



Welcome to Medicare

Southern Maine Agency on Aging

Who we are:

- A not-for-profit 501(c)3 organization
- Some paid staff and a huge pool of volunteers
- Funding from grants, federal and state funded contracts, private sources and donations
- Offering a wide variety of programs for seniors

Check out our website: www.smaaa.org

SMAA Programs and Services

Resources & Information: Individualized information, support and referrals

Tai Chi: Seated and standing, slow fluid movements, prevent falls

guidance for caregivers

Family Caregiver Program: Education and Simply Delivered Meals: Nutritious Frozen Meal Delivery Program

Money Minders: Volunteers help with bill paying skills and more

A Matter of Balance: Managing falls and increasing activity

Community Cafes: Providing socialization and nutritious meals

"As You Like It": Dining out vouchers for select restaurants and cafeterias

Senior Volunteer Services: Matching seniors with SMAA volunteer opportunities

Adult Day Care Center: Sam L. Cohen, Biddeford

Meals on Wheels: Providing home-bound adults with nutritious meals

Check out our website: www.smaaa.org 3

Medicare Seminar Agenda

- What is Medicare?
- How to enroll
- Original Medicare (Parts A & B)
 - Medicare Supplement Insurance (Medigap)
 - Prescription Drug Coverage (Part D)
- Medicare Advantage (Part C)
- For more information
- Questions

What is Medicare?

- A Health Insurance program serving:
 - ✓ adults 65 years of age or older.
 - ✓ those under age 65 considered disabled under Social Security provisions.
 - ✓ all ages with End-Stage Renal Disease (ESRD).
 - ✓ those with ALS (Lou Gehrig's disease).
- Medicare is provided by the Centers for Medicare and Medicaid (CMS)
- Enrollment is handled by Social Security
 Administration or Railroad Retirement Board

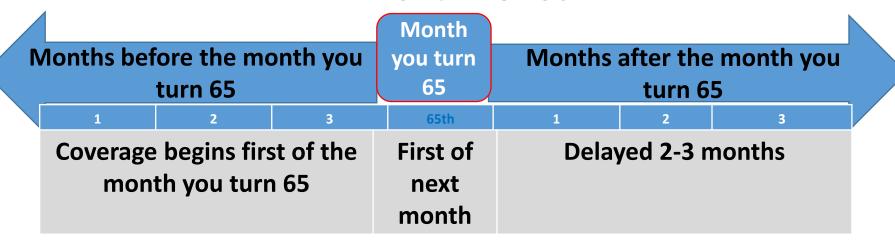
Initial Medicare Enrollment

Usually automatic for those already receiving:

- Social Security benefits at 65
- Railroad Retirement Board benefits or
- 25th month of disability benefits

ALL OTHERS MUST ENROLL THEMSELVES!

Medicare Initial Enrollment Period (IEP) 7-Month Period



During your IEP you can enroll/join:

- Part A
- Part B
- Part C (if you have Part A and Part B)
- Part D (if you have Part A and/or Part B)
- Medigap policy (if you have Parts A and B)

No late enrollment penalties

Medicare Enrollment Periods

General Enrollment Period

- ✓ January 1st March 31st
- ✓ Coverage effective July 1st
- ✓ Penalties may apply

Special Enrollment Periods

- ✓ If you didn't sign up for Part A and/or Part B when you were first eligible because you're covered under a group health plan based on <u>current</u> employment
- ✓ You can sign up for Part A and/or Part B:
 - Anytime you're still covered by the group health plan.
 - During the 8-month period that begins the month after the employment ends or the coverage ends, whichever happens first.
 - COBRA and retiree health plans <u>are not</u> considered coverage based on current employment

If you're eligible for Medicare and you have Employer or Union Coverage:

- ✓ See how your insurance works with Medicare
 - Contact your employer/union benefits administrator
 - Creditable coverage letter for your PDP

Medicare Special Enrollment Period (SEP)



8-month period when you can enroll in Part A and Part B, usually with no late penalties

Medicare and the Health Insurance Marketplace

What should I do when I qualify for Medicare?

- Enroll in Medicare as soon as you are eligible
- Cancel your Marketplace coverage
- Notify your plan <u>and the Marketplace</u> at least 14 days before you want your coverage to end

Note: It is illegal for someone to sell you a Marketplace plan if you have Medicare.

Your Medicare Card

- Keep it and accept Medicare
 Parts A and B
- Return it to refuse Part B
 - ✓ Follow instructions on back of card



Medicare Number/Número de Medicare

1EG4-TE5-MK72

Entitled to/Con derecho a

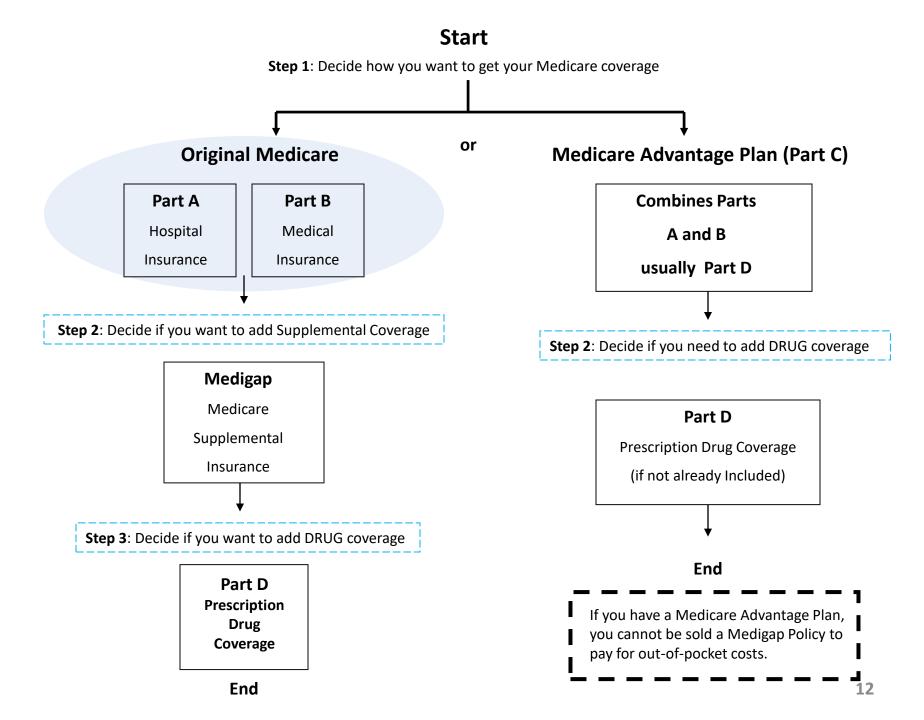
HOSPITAL (PART A)

MEDICAL (PART B)

Coverage starts/Cobertura empieza

03-01-2016

03-01-2016



Medicare Part A



Hospital stays (Inpatient)

✓ Semi-private room, meals, general nursing, supplies,
 190 days inpatient mental health (lifetime limit)

Skilled nursing facility (SNF) care

✓ Skilled nursing or therapy need

Home health care

✓ Part time skilled nursing care; OT, PT and speech therapy; some home health aide service; durable medical equipment

Hospice care

✓ Special care for terminally ill and their families

Blood

Medicare Part A Costs for 2021



- Hospital Coverage (Part A) is paid during work years for most Americans
 - ✓ Must have the equivalent of 40 quarters under Social Security or Railroad Retirement
- Has a "benefit period" deductible of \$1484
 - √\$0 co-pay for the first 60 days of each benefit period
 - √\$371 co-pay per day for days 61-90 of each benefit period
- Skilled Nursing Facility (SNF)
 - √\$0 co-pay for the first 20 days of each benefit period
 - ✓\$185.50 co-pay per day for days 21-100 of each benefit period

Are You an Inpatient or an Outpatient?

- Hospital status (inpatient or outpatient) affects how much you pay out-of-pocket, what is covered by Part A and/or Part B, and whether Medicare will cover subsequent skilled nursing facility (SNF) care
- Medicare Outpatient Observation Notice (MOON) provided when in observation status longer than 24 hours, but before 36th hour

Inpatient: Formally admitted to the hospital by doctor's order – the day before you're discharged is considered last inpatient day Outpatient: Doctor hasn't written an order to admit you, even if you spend the night

Medicare Part B



Typically pays 80% of:

- Doctor's services
- Outpatient medical and surgical services and supplies
- Diagnostic tests
- Outpatient therapy
- Clinical Laboratory services
- Home health care
- Durable medical equipment
- Blood
- Ambulance service (if medically necessary)
- Outpatient mental health services
- Some preventive health care services
- Limited outpatient prescription drugs

Part B Covered Preventive Services



- Bone mass measurement
- Colorectal cancer screening
- Diabetes services and some supplies
- Glaucoma testing
- Screening mammogram
- Pap test/pelvic exam/clinical breast exam
- Prostate cancer screening
- Vaccinations (including Flu shots)
- Tobacco cessation services
- Cardiovascular screening
- Medicare annual wellness exam

Medicare Part B Costs for 2021



Premiums

- New to Medicare? In 2021 monthly premium is \$148.50
 - ✓ For incomes above \$88,000/single or \$176,000/couple, monthly premiums may be higher

Annual Deductible

- \$203 in 2021
- 20% coinsurance for most services (Medicare picks up 80%)

Financial Aid

- There may be some financial aid programs to help pay for coverage, based on income
 - ✓ Medicare Savings Program
 - ✓ Low Income Subsidy (extra help)

Who Pays the Rest?



Medigap:

Medicare Supplement Insurance

- Covers "gaps" in Original Medicare plan payments
- A private health insurance policy that typically covers the 20% not paid by Original Medicare (Parts A & B)
- Sold by private insurance companies
- Must follow Federal and State laws
- Must say "Medicare Supplement Insurance"
- 10 <u>standardized</u> policies A-D, F-G, and K-N for 2020
 - ✓ Each person has his/her own policy
 - ★**Plans C, F and High Deductible F cannot be sold to "Newly Eligible" individuals as of January 1, 2020. Those who were eligible to purchase these plans prior to January 1, 2020 will continue to be eligible to purchase them after that date.

(2021) Medigap (Medicare Supplemental Insurance)

PLAN A	PLAN B	PLAN C**	PLAN D	PLAN F**	PLAN G*	Plan K*	Plan L*	PLAN M	PLAN N
Basic Benefits	Basic Benefits	Basic Benefits	Basic Benefits	Basic Benefits	Basic Benefits	50% Basic Benefits	75% Basic Benefits	Basic Benefits	Basic Benefits w/ \$20 office copay-\$50 ER copay
		Skilled Nursing Coinsur	Skilled Nursing Coinsur	Skilled Nursing Coinsur	Skilled Nursing Coinsur	50% Skilled Nursing Coinsur	75% Skilled Nursing Coinsur	Skilled Nursing Coinsur	Skilled Nursing Coinsur
	Part A Deduct	Part A Deduct	Part A Deduct	Part A Deduct	Part A Deduct	50% Part A Deduct	75% Part A Deduct	50% Part A Deduct	Part A Deduct
		Part B Deduct (\$198)		Part B Deduct (\$198)					
				Part B Excess 100%	Part B Excess 100%				
		Foreign Travel	Foreign Travel	Foreign Travel	Foreign Travel			Foreign Travel	Foreign Travel
	*****	*****	*****	** Emerger	ncy Only **	*****	*****	*****	
Hospice	Hospice	Hospice	Hospice	Hospice	Hospice	Hospice	Hospice	Hospice	Hospice

^{**}New Plans C & F's will not be sold after 12/31/2019. You are "grandfathered" If your already have a Plan F or are age 65.

Cost Comparisons of 2021 Medigap Plans (Medicare Supplement Insurance)



Plan A	Plan B	Plan C	Plan D	Plan F*	Plan G*	Plan K**	Plan L**	Plan M	Plan N
Monthly Range \$141.00 - \$283.00	Monthly Range \$186.00 - \$336.00	Monthly Range \$220.00 - \$312.00	Monthly Range \$192.00 - \$299.00	Monthly Range \$220.00 366.00	Monthly Range \$198.00 - \$342.00	Monthly Range \$76.00 - \$135.00	Monthly Range \$136.00 - \$221.00	Monthly Range \$176.00 - \$302.00	Monthly Range \$155.00 - \$217.00

Please note that monthly costs have been rounded up

- * High deductible Plan F and G are also available
- ** Plans have out-of-pocket maximum

Medicare Part D Prescription Drug Plans (PDP) 2021



2021 Monthly Premium Range

- \$13.20 to \$84.10
- For incomes above \$88,000/single or \$176,000/couple, monthly premiums may be higher

2021 Deductibles

- Many plans have no deductible
- \$445.00 Maximum Deductible

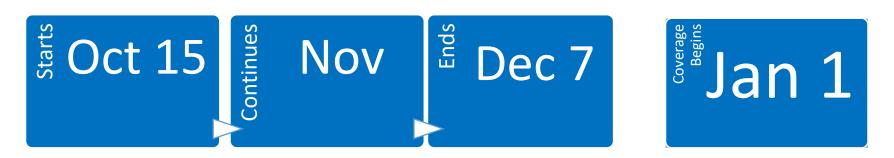
Open Enrollment Period

October 15th-December 7th (coverage effective January 1st)

Special Enrollment Periods

- Move out of plan's service area
- Lose other creditable prescription drug coverage
- Qualify for MaineCare

Annual Open Enrollment Period (OEP) for People with Medicare



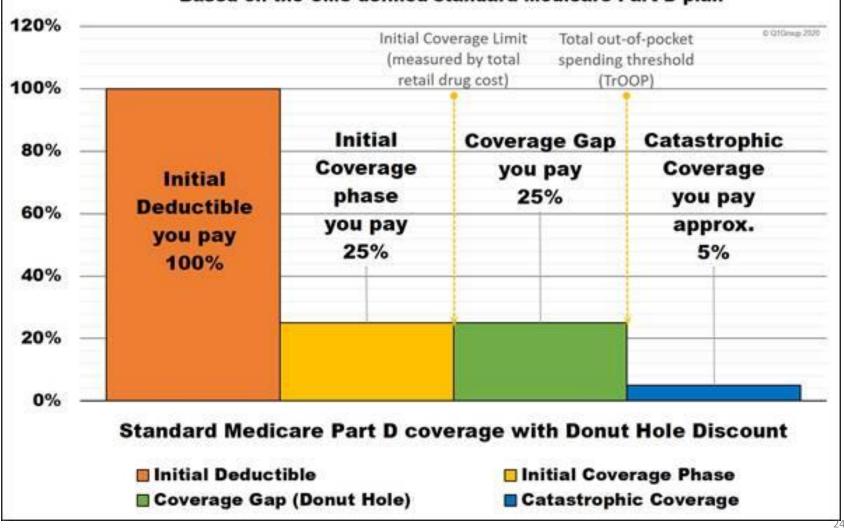
Period each year during which you can join, switch or drop your:

Part C Plan

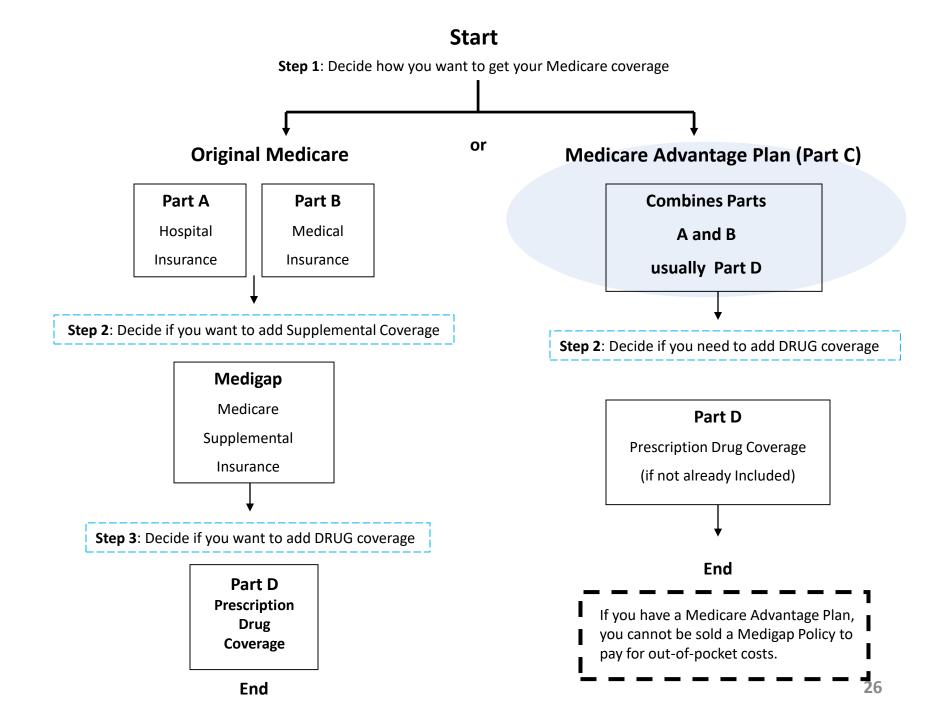
Part D Plan

This is the time each year to review health and drug plan choices.

What you pay for standard Medicare Part D coverage when the Coverage Gap or Donut Hole is "closed" Based on the CMS defined standard Medicare Part D plan



PREMIUMS, DEDUCTIBLES AND CO-PAYS			2021			ucti ies		e iers	Maine - Medicare PART D PLANS								
Plan Name SEE NOTES BELOW	Contr#	ID#	Monthly Premium	Deductible *		1 2	3	4 5	Tier 1	Tier 2	Tier 3	Tier 4	Tier 5	\$0 Prem. with LIS	Coverage in GAP - See plan for amount	Plans with some insulin Max. cost	Insurance co
					T	1	Π		30 Day Co-	pays in prefer	ed network p	harmacies - se	e note below				
ARP MedicareRx Preferred (PDP)	S5820	1	\$81.80	\$0 n	a				5	10	45	40%	33%			Yes	United HealthCare
ARP MedicareRx Saver Plus (PDP)	S5921	378	\$27.40	\$445	X	x	х	хх	1	6	33	40%	25%	Yes			United HealthCare
ARP MedicareRx Walgreens (PDP)	S5921	384	\$36.40	\$445			х	хх	0	6	40	40%	25%				United HealthCare
nthem MediBlue Rx Enhanced (PDP)	S5596	66	\$19.60	\$350			х	хх	0	2	20%	38%	26%		Yes		Anthem
nthem MediBlue Rx Plus (PDP)	S5596	1	\$60.70	\$0 n	а		T		1	3	43	45%	33%				Anthem
nthem MediBlue Rx Standard (PDP)	S5596	46	\$57.80	\$395	×	x	х	хх	1	2	36	31%	25%				Anthem
igna-HealthSpring Rx Secure (PDP)	S5617	3	\$29.30	\$445			х	хх	1	2	33	50%	25%	Yes			Cigna-HealthSpring
igna-HealthSpring Rx Secure-Essential (PDP)	S5617	280	\$24.00	\$445			х	хх	0	2	18%	49%	25%				Cigna-HealthSpring
igna-HealthSpring Rx Secure-Extra (PDP)	S5617	246	\$53.90	\$100	T		T	хх	4	10	42	50%	31%		Yes	Yes	Cigna-HealthSpring
lixir Secure	S7694	1	\$28.50	\$445			х	хх	1	7	15%	32%	25%	Yes			Elixir insuranœ
lixir RX Plus	S7694	124	\$14.30	\$445	T		х	хх	1	6	43	45%	25%				Elixir insuranœ
xpress Scripts Medicare - Choice (PDP)	S5660	172	\$65,40	\$100			х	XX	2	7	42	50%	31%		Yes	Yes	Express Scripts
xpress Scripts Medicare - Saver (PDP)	S5660	218	\$25.80	\$285	+	+	х	хх		7	35	50%	28%			Yes	Express Scripts
xpress Scripts Medicare - Value (PDP)	S5660	104	\$25,30	\$445	+	\top	x	хх	1	3	24	50%	25%	Yes			Express Scripts
umana Basic Rx Plan (PDP)	S5884	101	\$27.80	\$445	×	x	x	XX	0	1	20%	35%	25%	Yes			Humana
umana Premier Rx Plan (PDP)	S5884	148	\$68,30	\$445	Ť		Y	XX	1	4	45	49%	25%	1 03		Yes	Humana
umana Walmart Value Rx Plan (PDP)	S5884	181	\$17.20	\$445	+	+	Y	XX	1	4	19%	35%	25%			103	Humana
utual of Omaha Rx Plus (PDP)	S7126	101	\$99,40	\$445	· ·	· ×	Y	у у	0	2	20%	36%	25%				Mutual of Omaha
tutual of Omaha Premier (PDP)	S7126	71	\$23,90	\$445	Ť		Y	у у	0	2	23%	44%	25%			Yes	Mutual of Omaha
lverScript Choice (PDP)	S5601	2	\$26.30	\$305	+	+	Y	у у	0	5	35	44%	27%	Yes		103	Aetna
lverScript Plus (PDP)	S5601	3	\$66.80	\$0 n	ıa	+	ŕ	Ĥ	0	2	47	50%	33%	1 03	Yes		Aetna
lverScript Smart RX (PDP)	S5601	176	\$7.10	\$445	u	v	v	v v	0	19	46	48%	25%		1 03		Aetna
VellCare Classic (PDP)	S4802	75	\$26.70	\$445	_	, ,	v	^ ^	0	2	30	33%	25%	Yes			WellCare
VellCare Medicare Rx Saver (PDP)	S5810	35	\$35,50	\$445	- (· ^	v	XX		5	36	41%	25%	1 05			WellCare
VellCare Medicare Rx Select (PDP)	S5810	296	\$33.30	\$445		^	· ·	x x	0	3	47	42%	25%				WellCare
VellCare Medicare Rx Value Plus (PDP)	S5768	125	\$75,60	\$0 n		+	^	^ _	1	4	47	50%	33%			Yes	WellCare
VellCare Value Script (PDP)	S4802	136	\$17.20	\$445	ıa	+	,	хх	0	7	43	47%	25%			Yes	WellCare
VellCare Wellness Rx (PDP)	S4802	170	\$17.20 \$15.20	\$445 \$445	+	+	X V	X X	0	6	40	46%	25%			Yes	WellCare
10/30/2020			rs: Tier 1 =	Preferred gener					d). Cost is \$	enerics; Tier	own as % and	Brand name I represents y	s; Tier 4 = N			s; Tier 5 =	
					4	1	L	Ш									
EW PLANS					4	4	L	Ш		onut Hole en				t full retail p			
Weighted Average Maine premium \$38.63				4										fg. discount	70%		
Region Low-Inc. subs. benchmark			\$29.08				Ļ			Donut Hole:				noted above			
* Some plans do not apply						_									<u> </u>	1	
his schedule of PDP insurance info	rmatior	ı is f	or staff ar	nd volunteers	s ar	ıd (cai	ı be	used for	summarizi	ng inform	ation appo	earing in t	he Plan F	inder.		
ource of information from Medicare	and Yo	ou 20	21, Medi	care Plan Fir	ıde	r, a	ınc	1 P1	an docum	ents. For f	urther exp	lanations	see public	cation and	l Plan doc	uments.	
hanges are made from time to time	to the c	lata	on the for	rm and there	for	e n	กลง	z no	t always b	e 100% un	to date.	SEE PLAN	DOCUM	ENTS F	OR COME	LETE IN	JEORMATION



Medicare Advantage Plans (Part C)

- Substitutes for Original Medicare: basically, Federal Government has outsourced Medicare administration to private insurance companies
- Generally HMO, HMO-POS, PPO, or PFFS style coverage
 - ✓ Special Needs Plans (SNP): Chronic Condition, Institutional, Dual Eligible
- Medicare Parts A and B administered by the private insurance company you choose
- Medicare Part D (Prescription Drug Plan) included in most Medicare Advantage Plans

Medicare Advantage Plans (Part C)



- Other options may be available, for example: dental, vision, hearing, foreign emergency travel and annual physical coverage
- Costs vary by plan and determined by the private insurance company you choose
 - ✓ For incomes above \$88,000/single or \$176,000/couple monthly, premiums may be higher
- Deductibles determined by the private insurance company you choose

Medicare Advantage



Open Enrollment Period (OEP)
 October 15th – December 7th

- Special Enrollment Periods
 - ✓ If you move out of plan's service area
 - ✓ If you qualify for MaineCare
 - √ 5 Star Plans

Medicare Advantage Continued



- MA open enrollment and disenrollment period has been expanded.
 - January 1 through March 31 each year
 - MA-eligible beneficiaries may make changes:
 - Switch between MA plans
 - Or, switch to Original Medicare with or without Part D
 - Changes are effective first of the following month

Medicare Advantage pays a varying percentage of:

- Doctor's services
- Hospital services
- Outpatient medical and surgical services and supplies
- Diagnostic tests
- Outpatient therapy
- Clinical Laboratory services
- Home health care
- Durable medical equipment
- Blood
- Ambulance service (if medically necessary)
- Outpatient mental health services
- Some preventive health care services



Covered Preventive Services





- Bone mass measurement
- Colorectal cancer screening
- Diabetes services and some supplies
- Glaucoma testing
- Screening mammogram
- Pap test/pelvic exam/clinical breast exam
- Prostate cancer screening
- Vaccinations
- Tobacco cessation services
- Cardiovascular screening
- Medicare annual wellness exam

2021 Medicare Advantage Plans			MAINE	Cumbe	rland &	York cou	nties			
										Outpatient surgical
Organization & Plan Name	Type	<u>Rx ?</u>	County	Contract ID#	Premium	PCP copay (1)	SPEC copay (1)	Hosp stay (1)	Annual Max(1)	ASC//HOS In net/out net (1)
Aetna Medic Value Plan	НМО	X	C,Y	H3597-1	\$0.00	\$0	\$35	\$295 days 1-7 per stay	\$5,900	\$225//\$225
Anthem/MaineHealth Advantage Choice	HMO-POS	х	C,Y	H9065-2	\$0.00	\$0/\$50	\$35/\$50	\$275 days 1-7 /40% per stay	\$5500/\$8500	\$175// \$175 /30%
Anthem/MaineHealth Advantage Extra	НМО	X	C,Y	H9065-5	\$21.60	\$0	\$35	\$300 days 1-5	\$4,900	\$250//\$250
Harvard Pilgrim Stride Value Rx	НМО	X	C,Y	H1660-13	\$30.00	\$5	\$40	\$325 days 1-6	\$6,700	\$300//\$285
Harvard Pilgrim Stride Basic Rx	НМО	X	C,Y	H1660-15	\$0.00	\$0	\$40	\$360 days 1-5	\$6,700	\$300//\$360
Harvard Pilgrim Stride Choice Rx	HMO-POS	x	C,Y	H1660-18	\$34.00	\$0/\$0-\$225	\$35/\$0-\$225	\$275 days 1-6 / not covered	\$5600/\$5600	\$225//\$225/ \$225//\$225
Humana Gold Plus H5619-001	HMO	X	C,Y	H5619-1	\$0.00	\$0,50-5223	\$50	\$390 days 1-5	\$6,700	\$340//\$390
Humana Gold Plus H5619-066 (\$510 annual Med. Ded.)	HMO	X		H5619-66	\$0.00	\$0	\$50	\$795 per stay		\$450//\$500 \$510 med ded
· · · · · · · · · · · · · · · · · · ·			C,Y					\$375 days 1-5	\$7,550	\$175//\$350/
Martin's Point Gener Adv Prime 5 STAR	HMO-POS	X	С	H5591-6-1	\$0.00	\$0/\$35	\$40/\$55	/ not covered \$375 days 1-5	\$7,050	\$200//\$400 \$175//\$350/
Martin's Point Gener Adv Prime 5 STAR	HMO-POS	X	Y	H5591-6-4	\$0.00	\$0/\$35	\$40/\$55	/ not covered	\$7,050	\$200//\$400
Martin's Point Gener Adv Value 5 STAR	НМО		С,Ү	H5591-3	\$0.00	\$0	\$5	\$300 days 1-5	\$5,000	\$10//\$350
Mrtn's Pt Gener Adv Value Plus 5 STAR	НМО	X	Y	H5591-13	\$0.00	\$0-\$10	\$50	\$380 days 1-5	\$7,550	\$200//\$350
Wellcare HMO	НМО	X	С,У	H9364-1	\$0.00	\$0	\$35	\$250 1-5 stay / not covered	\$6,700	\$250//\$300 /not covered
AARP Complete Choice 1	PPO	X	C,Y	H2001-01	\$0.00	\$0/\$35	\$35/\$50	\$280 days 1-7 /40%	\$5900/\$10k	\$225//\$280 /40%//40%
AARP Complete Choice 2	PPO	X	С,У	H2001-10	\$59.00	\$0/\$20	\$35/\$55	\$275 days 1 - 7 /40%	\$5500/\$10k	\$225 //\$275 /40%//40%
AARP Complete Choice 3 (\$750 annual Med. Ded.)	PPO	Х	С,У	H2001-19	\$0.00	\$0/\$20	\$35/\$55	\$280 days 1 - 7 /40%	\$6700/\$10k	\$225 //\$280 /40%//40%
AARP Complete Regional	PPO	х	C,Y	R5329-001	\$64.00	\$10/50%	\$45/50%	\$1400 per stay /50%	\$7550/\$11k	\$350/\$450// 50%/50%
Aetna Medicare Explorer Plan	PPO	Х	C,Y	H5521-142	\$59.00	\$0/40%	\$45/40%	\$310 days 1-7 /40%	\$7550/\$7550	\$225//\$225 /40%//40%
Anthem/MaineHealth Advantage Access								\$300 days 1-6		\$250//\$250
(\$1,000 annual Med. Ded for Out of Network.)	PPO	X	C,Y	H9219-001	\$21.00	\$0/40%	\$35/40%	/40%	\$5800/\$10k	/40%//40%
Humana Choice H5216-175	PPO	X	C,Y	H5216-175	\$0.00	\$0/\$20	\$35/\$65	\$290 day1-6/ \$500 days 1-7	\$6500/\$11k	\$240//\$290 /30%//30%
Humana Choice H5216-177	PPO	X	C,Y	H5216-177	\$39.00	\$0/\$20	\$30/\$50	\$250 day1-6/ \$495 days 1-7	\$5500/\$10k	\$200//\$250 /30%//30%
Humana Choice H5216-059		A						\$350 days 1-5		\$300//\$350
	PPO		C,Y	H5216-059	\$0.00	\$0/30%	\$40/30%	/30% \$375 days 1-5	\$4,500/\$10k	/30%//30% \$200//\$350/
Martin's Point Gener Adv Select	PPO	X	C,Y	H1365-01	\$99.00	\$0-\$20/30%	\$40/30%	/30% \$395 days 1-5	\$7300/\$10k	30%//30% \$250//\$350/
Martin's Point Gener Adv Flex Regional	PPO	X	C,Y	R0802-1	\$53.00	\$0/30%	\$50/30%	/30% of stay	\$5500/\$8k	30%//30%
Wellcare Todays Options Advant. Plus 550B	PPO	X	С,Ү	H2775-109	\$0.00	\$5/\$25	\$30/\$50	\$275 day1-6/ \$300 days 1-7 \$600 per stay	\$4000/\$4k	\$250//\$300/ 30%//30%
Wellcare Today's Options Premier 200	PFFS		С	H2816-39	\$55.00	\$5/\$15	\$30/\$40	/\$300 1-7	\$5,000//\$5.0k	\$200//\$250/ 30%//30%
Wellcare Today's Options Premier 300	PFFS		С	H2816-40	\$0.00	\$10/\$20	\$35/\$50	\$300 day1-6/ \$350 days 1-7	\$6700/6.7k	\$250//\$300/ 30%//30%
7 carriers, # of plans >	This ch	art does n	ot include		o for in an	twork conde	es "/" and out-	notwork cond	cos	
Plans with some insulin Max. cost	21		(1) CO-pay	s siluwil ar	e ioi iii-ne	twork service	es / dilu dut-	HETMOLK SELVI	ces	
This schedule of MAP insurance information is for staff a	ınd volunt	eers and	can be us	ed for sur	nmarizin	g informatio	n appearing	in the Plan	Finder.	
Source of information from Medicare and You 2021, Med										ents.

Changes are made from time to time to the data on the form and therefore may not always be 100% up to date. SEE PLAN DOCUMENTS FOR COMPLETE INFORMATIC

C:\Users\James\Documents\Medicare\2021\FINAL.CHARTS\[MAP 2021 Cumb and York Cty final 10302020.xlsx]MAP medical

10/30/2020 JEB

Medicare Advantage – Questions to Ask

- What will you pay for:
 - ✓ Premiums?
 - ✓ Deductibles?
 - ✓ Copays or co-insurance?







- Is there a limit on out-of-pocket expenses incurred in a year?
 - ✓ Which expenses count toward this limit?
- Does the plan have a network?
 - ✓ Are my PCP, specialists, hospitals included in the network?
- Are my prescription drugs covered under plan's formulary?

Medicare decisions to make:

- Original Medicare or Medicare Advantage?
- Should I sign up for Part A?
- Should I take Part B? When?
- What about Part D?
- Do I need a Medigap policy?
- Can I get help with Medicare costs?

Coordination of Benefits

If you're eligible for Medicare and you have employer or union coverage, see how your insurance works with Medicare:

- Contact your employer/union benefits administrator
- Creditable coverage letter for your Prescription Drug Plan

Medicare Source Material

Centers for Medicare and Medicaid

Services <u>www.cms.gov</u>

- Kaiser Family Foundation http://kff.org
- 2020 Medicare & You Handbook & Plan Finder

www.medicare.gov

State of Maine, Bureau of Insurance website

www.maine.gov/pfr/insurance

Follow up Information

- Sign up for a Medicare 1:1 appointment on our website https://www.smaaa.org/ (preferred method) or call 207-396-6500
- For people who have high medication costs, you can sign up for a 1:1 Medication Review
- Tell your family and friends about our programs
- Questions? Call the Agency:
 - ✓ Local (207) 396-6500
 - ✓ Toll Free (800) 427-7411

Medicare website https://www.medicare.gov/





Thank you!