what my wife would experience when she was diagnosed with Alzheimer’s disease. I had no idea what it would be like for me as a caregiver. The Savvy Caregiver training is great and helped me in my role as a caregiver.”