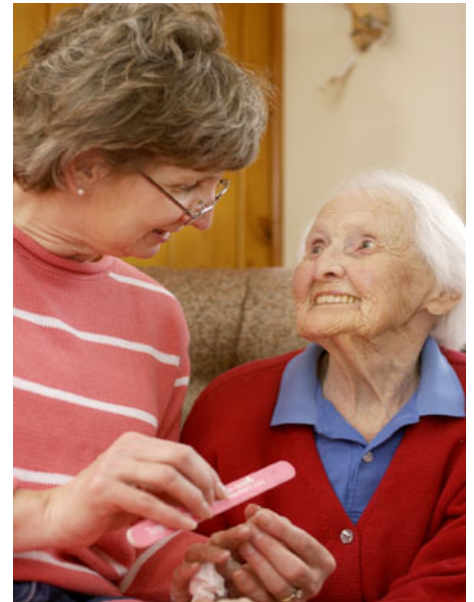


PUTTING THE PUZZLE TOGETHER

Getting Ready to Offer Support
to Older Adult Family and Friends



Wednesdays

August 11, 18 and 25, September 1, 2010

9:30—11:30 AM

Crossroads United Methodist Church
Sanford

Are you helping an older adult now?
Are you thinking ahead about helping in the future?

Please plan to attend all 4 sessions

- Health and Aging
- Understanding Resources and Supports
 - Legal and Financial Issues
 - Making It Work

There is no charge, but
pre-registration is required.

For more information,
contact the Family Caregiver
Support Program at SMAA,
1-800-427-7411

