



Driver Evaluation and Assessment Resources

Alpha One, 127 Main St., South Portland, ME

207-767-2189; www.alphaonenow.org/adaptive_driving.htm

Complete driver evaluations conducted by dually licensed Occupational Therapists and Driver Educators, for people with lifelong or acquired disabilities to facilitate ability to begin or return to driving. Fee for service includes clinical assessment and on-road evaluation.

New England Rehabilitation Hospital, 335 Brighton Ave., Portland, ME

207-662-8377; www.nerhp.com/en/hospital-programs/outpatient-rehabilitation/driving

Physician's order required. Recommendations made to family and referring physician. Fee includes clinical assessment and on-road evaluation.

Southern Maine Health Care, Kennebunk Therapy Center, 4 Shape Drive, Kennebunk, ME

207-467-6999; www.smhc.org/medical-services-overview/driving-evaluation

Driver evaluation (private pay) offers assessment and recommendations on a person's capacity to drive, and modifications to assist an individual to resume driving, through clinic and on-road evaluation.

Pathways Rehabilitation Services, 77 Jordan Ave., Brunswick, ME

207-530-0307; <http://pathwaysrehabservices.com/>

Driving evaluations at home and on the road, driver training, and automotive adaptive equipment consultations by an occupational therapist who is a certified Maine driving instructor. (Private pay)

Driver Improvement Courses

AAA Northern New England, 68 Marginal Way, Portland, ME

207-780-6800; www.northernnewengland.aaa.com/en-nne/driving-resources/driver-education/Pages/senior-programs.aspx

Classroom and on-line courses available; insurance discounts may apply

AARP Maine, 1685 Congress St., Portland, ME 04102

1-877-846-3299; www.aarp.org/home-garden/transportation/driver_safety/

Classroom and on-line courses available; insurance discounts may apply

Maine State BMV Guidelines

Rules relating to conditions that impact driving are available at:

www.maine.gov/sos/bmv/licenses/medical.html

Form for physicians to report medical concerns affecting driving:

www.maine.gov/sos/bmv/forms/CR24.pdf

Older Driver Safety Information

AAA Senior Driving website, www.seniordriving.aaa.com has multiple resources to help drivers stay safe as we age.

National Highway Traffic Safety Administration, www.nhtsa.gov/Senior-Drivers.

Downloadable information on older driver safety, and how specific conditions may affect driving.

National Institute on Aging, www.nia.nih.gov/health/publication/older-drivers , offers Age Page informational brochures, including one on older driver safety.

The Hartford, www.thehartford.com/mature-market-excellence/family-conversations-with-older-drivers, has information on their website and a booklet, including problem-solving worksheets, to help facilitate family conversations about driving, and information/booklet that explains comprehensive driving evaluations, www.thehartford.com/mature-market-excellence/driving-evaluation.

Driving and Cognitive Losses

The Hartford offers information, worksheets, and a free book to help address concerns about dementia and driving:

www.thehartford.com/mature-market-excellence/dementia-driving.

The Alzheimer's Association has a section of their website devoted to driving and dementia:

www.alz.org/care/alzheimers-dementia-and-driving.asp

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