



## Maine SAVVY CAREGIVER Training Schedule



(updated June 2, 2010)

Maine SAVVY CAREGIVER Training, sponsored by the Office of Elder Services, Department of Health and Human Services and funded by the Administration on Aging, provides family caregivers of people with dementia the knowledge, skills and attitude essential for successful caregiving. Participation in the 12-hour training that is provided in 6 sessions includes participation in a research project to evaluate the effectiveness of this program. You will be asked to complete surveys. For more information, contact Jan Halloran at (207) 287-9233 or at Jan.Halloran@maine.gov.

	<b>TRAINING SITES and CONTACT INFORMATION</b>	<b>TRAINING DATES and TIMES</b>
<b>A.</b>	<b>Southern Maine (Southern Maine Agency on Aging (trainings))</b>	
<b>1.</b>	York Public Library 15 Long Sands Road <b>York, ME</b> 03909-1110 Trainer: Kate Dulac Contact: Kate Dulac 1-800-427-7411 x 558	May 6, 13, 20, 27, and June 3, & 10, 2010 (Thursdays) 2:00 p.m. – 4:00 p.m.
<b>*2.</b>	Southern Maine Agency on Aging 136 U.S. Route 1 <b>Scarborough, ME</b> 04074 Trainers: Ann O’Sullivan and Kate Dulac Contact: Ann O’Sullivan 1-800-427-7411 x541	July 16, 23, 30 and August 6, 13 & 20, 2010 (Fridays) 9:30 a.m. – 11:30 a.m.
<b>3.</b>	Southern Maine Medical Center 235 Main St. <b>Biddeford, ME</b> 04005 Trainer: Kate Dulac Contact: Kate Dulac 1-800-427-7411 x 558	June 24, and July 1, 8, 15, 22 & 29, 2010. (Thursdays) 3:00 p.m. – 5:00 p.m.
<b>4.</b>	Bridgton Community Center 15 Depot St. <b>Bridgton, ME</b> 04009 Trainer: Ann O’Sullivan Contact: Ann O’Sullivan 1-800-427-7411 x541	September 8, 15, 22, 29 and October 6 & 13, 2010 (Wednesdays) 3:00 p.m. – 5:00 p.m.
<b>*5.</b>	St. Bartholomew’s Church 396 Gilman Rd. <b>Yarmouth, ME</b> 04096 Trainer: Darlene Field Contact: Ann O’Sullivan 1-800-427-7411 x541	September 14, 21, 28 and October 5, 12 & 19, 2010 (Tuesdays) 1:00 p.m. – 3:00 p.m.
<b>6.</b>	First Congregational Church 301 Cottage Rd. <b>South Portland, ME</b> 04106 Trainer: Liz Weaver Contact: Ann O’Sullivan 1-800-427-7411 x541	September 14, 21, 28 and October 5, 12 & 19, 2010 (Tuesdays) 6:30 p.m. – 8:30 p.m.
<b>7.</b>	Bonny Eagle Adult Education (location to be determined) <b>Bar Mills, ME</b> 04004 Trainer: Kate Dulac Contact: Kate Dulac 1-800-427-7411 x558	September 23, 30 and October 7, 14, 21 & 28, 2010 (Thursdays)

	<b>TRAINING SITES and CONTACT INFORMATION</b>	<b>TRAINING DATES and TIMES</b>
<b>B.</b>	<b>Central Maine (Spectrum Generations trainings)</b>	
<b>1.</b>	Department of Health and Human Services <u>Augusta</u> , ME 04330 Trainers: Vanessa Broga, Rebecca Reynolds, and Leslie Bray Contact: Vanessa 1-800-282-0764 ext. 139 or Rebecca ext. 127	May 5, 12, 19, 26 and June 2 & 9, 2010 (Wednesdays) Noon until 2p.m.
<b>2.</b>	Spectrum Generations Cohen Center 22 Town Farm Road <u>Hallowell</u> , ME 04347 Trainers: Jan Halloran, Rebecca Reynolds, and Leslie Bray Contact: Rebecca at 1-800-282-0764 ext. 127	August 5, 12, 19, 26 and September 2 and 9, 2010 (Thursdays) 1:30 PM to 3:30 PM
<b>3.</b>	Spectrum Generations Coastal Center 521 Main Street <u>Damariscotta</u> , ME 04543 Trainer's: Vanessa Broga, Rebecca Reynolds and Leslie Bray Contact: Rebecca at 1-800-282-0764 ext. 127 or Vanessa ext. 139	October 13, 20, 27 and November 3, 10 & 17, 2010 (Wednesdays) 10:00 AM until Noon
<b>4.</b>	Knox Center for Long Term Care <u>Rockland</u> , ME 04841 Trainer's: Vanessa Broga, Rebecca Reynolds and Leslie Bray Contact: Rebecca at 1-800-282-0764 ext. 127 or Vanessa ext. 139	October 18, 25 and November 1, 8, 15 & 22, 2010 (Mondays) 1:00 PM to 3:00 PM
<b>C.</b>	<b>Eastern Maine (Alzheimer's Association trainings)</b>	
<b>1.</b>	St. Saviour Church 41 Mt. Desert St. <u>Bar Harbor</u> , ME 04609 Trainers: Kathryn Pears and Joy Heptner Contact: Cindy Beck 1-800-272-3900	April 30; May 7, 21, & 28 and June 4 & 11, 2010 (Fridays) 1:00 p.m. until 3:00 p.m.
<b>2.</b>	Downeast Community Hospital 11 Hospital Way <u>Machias</u> , ME 04654 Trainer: Brenda Hamilton Contact: Cindy Beck 1-800-272-3900	August 9, 16, 23, 30 and September 13 & 20, 2010 (Mondays) 1:00 p.m. until 3:00 p.m.
<b>2.</b>	Thompson Library 186 East Main Street <u>Dover-Foxcroft</u> , ME 04426 Trainer: Brenda Hamilton Contact: Cindy Beck 1-800-272-3900	August 10, 17, 24, 31 and September 14 & 21, 2010 (Tuesdays) 1:00 p.m. until 3:00 p.m.
<b>4.</b>	Greenville Town Office 7 Minden St. <u>Greenville</u> , ME 04441 Trainer: Brenda Hamilton Contact: Cindy Beck: 1-800-272-3900	August 10, 17, 24, 31 and September 14 & 21, 2010 (Tuesdays) 9:00 a.m. until 11:00 a.m.
<b>D.</b>	<b>Western Maine (Alzheimer's Association Training)</b>	
<b>1.</b>	Franklin Memorial Hospital Walden Room, Ben Franklin Center 111 Franklin Health Commons <u>Farmington</u> , ME 04938 <b><u>Re-scheduled</u></b> Trainer: David Currier Contact: Cindy Beck 1-800-272-3900	February 11, 18, 25 and March 4, 11, 18 (snow Date: March 25) (Thursdays) <b>Changed to May 28, June 4, 11, 18, 25 and July 2, 2010 (Fridays)</b> <b>1:00 until 3:00 p.m.</b>
<b>2.</b>	Carrabassett Valley Library Community Room 3209 Carrabassett Drive <u>Carrabassett Valley</u> , ME 04947 Trainer: David Currier Contact: Cindy Beck 1-800-272-3900	July 9, 16, 23, 30 and August 6 & 13, 2010 (Fridays) 9:00 a.m. until 11:00 a.m.

	<b>TRAINING SITES and CONTACT INFORMATION</b>	<b>TRAINING DATES and TIMES</b>
<b>3.</b>	Seniors Plus Education Center 8 Falcon Road <b>Lewiston, ME</b> 04240 Trainers: Brenda Hamilton and Joy Heptner Contact: Cindy Beck 1-800-272-3900	May 27, June 3, 10, 17, 24 and July 1, 2010 (Thursdays) 9:00 a.m. until 11:00 a.m.
<b>*4.</b>	Ricker Memorial Library 1211 Main St. <b>Poland, ME</b> 04274 Trainer: David Currier Contact: Cindy Beck 1-800-272-3900	June 3, 10, 17, 24 and July 1, & 8, 2010 (Thursdays) 1:00 p.m. until 3:00 p.m.
<b>*5.</b>	Auburn Hall 60 Court Street, Room 204 <b>Auburn, ME</b> 04210 Trainer: David Currier Contact: Cindy Beck 1-800-272-3900	June 11, 18, 25 and July 2, 9 & 16, 2010 (Fridays) 9:00 a.m. until 11:00 a.m..
<b>6.</b>	Durham Town Offices 630 Hallowell Road <b>Durham, ME</b> 04222 Trainer: Brenda Hamilton Contact: Cindy Beck 1-800-272-3900	July 13, 20, 27 and August 3, 10, 17 (Tuesdays) 9:00 a.m. until 11:00 a.m.
<b>E.</b>	<b>Northern Maine (Aroostook Agency on Aging trainings)</b>	
<b>1.</b>	Adult Education – Geriatric Learning Program `High School 69Pleasant St. <b>Fort Kent, ME</b> 04743 Trainer:: Charlie Stewart Contact: Sharon Berz 1-800-439-1789	May 3, 10, 17, 24, 21 and June 7, 2010 (Mondays) 1:30 p.m. until 3:30 p.m.
<b>2.</b>	WTA Hansen Memorial Library ACI Mars Hill <b>Mars Hill, ME</b> 04758 Trainer: Sharon Berz Contact: Sharon Berz 1-800-439-1789	May 12, 19, 26 and June 2, 9 & 16, 2010 (Wednesdays) 1:30 p.m. until 3:30 p.m.
<b>3.</b>	Caribou Gardens Housing Project 166 Sweden St. (near Court House) <b>Caribou, ME</b> 04736 Trainer: Sharon Berz Contact: Sharon Berz 1-800-439-1789	May 7, 14, 21, 28 and June 4 & 11, 2010 (Fridays) 1:30 p.m. until 3:30 p.m.
<b>4.</b>	Eagle Lake Health Center Church St. <b>Eagle Lake, ME</b> 04739 Trainer: Charlie Stewart Contact: Sharon Berz 1-800-439-1789	May 20, 27 and June 3, 10, 17 & 24, 2010 (Thursdays) 1:30 p.m. until 3:30 p.m.
<b>5.</b>	Ashland Recreational/Senior Center Rt. 11 Station Street <b>Ashland, ME</b> 04732 Trainer: Charlie Stewart Contact: Sharon Berz 1-800-439-1789	June 2, 9, 16, 23, 30 and July 7 & 14, 2010 (Thursdays) 1:30 p.m. until 3:30 p.m.