



Area Elected Officials Deliver Meals on Wheels  
for National "Mayors for Meals" Day  
Wednesday March 24, 2010

Scarborough, Maine—Mayors and other elected officials from area cities and towns will experience first hand the rewards of delivering Meals on Wheels during national Mayors for Meals Day on Wednesday March 24, 2010.

Representatives of the media are invited to travel with a Meals on Wheels volunteer driver on March 24. OR, a reservation to ride along can be made for any Monday through Friday, from distribution sites in southern Maine (see below).

The following officials have volunteered to participate and join mayors from across the county delivering Meals on Wheels in their communities:

- Alfred - John Sylvester, Selectman
- Biddeford - Joanne Twomey, Mayor
- Portland - John Anton, Councilor
- Saco - Roland Michaud, Mayor
- Sanford - Mark Green, Town Manager
- South Portland - Tom Coward, Mayor
- Westbrook - Coleen Hilton, Mayor
- Windham - Peter Busque, Councilor

Answers to common questions:

The Southern Maine Agency on Aging has participated in "Mayors for Meals" since its inception in 2006. Mayors for Meals is a national event to promote awareness of Meals on Wheels.

Meals Delivered in 2009:

Portland\*- 30,967 divided by 12 = 2,581 per month

\*For other cities or towns, contact Eileen Whynot at [ewhynot@smaaa.org](mailto:ewhynot@smaaa.org) or (207) 396-6512.

Phone number to volunteer to deliver Meals on Wheels or to request Meals on Wheels:  
396-6583 or 1-800-400-MEAL [6325].

The cost to deliver one meal is \$5.98 of which \$2 is paid by federal Older Americans Act funds. The balance has to be raised through individual and corporate donations.

**Meals on Wheels Distribution Sites Managed by the  
Southern Maine Agency on Aging**

**BIDDEFORD**

J. Ross Martin Community Center  
189 Alfred St.

**KENNEBUNK**

Ross Corner Woods  
124 Ross Road

**KEZAR FALLS**

Riverside Methodist Church  
5 School Street, Porter

**KITTERY**

Community Center  
2 Cole Street

**NAPLES**

United Methodist Church  
On The Village Green  
Route 302

**PORTLAND**

Brighton First Care  
335 Brighton Avenue

**SANFORD**

Crossroads UM Church  
16 Grammar Road

**SOUTH PORTLAND**

Peoples Methodist Church  
310 Broadway

**WESTBROOK**

Pride's Corner  
Congregational Church  
235 Pride Street

**WINDHAM**

Unity Gardens  
Rt 115, 124 Tandberg Trail

**YARMOUTH**

Masonic Lodge

Mill Street

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